

MATRIX

ANYTIME FITNESS PRODUCT ASSORTMENT

PREPARED EXCLUSIVELY FOR

ANYTIME FITNESS

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THANK YOU FOR CHOOSING MATRIX!

As the world's premier commercial fitness brand, Matrix is dedicated to serving Anytime Fitness with complete, forward-thinking solutions, setting franchisees apart in exciting ways that attract and retain more members. Count on us for superior performance and durability, on-brand options to serve all of your unique members, and responsive partnership that exceeds expectations.

Browse this catalog for a full lineup of Anytime Fitness approved equipment.

Yours in Partnership,

The Matrix Team

MORE THAN THE WORLD'S FINEST FITNESS EQUIPMENT

When you choose Matrix, you're getting more than the world's finest fitness equipment. You're getting a partner that will be there, for your grand opening and every day after. Together, there's no detail of your business that we can't refine, reimagine or reinvent. And that includes your bottom line.

FACILITY PLANNING

Your space. Your goals. Your budget. We'll help bring your fitness center to life from your earliest ideas to the day you open your doors.

CERTIFIED INSTALLATION/SERVICE KIT

Maximize uptime. Optimize your investment. We provide all the tools you need to get up and running and stay that way.

POST-INSTALL PRODUCT TRAINING

We'll give your team a full demonstration on how to use your new equipment, plus introduce exclusive programs like Sprint 8. At the end of training, your team will have everything they need to show members how to use your new equipment to its fullest potential.

INDUSTRY-LEADING WARRANTIES

Our promise of quality to you. We offer all of the protection you need to choose confidently, and know that you've chosen the products with the lowest cost of ownership in the industry.

DEDICATED SALES SUPPORT

Our internal teams will work with you to help you reach your unique goals. We'll help you choose the ideal mix of products for your needs and work with you to update and expand as your needs change.

FINANCING*

Whenever possible, we work with our customers to develop financial solutions that expand their options and maximize their investments.

UNMATCHED CUSTOMER SUPPORT

A 90% first-time fix rate. A 48-hour service response window. Revolutionary Asset Management. And with our amazing console technology, we can provide diagnostic services remotely or on site.

* Availability of financing options varies by market.





MATRIX LEARNING

Product training. Maintenance tips. Career building. On-demand educational videos. A whole new world of service and support. It's all at your fingertips with Matrix Learning *(matrixlearningcenter.com).*

TOTAL MARKETING SUPPORT KIT

You want to let clients know about the exciting programs and products that make your facility different, and we want to help. Ask us about customized promotional materials to help you reach and retain clients like never before.



STRONG. SMART. BEAUTIFUL.

It's more than a tagline. It's our holistic promise to you that these three qualities will shine through every product that hits your floor and define our ongoing partnership.

STRONG

Our high-quality, ultra-durable products are just as strong as our commitment to be your partner, not just your supplier. This strength gives us a solid foundation for success, today and in the future, and has made us one of the world's fastest-growing commercial fitness brands.

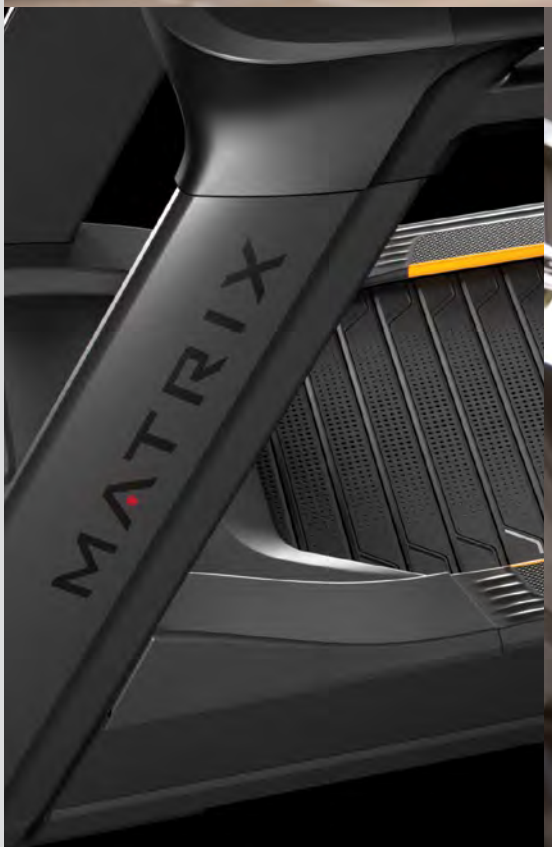
SMART

We listen and create products with a purpose in mind — to address your needs and resolve them in ingenious ways. Forward-thinking options like Asset Management and Virtual Active enhance and redefine the exercise experience, for both you and your members.

