

Versa Converging Shoulder Press

VS-S23

- Independent converging movement provides a natural path of motion
- Dual-position hand grips allow for greater training variety
- Counterbalanced pressing arms for optimized starting resistance



ADJUSTMENTS

COLOR CODED PIVOTS & POINTS OF ADJUSTMENT	Yes
USER ADJUSTMENT RANGE	2 User grip positions

FRAME & CABLES

FRAME COLOR	Iced Silver
FRAME FINISH	Proprietary two-coat powder process
CABLE TRANSMISSION	Internally lubricated cables & fittings
MACHINE ANCHORING	Machine anchoring locations

TECH SPECS

REP COUNTER BATTERY LIFE	Approximately 3 years
REP COUNTER POWER SUPPLY	2 AA batteries
REP COUNTER MACHINE USAGE TRACKING	Service mode tracks total machine reps and hours of use
OVERALL DIMENSIONS	171.0 x 143.7 x 203.6 cm / 67.3" x 56.6" x 80.1"

USER AMENITIES

PERSONAL STORAGE	Bottle holder, storage area and towel holder (Towel Holder on Rep Counter Only)
CONTOURED SEAT	Yes
REP COUNTER	Electronic counter displays reps, exercise time and rest time & provides towel holder hook
FOOT SUPPORT KIT	Foot support kit accommodates users of all sizes for additional lower body support
FRONT PLACARDS	Muscle call outs, machine specific stretching, start & finish exercise illustrations, proper machine movements
REAR PLACARDS	Color-coded machine identification & machine specific stretching
PLACARD COLOR CODING	Yellow (upper body)

WEIGHT STACK

STANDARD: 10 LBS (4.5 KG)	Weight plate increments
INCREMENTAL WEIGHT SYSTEM	5 lbs (2.3 kg)
WEIGHT STACK GUARDING	Full front and rear shields
STANDARD: 160 LBS (72 KG)	Total stack weight
CONSISTENT STACK HEIGHT	Yes