

## R50

Discover a more relaxed way to ride with a stable, versatile step-through bike that offers a recumbent design to comfortably distribute weight and maximise support. Our R50 Recumbent Bike includes our exclusive Dual Form Frame, Comfort Arc Seat and Exact Force Induction Brake.



Our 16" console features a brilliant HD touchscreen display to bring your virtual journeys, movies and videos to life. Includes WiFi, Bluetooth and an HDMI port to stream whatever moves you.

*Apps available on touchscreen consoles subject to change. Console availability may vary by market.*

CONSOLE	
<b>DISPLAY TYPE</b>	16" class HD capacitive touchscreen (40 cm)
<b>WIFI ENABLED</b>	ViewFit Connectivity, entertainment apps, software updates
<b>BLUETOOTH ENABLED</b>	Connect to popular training and coaching apps, Bluetooth headphones, Bluetooth heart rate monitor
<b>HDMI PORT</b>	Connect streaming media devices, phones or tablets
<b>USB PORT</b>	Front: Use to access media from compatible devices and to install software updates. Charges most devices up to 2.4 amps. Rear: Provides power to USB powered devices up to 1 amp.
<b>SPEAKERS</b>	5 Watt
<b>CONSOLE APPS</b>	My Media, HDMI, Netflix, Hulu, Spotify, YouTube, Facebook, Twitter, Instagram, MyFitnessPal, Weather, Web Browser, Kindle Reader, Flipbook, Press Reader, Solitaire Suite, WeChat, YouKu, Weibo, Iqiyi, NetEase (other apps vary by market)
<b>PASSPORT READY</b>	No
<b>VIEWFIT CONNECTIVITY</b>	Yes
<b>HEART RATE</b>	Bluetooth wireless heart rate, Bluetooth heart rate strap included
<b>CONSOLE EXTRAS</b>	Integrated reading rack, energy saver mode, audio in/out
<b>WORKOUTS</b>	13 total — manual, rolling hills, intervals, constant watts, time goal, distance goal, calorie goal, target heart rate, Sprint 8, Virtual Active American Northeast, Virtual Active Northern Rockies, custom

<b>DISPLAY FEEDBACK</b>	Time elapsed, time goal, time remaining, clock, miles / kilometers, RPM, current speed (MPH/KPH), pace, average pace, heart rate, peak heart rate, calories, calories per hour, watts, METS, resistance, last resistance
<b>ASSEMBLED WEIGHT</b>	5.5 kg / 12 lbs.
FRAME	
<b>ASSEMBLED DIMENSIONS</b>	163 x 64 x 136 cm / 64.2" x 25.2" x 53.5"
<b>ASSEMBLED WEIGHT</b>	83 kg / 183 lbs.
<b>EXTRAS</b>	Water bottle holder
<b>FLYWHEEL WEIGHT</b>	N/A
<b>FRAME TYPE</b>	Dual Form step-through recumbent
<b>HANDLEBAR DESIGN</b>	Seat mounted with resistance toggles and heart rate grips, front-assist handles
<b>MAX USER WEIGHT</b>	159 kg / 350 lbs.
<b>PEDAL SPACING</b>	194 mm / 7.6"
<b>PEDAL TYPE</b>	Oversized, Commercial grade, self-balancing pedals with adjustable straps
<b>POWER REQUIREMENTS</b>	120 V AC power, 15 A circuit (voltage may vary outside the USA)
<b>RESISTANCE RANGE</b>	30 levels, electronically adjustable
<b>RESISTANCE SYSTEM</b>	Exact Force induction brake
<b>SEAT ADJUSTMENT</b>	Fore/aft via easy adjust lever
<b>SEAT TYPE</b>	Comfort Arc with reclining mesh seatback
TECH SPECS	
<b>USER HEIGHT RANGE</b>	150 cm–193 cm / 4'11"–6'4"