BEAUTIFUL

Our products attract beginners and fitness enthusiasts alike. Every piece of equipment is approachable, unintimidating and a pleasure to use. We continue to set new industry standards through award-winning aesthetic distinction and incredible attention to detail.




MATRIX



MATRIX CONNECTED SOLUTIONS

GET CONNECTED TO A WORLD OF DIGITAL SOLUTIONS

How and where people get fit has changed, and that's why there's no better time than now for Connected Solutions. With our robust digital portfolio on your side, you can create experiences that engage all of your unique members in exciting new ways.

CONNECTED SOLUTIONS

With the power of our robust, open platform at your fingertips, service and maintenance become hassle-free. Your trainers can connect and engage with members in new ways for better results and more referrals. Everyone who comes through your doors can instantly connect to their favorite music, entertainment and social networks. It's easier than ever to expand your marketing efforts and make your brand the center of each member's fit lifestyle. And that's just a taste of what Matrix Connected Solutions can do.

Discover how our complete selection of hardware and software solutions can help bring your vision of fitness to life in bigger, bolder, brighter ways than ever before.

Discover more at matrixconnectedsolutions.com





BRING IT ALL TOGETHER UNDER YOUR BRAND

COMMUNITY 360

ASSET MANAGEMENT

ENHANCE DIFFERENTIATION

CONNECTED SOLUTIONS

ENGAGE 360

BUILD ENGAGEMENT

MAXIMIZE ROI

SPRINT 8

DELIVER MAXIMUM RESULTS IN MINIMUM TIME

THE ULTIMATE IN APPS, ENTERTAINMENT & CONNECTIVITY

TOUCH XL / TOUCH CONSOLES

INCREASE RETENTION

ENERGIZE ACQUISITION

BOOST REVENUE

LANDMARKS

VIRTUAL ACTIVE

TAKE MEMBERS ON A JOURNEY WITHOUT LEAVING THE CLUB

RFID

REMOTE AUDIO



MATRIX CONNECTED SOLUTIONS

YOUR GOALS

You have a vision of fitness that's all your own. The flexibility of our complete digital ecosystem lets you choose how you enhance your business, streamline your administrative tasks, impress the people you serve and much more.

INCREASE RETENTION

Bringing members back again is essential to the success of your business. With our smart digital options, they won't just come back — they'll bring friends.

BUILD ENGAGEMENT

Keep your members enthused, excited and eager for more with powerful tools that keep the exercise experience fresh.

BOOST REVENUE

Find out how to tap forward-thinking revenue streams that can redefine your bottom line in powerful new ways.

MAXIMIZE ROI

Count on us for smart tools that streamline the way you run your business while maximizing your investment and the value of every membership.

