

Aura Functional Trainer

G3-MSFT300/400

- 1:4 ratio for low starting resistance and high-speed movements
- Available with 290lb or 390lb stacks
- Swivelling accessory station accommodates more training handles and attachments
- Multi-grip position pull-up handles with unique rock climbing attachment
- Integrated foldaway step for easy access



EASE OF USE	
ERGO FORM CUSHIONS	No
INSTRUCTIONAL PLACARDS	Yes
BOTTLE & TOWEL HOLDER	Yes
COLOR-CODED PIVOTS & ADJUSTS	Colour

FRAME	
FRAME FINISH	Proprietary two-coat powder process
FRAME COLOR	Colour
OVER-SIZED FRAME TUBING	Yes

TECH SPECS	
WEIGHT STACK FUNCTIONAL TRAINER G3-MSFT 400	2 x 176 kg (1:4 ratio)
TOTAL WEIGHT FUNCTIONAL TRAINER G3-MSFT 400	697 kg
EFFECTIVE RESISTANCE G3-MSFT 300	32.9 kg (per side)
EFFECTIVE RESISTANCE G3-MSFT 400	44.2 kg (per side)
TOTAL WEIGHT FUNCTIONAL TRAINER G3-MSFT 300	601 kgs
WEIGHT STACK FUNCTIONAL TRAINER G3-MSFT 300	2 x 131 kg (1:4 Ratio)
OVERALL DIMENSIONS FUNCTIONAL TRAINER (L X W X H)	169.2 x 130.2 x 234.4 cm / 66.6" x 51.2" x 92.3"

WEIGHT STACK	
GUARDS & PULLEYS COVERS	Yes
WEIGHT PINS	Magnetic & tethered
SUSPENSION	3-Point Design
SELF-LUBRICATING WEIGHT STACK BUSHINGS	Solid cold-rolled steel plate, with Teflon inner bushings.