



## **Aura Seated Row**

G3-S31

- Optimized pivot location creates a biomechanically correct arc of motion
- Multiple grips are provided for greater exercise variety to train the mid and upper-back muscles

EASE OF USE	
COLOR-CODED PIVOTS & ADJUSTS	Colour
INSTRUCTIONAL PLACARDS	Yes
ERGO FORM CUSHIONS	Yes
BOTTLE & TOWEL HOLDER	Yes

FRAME & BELT	
OVER-SIZED FRAME TUBING	Yes
FRAME FINISH	Proprietary two-coat powder process
BELT TRANSMISSION	38/41 cms
FRAME COLOR	Iced Silver

TECH SPECS	
TOTAL WEIGHT	273 kg
WEIGHT STACK	114 kg
OVERALL DIMENSIONS (L X W X H)	151.4 x 92.1 x 210.6 cm / 59.6" x 36.3" x 82.9"
SHIPPING WEIGHT	302 kg

WEIGHT STACK	
SELF-LUBRICATING WEIGHT STACK BUSHINGS	Solid cold-rolled steel plate, with Teflon inner bushings.
SUSPENSION	3-Point Design
GUARDS & PULLEYS COVERS	Yes
WEIGHT PINS	Magnetic & tethered