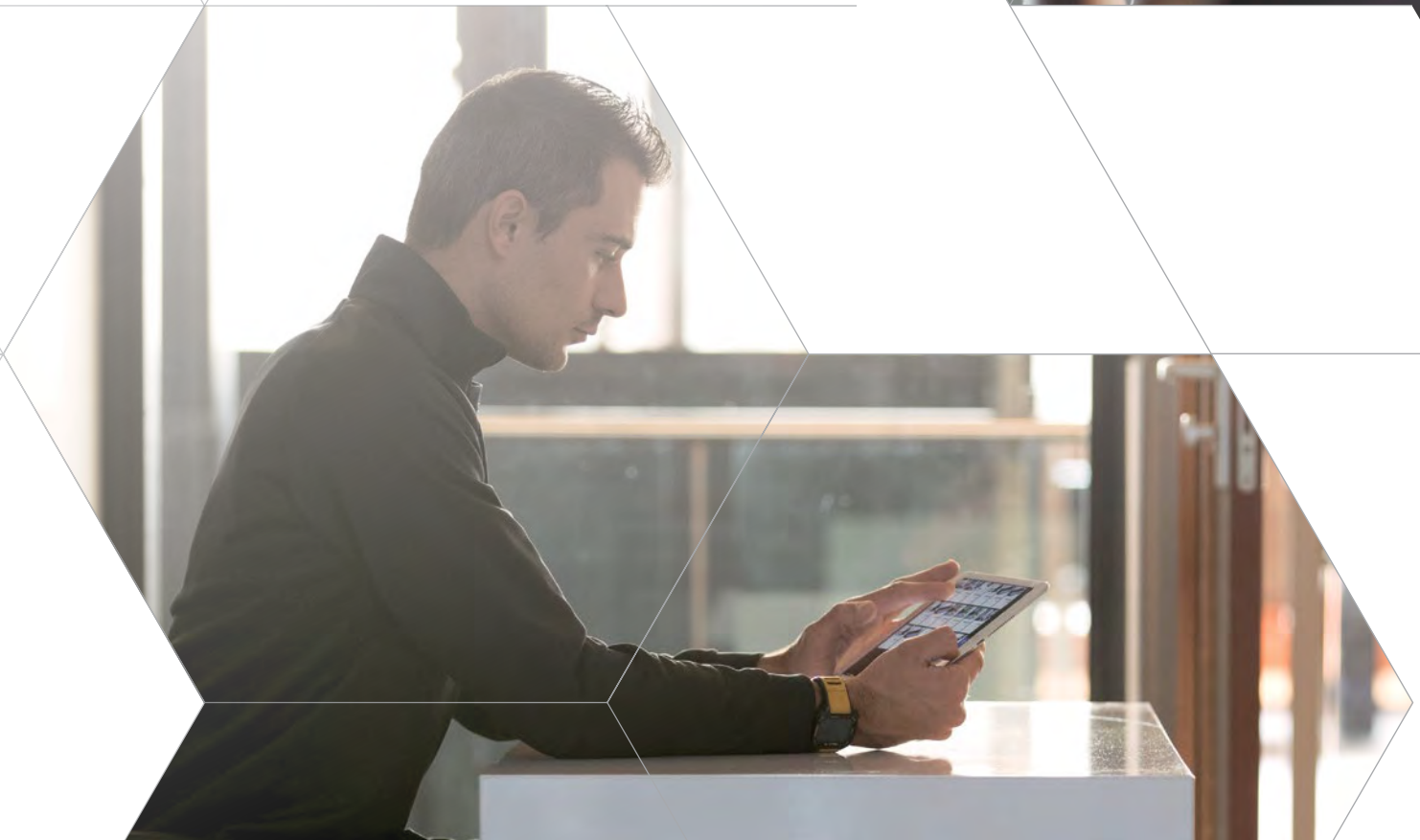
ENHANCE DIFFERENTIATION

Your facility is one of a kind, and our game-changing Connected Solutions can help you build your brand and stand out in impactful ways.

ENERGIZE ACQUISITION

You're always striving to bring in new members, and we can help extend your brand, reach untapped demographics and impress everyone who stops by.





MATRIX CONNECTED SOLUTIONS

OUR SOLUTIONS

Our robust, open platform is more than a collection of hardware, software and connectivity options. It's a fully integrated digital ecosystem that enhances the way you manage machines, mentor and motivate members, and promote your unique brand.





OUR DIGITAL ECOSYSTEM

We provide best-in-class integrations by working with third-party organizations from member management systems to scheduling systems to exercise equipment software, to make your existing solutions work together seamlessly.

Our integration capabilities constantly continue to expand as there are new technologies and entrants in the industry. Now more than ever, you have a myriad of choices of providers, partners and solutions.

That's just the beginning of how we can connect your content and your people, transforming the way you engage with members and your bottom line all at once. Choose Matrix and create an experience that best meets the needs of your facility and your members.

The following is a sampling of some of our integrations and partnerships. To view all of the third-party organizations we've integrated with to date, **visit https://matrixfitness.com/connected-solutions**



EGYM ecofit ADVAGYM virtuagym

MATRIX CONNECTED SOLUTIONS

ASSET MANAGEMENT

Our industry-leading Asset Management platform offers a 360-degree view of your equipment status on virtually any internet-connected device, plus insightful reporting capabilities, streamlined service, marketing tools and much more. With Asset Management, it's easier than ever to keep your equipment in top condition and your members happy.

SUPERIOR INVENTORY MANAGEMENT

Asset Management uses easy-to-read color-coding to tell you whether a product is functioning properly, detect errors and alert you if something is offline.

STREAMLINED WORKFLOW & REPORTING

The system monitors usage patterns to maximize product life, helps identify the optimum product mix, creates customized reports and can even manage data from multiple facilities.

