

H5x Hybrid Cycle



- LED console display offers intuitive operation
- WiFi connectivity accommodates optional Matrix Asset Management system and Workout Tracking Network
- Compatible with xID single-point user sign-in for a seamless personal experience
- Sprint 8 High Intensity Interval Training program
- RFID compatible to provide touch-free login
- USB port offers charging for most smartphones and tablets
- Integrated 3-speed personal fan
- Innovative command seating position ensures a convenient and comfortable workout
- Intuitive one-hand adjustment fine-tunes seat position
- Step-thru entry for easy access
- Pivoting arm rest for maximum comfort
- Self-powered system provides cost-savings and freedom of placement within facility

Console

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|-------------------------------------|--|
| Display Type | Dot-matrix LED with profile display |
| Display Feedback | Time of Day, Time Elapsed, Time Remaining, Total Program Time, Distance (Kilometers or Miles), Calories, Level, Speed, RPM, Heart Rate, METs, Watts, Workout Profile |
| Secondary Data Display | No |
| User-defined Multi-language Display | English, German, French, Italian, Spanish, Dutch, Portuguese, Japanese, Swedish, Finnish, Turkish, Polish, Russian, Danish |
| Resistance Range | 1-25 |
| Intervalo de resistência | 1-30 |
| Workouts | Manual, Rolling Hills, Target HR, Interval Training, Constant Watts, Fat Burn, Fitness Test, Sprint 8 |
| CSAFE Ready-FitLinxx™ | Yes |
| IPTV Compatible | No |
| Pro:Idiom Compatible | Optional - add-on TV |
| FitTouch™ | No |
| Instant On Technology | Yes |
| One-button Start | Yes |
| On-the-fly Program Change | Yes |

| | |
|---|---------------|
| Integrated Vista Clear™ Television Technology | No |
| FITCONNEXION™ Ready | Yes |
| WiFi Enabled | Optional |
| Bluetooth Enabled | No |
| iPod | Charging only |
| Multimedia Playback | No |
| Personal Fan | Yes |
| Personal Trainer Portal Compatible | No |
| USB Port | Yes |
| Virtual Active™ | No |
| Asset Management Compatible | Yes |
| Workout Tracking Network Compatible | Yes |
| Web Connectivity | No |
| Facility Communication Portal/Calendar | No |
| RFID Compatible | Yes |
| Pause Function | Yes |
| Reading Rack | No |

Features

| | |
|-------------------------|--------------------------|
| Contact & Telemetric HR | Yes |
| Handlebar Design | Front vertical ergo bend |
| Integrated Arm Rests | Yes |
| Remote Buttons | Yes |
| Bottle Holder | Yes |

Resistance System

| | |
|-------------------|---------------------|
| Resistance System | Brushless generator |
|-------------------|---------------------|

Tech Specs

| | |
|----------------------|---|
| Crank Design | Three piece with forged arms |
| Power Requirements | Self-powered / powered 100v-240v - 50/60Hz AC |
| Minimum Watts | 4 powered / 7 self-powered |
| Minimum RPM | 25 powered / 25 self-powered |
| Assembled Dimensions | 146.8 x 65.4 x 156.8 / 57.8" x 25.7" x 61.7" |
| Max User Weight | 182 kg / 400 lbs. |
| Assembled Weight | 97.1 kg / 214 lbs. |
| Shipping Weight | 101 kg / 222 lbs. |