

Aura Functional Trainer

G3-MSFT300/400



- 1:4 ratio for low starting resistance and high-speed movements
- Available with 290lb (MSFT300) or 390lb (MSFT400) stacks
- Swivelling accessory station accommodates more training handles and attachments
- Multi-grip position pull-up handles with unique rock climbing attachment
- Integrated foldaway step for easy access
- Includes 10 standard grips and attachments

Ease of Use

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|------------------------------|-----|
| Color-coded Pivots & Adjusts | Yes |
| Instructional Placards | Yes |
| Bottle & Towel Holder | Yes |
| Ergo Form Cushions | No |

Frame

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|-------------------------|-------------------------------------|
| Over-sized Frame Tubing | Yes |
| Frame Finish | Proprietary two-coat powder process |
| Frame Color | Iced Silver |

Tech Specs

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| Total Weight Functional Trainer G3-MSFT 300 | 601 kg / 1324 lbs. |
| Weight Stack Functional Trainer G3-MSFT 300 | 2 x 131 kg / 2 x 290 lbs. (1:4 Ratio) |
| Effective Resistance G3-MSFT 300 | 32.9 kg / 72.5 lbs (per side) |
| Total Weight Functional Trainer G3-MSFT 400 | 697 kg / 1537 lbs. |
| Weight Stack Functional Trainer G3-MSFT 400 | 2 x 176 kg / 2 x 390 lbs. (1:4 Ratio) |
| Effective Resistance G3-MSFT 400 | 44.2 kg / 97.5 lbs (per side) |
| Overall Dimensions | 169.2 x 130.2 x 234.4 cm / 66.6" x 51.2" x 92.3" |
| Cable Travel Length | 457 cm / 15' |

WEIGHT STACK

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| Weight Pins | Magnetic & tethered |
| Guards & Pulleys Covers | Yes |
| Suspension | 3-Point Design |
| PTFE Impregnated Weight Stack Bushings | Solid cold-rolled steel plate, with Teflon inner bushings. |