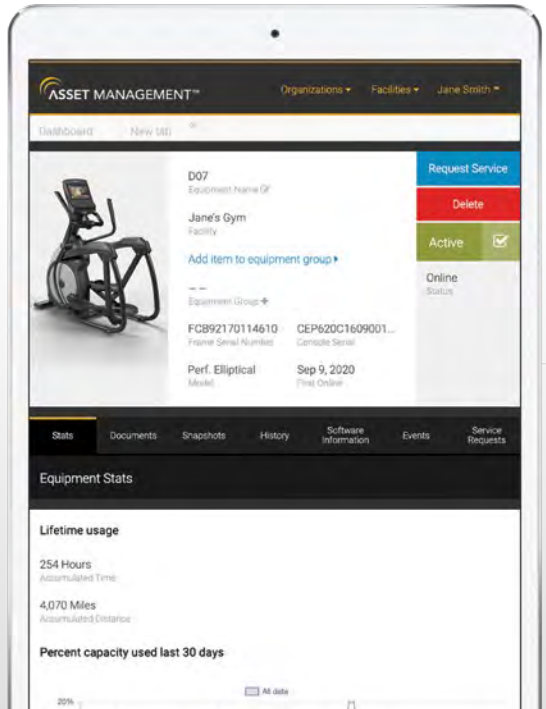
SIMPLIFIED SERVICE

Asset Management provides automatic performance notifications and improves communication with Matrix and your service provider, all while reducing paperwork and hassle for you.

SMART MARKETING TOOLS

When used with our Touch Consoles, Asset Management provides integrated facility calendar alerts, automated messaging to promote specials and customized welcome screens.

ASSET MANAGEMENT





MATRIX CONNECTED SOLUTIONS

ENHANCING THE EXERCISE EXPERIENCE

Make every workout a fresh, special experience by adding some of our uniquely interactive programs. Count on us to create distinctive exercise experiences that will set your facility apart from others, engage your members on a whole new level and keep them coming back for more.

SPRINT 8

Go beyond high-intensity interval training to give members results they can see in the mirror. Our scientifically validated Sprint 8 program is effective, quick and simple.

VIRTUAL ACTIVE

Transform ordinary workouts into breathtaking journeys through exotic locals with our speed- and terrain-interactive Virtual Active program.

LANDMARKS

Our Landmarks program turns ClimbMill workouts into engaging, exhilarating journeys to the top of natural and man-made wonders of the world.

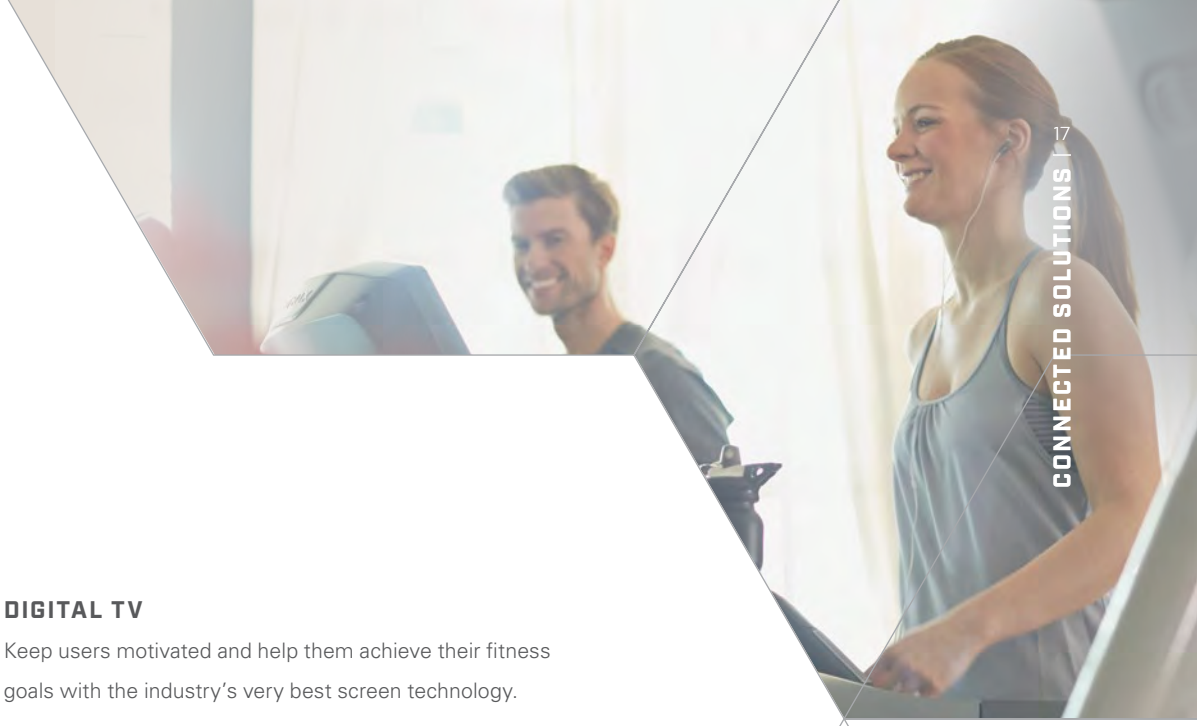
iFIT

When it comes to an inspiring, immersive exercise experience, nothing compares to our Matrix cardio equipment featuring iFIT®, a global leader in interactive connected fitness technology and content.

