

Lifestyle Elliptical

TOUCH CONSOLE

EP-LS-F

Ideal for light-use environments, our Lifestyle Elliptical features a compact frame to fit your facility. A patented suspension design minimizes noise and friction, extending product life. Smart ergonomics fits the body and its natural movements for comfortable, low-impact cardio, and convenience features improve the experience for users and facilities alike.



WiFi-enabled Touch Console features an app-based interface that mirrors familiar smartphone and tablet operating systems, making it easy for members to connect to the content that keeps them moving.

CONSOLE	
DISPLAY	41 cm / 16" class capacitive touchscreen LCD
WORKOUTS	Go, manual, Sprint 8†, Landmarks†, Virtual Active, target heart rate, interval training, fat burn, rolling hills, constant watts†, glute training†, goal training, fitness tests, custom
LANGUAGES	English, German, French, Italian, Spanish, Dutch, Portuguese, Chinese-S, Chinese-T, Japanese, Korean, Swedish, Finnish, Russian, Arabic, Turkish, Polish, Welsh, Basque, Vietnamese, Somali, Danish, Thai, Malay, Catalan
FAN	Yes
ANALOG TV	NTSC, PAL, SECAM
DIGITAL TV	ATSC 1.0, QAM-B, ISDB-T, ISDB-Tb, DVB-C/S/S2/T/T2
IPTV	Content: MPEG2/H262, AVC/H264 Protocols: UDP, RTSP, HTTP, HTTPS
WIFI	Yes
BLUETOOTH	Yes; smartphones, headphones, heart rate
RFID WIRELESS LOGIN	Yes
CONNECTS TO APPLE WATCH	Yes
MADE FOR IPHONE, IPAD, IPOD	Yes
USB PORT	Yes; device charging, device media, software updates
WIRELESS CHARGING (QI)	Yes
CSAFE READY	Yes
AUTO WAKE-UP	Yes
	†Some of these programs may not be available on this frame.

FRAME	
ASSEMBLED DIMENSIONS	151 x 73 x 175.7 cm / 59.4" x 28.7" x 69.2"
ASSEMBLED ACTIVE DIMENSIONS	174.6 x 73 x 175.7 cm / 68.7" x 28.7" x 69.2"
RESISTANCE LEVELS	30
SHIPPING WEIGHT	173 kg / 381.4 lbs.
WATT RANGE	5-650 W
ASSEMBLED WEIGHT	151 kg / 332.9 lbs.
STEP-ON HEIGHT	23 cm / 9.1"
TOP-DOWN LEVELERS	No
STRIDE LENGTH	51 cm / 20"
POWER REQUIREMENTS	Self-powered or 100-240 V — 50/60 Hz AC
RESISTANCE SYSTEM	Brushless generator
PEDAL SPACING	6.4 cm / 2.5"
MINIMUM WATTS	5 W powered or 35 W self-powered
MINIMUM RPM	10 RPM powered or 30 RPM self-powered
MAX USER WEIGHT	182 kg / 400 lbs.
ETHERNET CONNECTIVITY	Yes
CONTACT & TELEMETRIC HR	Yes