** iFIT optional for nominal charge*



FACILITY-SPECIFIC SOLUTIONS



Depending on what kind of fitness center you operate, some of our facility-specific solutions might be right for your goals and members. Check out RFID to streamline the exercise experience, digital TV if you'd like to add a little extra entertainment, remote audio to coordinate with your mounted big screens or IPTV and Pro:Idiom for a synced entertainment experience.

DIGITAL TV

Keep users motivated and help them achieve their fitness goals with the industry's very best screen technology.

REMOTE AUDIO

Enhance the exercise experience by syncing remote audio to your facility's big screens.

RFID

Simple radio-frequency tags can give your members a seamless exercise experience from door to door, streamlining check-ins, workouts and purchasing from your vending centers.

IPTV

IPTV allows for a high-definition viewing experience on your cardio floor.

PRO:IDIOM

A must-have for hotels, Pro:Idiom protects content providers from piracy while offering guests a synced entertainment experience.

CONSOLE FLEXIBILITY

Our diverse collection of consoles gives you choices in what you put on your floor. Sophisticated, easy-to-operate designs give your members control of the data they collect, the content that keeps them engaged and the way they reach their goals.



TOUCH XL / TOUCH

Connect your members to stunning entertainment, social media favorites, brand-building communication and much more with the industry's best consoles. WiFi-enabled Touch Consoles feature an app-based interface that mirrors familiar smartphone and tablet operating systems, making it easy for members to connect to the content that keeps them moving. They provide a smooth, hassle-free exercise experience thanks to complete workout feedback, Bluetooth and ANT+ connectivity, single-point user login, Wireless RFID login, built-in fan, power save mode with auto wake-up and more. Our WiFi-enabled Touch Consoles also work with our complete digital portfolio of Matrix Connected Solutions, including Asset Management and more. Choose Touch XL (56 cm / 22") for treadmills and ClimbMills from any series, or choose Touch (41 cm / 16") for all Performance, Endurance and Lifestyle Series equipment.

FEATURES

- WiFi enabled
- Bluetooth and ANT+ enabled
- Integrated Sprint 8 HIIT program
- 60 integrated Virtual Active destinations
- Wireless and USB charging
- Connects to Apple Watch
- Connects to Samsung Galaxy Watch
- RFID and single-point user login
- Optional iFIT on-demand workouts
- Available in base configuration with limited feature set



PREMIUM LED

Give members the simplicity of the classic LED console, now with more engaging color and detail than ever. An 8,000-pixel display fills the screen with color and sharp graphics, providing clear, easy-to-read feedback in large numbers and letters. Convenience features like optional RFID login, fan and reading rack for personal devices make every workout a seamlessly smooth experience. Our WiFi-enabled Premium LED Console works with select products from the Matrix Connected Solutions portfolio, including Asset Management.

FEATURES

- WiFi enabled
- Bluetooth enabled
- Integrated Sprint 8 HIIT program
- USB charging
- Optional RFID



LED

Keep the exercise experience simple with our easy-to-use, easy-to-read LED Console. Virtually anyone can step up to our LED Console and enjoy the easy navigation of the interface. To keep members on track for their goals, a large number display and a message center provide complete, easy-to-read workout feedback. Convenience features include optional RFID login, a headphone jack and a reading rack to keep personal devices easily accessible and in view. Add optional WiFi to work with select products from our Connected Solutions portfolio, including Asset Management.



FEATURES

Optional WiFi • Optional RFID • USB charging

GROUP TRAINING LED

Keep every member of your class in sync with a console made specifically for the needs of group exercise. The straightforward interface of the Group Training LED Console is easy for anyone to navigate, and smart features like one-touch controls and preset intensity levels help every participant stay in sync with instructor cues. Add optional WiFi to work with Connected Solutions like Asset Management.



FEATURES

Optional WiFi • Optional RFID • USB charging

CONSOLE

SPECIFICATIONS









MODEL NUMBER	TOUCH XL / TOUCH TOUCH XL-C / TOUCH-C	PREMIUM LED PLED-C	LED LED-C	GROUP TRAINING LED GTLED-C
DISPLAY	**Touch XL:** 56 cm / 22" class capacitive touchscreen LCD **Touch:** 41 cm / 16" class capacitive touchscreen LCD	8,000 pixel multi-color LED	Large number LED with message center	Large number LED with message center
WORKOUTS	Go, manual, Sprint 8*, Landmarks**, Virtual Active, target heart rate, interval training, fat burn, rolling hills, constant watts*, glute training*, goal training, fitness tests, custom	Go, manual, Sprint 8*, Landmarks**, target heart rate, interval training, fat burn, rolling hills, constant watts*, glute training*, 5k/10k, fitness tests	Go, manual, interval training, fat burn, rolling hills, target heart rate, glute training*, fitness tests	Manual
iFIT ON-DEMAND WORKOUTS	Optional	No	No	No
LANGUAGES	English, German, French, Italian, Spanish, Dutch, Portuguese, Chinese-S, Chinese-T, Japanese, Korean, Swedish, Finnish, Russian, Arabic, Turkish, Polish, Welsh, Basque, Vietnamese, Somali, Danish, Thai, Malay, Catalan	English, German, French, Italian, Spanish, Dutch, Portuguese, Japanese, Swedish, Finnish, Russian wTurkish, Danish, Polish	English, German, French, Italian, Spanish, Dutch, Portuguese, Swedish, Finnish, Turkish, Danish, Polish	English, German, French, Italian, Spanish, Dutch, Portuguese, Swedish, Finnish, Turkish, Danish, Polish
FAN	Yes	Yes	No	No
ANALOG TV	NTSC, PAL, SECAM	Optional; attachable add-on TV	Optional; attachable add-on TV	Optional; attachable add-on TV
DIGITAL TV	ATSC 1.0, QAM-B, ISDB-T, ISDB-Tb, DVB-C/S/S2/T/T2	Optional; attachable add-on TV	Optional; attachable add-on TV	Optional; attachable add-on TV
IPTV	Content: MPEG2/H262, AVC/H264, Protocols: UDP, RTSP, HTTP, HTTPS	No	No	No
PRO:IDIOM COMPATIBILITY	Optional; IPTV and coax	Optional; attachable add-on Pro:Idiom TV (≠ IPTV)	Optional; attachable add-on Pro:Idiom TV (≠ IPTV)	Optional; attachable add-on Pro:Idiom TV (≠ IPTV)
WIFI	Yes	Yes	Optional; required for Asset Management and Community 360 App	Optional; required for Asset Management and Community 360 App
BLUETOOTH	Yes; smartphones, headphones, heart rate	Yes; heart rate	No	No
ANT+	Yes; heart rate	No	No	No
RFID WIRELESS LOGIN	Yes	Optional	Optional	Optional
CONNECTS TO APPLE WATCH	Yes	Optional	No	No
CONNECTS TO SAMSUNG GALAXY WATCH	Yes	No	No	No
Made for iPhone, iPad, iPod	Yes	No	No	No
USB PORT	Yes; device charging, device media, software updates	Yes; device charging, software updates	Yes; device charging, software updates	Yes; device charging, software updates
WIRELESS CHARGING (QI)	Yes	No	No	No
CSAFE READY	Yes	Yes	Yes	Yes
AUTO WAKE-UP	Yes	No	No	No

*Workout not available on all modalities. **Landmarks only available on ClimbMills.



CARDIO

SERIES OVERVIEW

Whether fitness is your business or just a part of what you do, your choices make all the difference. That's why we've reimagined our offering, making it easier to choose the solutions right for your budget, your space and the people you serve. Our three new cardio series are compatible with five refined consoles for exciting new combinations of performance and technology. When it comes to achieving your goals, it's easy to choose Matrix — and know you've chosen wisely.

PERFORMANCE
SERIES /

For fitness facilities that demand the best, our Performance Series provides an unmatched portfolio of premium cardio equipment. A refined aesthetic sets your facility apart in a way that attracts exercise enthusiasts of all kinds and keeps them coming back for more. Our precision-engineered designs and rugged components are tested against the highest international standards, ready for the most intense workouts. Ergonomically refined touchpoints like seats, handlebars, sealed buttons and smart workout controls make even long, hard workouts comfortable, convenient and intuitive. A range of advanced features simplify and reduce service needs to minimize downtime and maximize member satisfaction.

ENDURANCE
SERIES /

The Endurance Series offers design and flexibility that makes it easy for your fitness facility to maximize its resources with every decision. Streamlined designs simplify the exercise experience while still providing premium performance that can challenge cardio enthusiasts. When it comes to durability, everything from the Endurance Series is designed and tested to stand up to tough environments and heavy use for years. Best of all, our Endurance Series can meet you where you need to be when it comes to features, functions and your budget.

LIFESTYLE
SERIES /

If fitness is a small but important part of your offering, Matrix has cardio equipment that fits your space, your budget and your brand. Choose our Lifestyle Series equipment for value-conscious design, reliable performance and a unified aesthetic that welcomes all the different people you serve. Simplified operation makes it easy for anyone to start a workout, even users who are unfamiliar with exercise equipment.



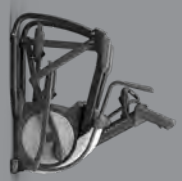















TREADMILLS
MATRIX

RUN WITH A LEADER Striking the perfect balance between engineering and aesthetics, our treadmills attract more attention and require less maintenance than anything you put next to them.

PERFORMANCE

TREADMILL

Our Performance Treadmill is nothing short of ideal for long, hard runs, high-intensity interval training and group exercise that pushes members to their limits. Our Dynamic Response Drive System makes every step feel smooth and in sync and the durable, comfort-enhancing components of our Ultimate Deck stand up to a steady stream of members for years. Sculpted ergonomic features like continuous multi-grip handlebars make every touchpoint more comfortable, and robust design details like cast-aluminum endcaps withstand intense environments and heavy use. Smart features like easily removable side rails, floating front roller assembly, an easy-to-open motor cover and optional casters streamline service and maintenance, minimizing downtime and maximizing member satisfaction.

FEATURES

- 152 x 56 cm / 60" x 22" running surface
- 5.0 hp AC Dynamic Response Drive System
- 18% incline
- 23 km/h / 15 mph top speed
- 24.1 cm / 9.5" step-on height
- 182 kg / 400 lbs. max weight capacity

Compatible consoles









ENDURANCE
TREADMILL

Our Endurance Treadmill provides the dynamic performance and large running area exercise enthusiasts need for intense workouts, plus a simplicity of design that lets those new to fitness get started immediately. Our Dynamic Response Drive System makes every step feel smooth and in sync whether users are running hard or just getting started on their fitness journey, and our Ultimate Deck enhances comfort while providing durability that lasts. Smart features like easily removable side rails, front roller assembly and an easy-to-open motor cover streamline service and maintenance in new ways, minimizing downtime so members of all kinds can get a run right for their goals.

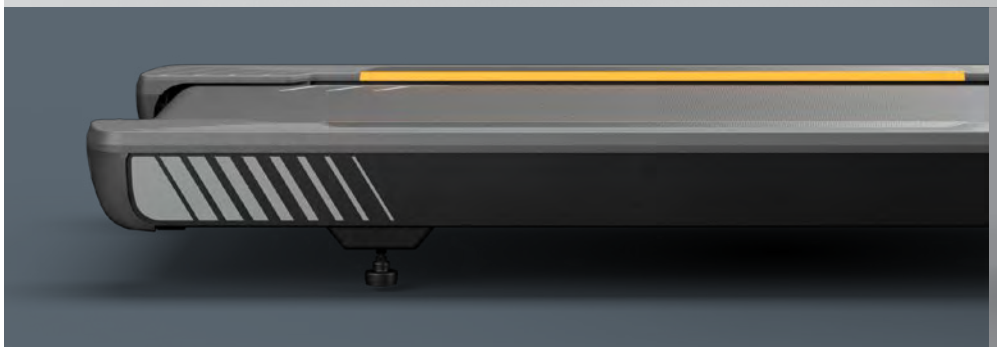
FEATURES

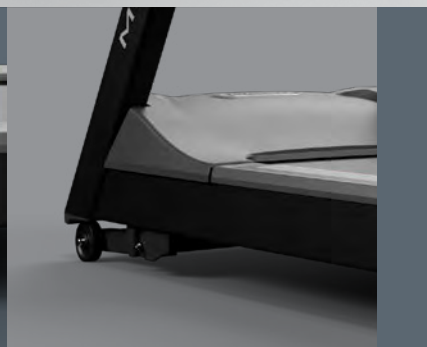
- 152 x 56 cm / 60" x 22" running surface
- 4.2 hp AC Dynamic Response Drive System
- 15% incline
- 20 km/h / 12 mph top speed
- 22.9 cm / 9" step-on height
- 182 kg / 400 lbs. max weight capacity

Compatible consoles









LIFESTYLE

TREADMILL

Our Lifestyle Treadmill gives the people you serve a solid run with a reliable, space-saving design. Our Dynamic Response Drive System makes every step feel smooth and in sync, and our Ultimate Deck is as comfortable as it is durable. A smaller frame and a low step-on height makes cardio exercise accessible to virtually anyone, even when space is at a premium. An easy-to-open motor cover streamlines service and maintenance by helping technicians get in and out more quickly.

FEATURES

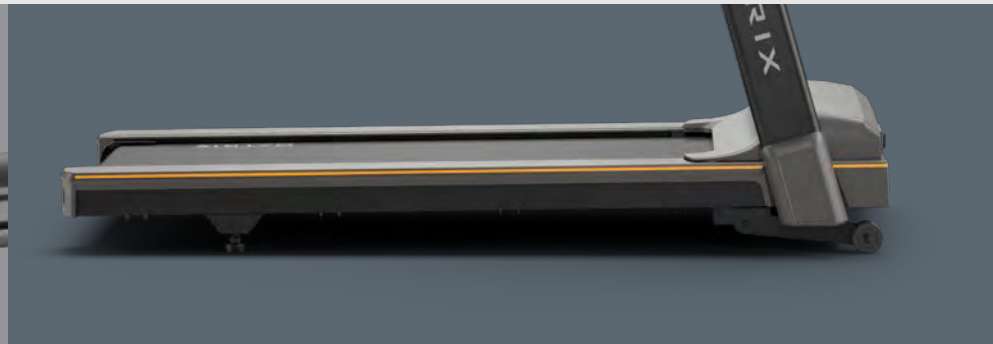
- 152 x 56 cm / 60" x 22" running surface
- 4.2 hp AC Dynamic Response Drive System
- 15% incline
- 20 km/h / 12 mph top speed
- 17.8 cm / 7" step-on height
- 182 kg / 400 lbs. max weight capacity

Compatible consoles









TREADMILL
SPECIFICATIONS

TREADMILLS

MODEL NUMBER	PERFORMANCE PLUS T-PP-F	PERFORMANCE T-PS-F	ENDURANCE T-ES-F	LIFESTYLE T-LS-F
DRIVE SYSTEM	2.2 kW AC Synchronous Response Drive System	5.0 hp AC Dynamic Response Drive System	4.2 hp AC Dynamic Response Drive System	4.2 hp AC Dynamic Response Drive System
SPEED RANGE	0.8–26 km/h / 0.5–16 mph	0.8–23 km/h / 0.5–15 mph	0.8–20 km/h / 0.5–12 mph	0.8–20 km/h / 0.5–12 mph
INCLINE RANGE	0–20% (748.4 kg / 1,650-lb. thrust-elevation motor)	0–18% (657.7 kg / 1,300-lb. thrust-elevation motor)	0–15% (317.5 kg / 700-lb. thrust-elevation motor)	0–15% (317.5 kg / 700-lb. thrust-elevation motor)
RUNNING SURFACE AREA	157 x 61 cm / 62" x 24"	152 x 56 cm / 60" x 22"	152 x 56 cm / 60" x 22"	152 x 56 cm / 60" x 22"
RUNNING SURFACE TYPE	Slat belt	Belt and deck	Belt and deck	Belt and deck
CUSHIONING SYSTEM	Pure Stride	Ultimate Deck	Ultimate Deck	Ultimate Deck
HANDLEBAR DESIGN	Continuous multi-grip design	Continuous multi-grip design	Molded ergo-grip design	Molded ergo-grip design
CROSSBAR CONTROLS	Yes	Yes	Yes	Yes
CONTACT & TELEMETRIC HR	Yes	Yes	Yes	Yes
STEP-ON HEIGHT	26.7 cm / 10.5"	24.1 cm / 9.5"	22.9 cm / 9"	17.8 cm / 7"
SERVICE CASTER	Yes	Optional	No	No
CAST ALUMINUM END CAPS	Yes	Yes	No	No
MAX USER WEIGHT	227 kg / 500 lbs.	182 kg / 400 lbs.	182 kg / 400 lbs.	182 kg / 400 lbs.
ETHERNET CONNECTIVITY	Yes	Yes	Yes	Yes
TREAD SENSE	Yes	Yes	Yes	Yes
ASSEMBLED DIMENSIONS	227 x 92.6 x 168.9 cm / 89.4" x 36.5" x 66.5"	220.2 x 92.6 x 168.5 cm / 86.7" x 36.5" x 66.3"	213 x 87 x 163 cm / 83.9" x 34.3" x 64.2"	201.1 x 90.4 x 164.2 cm / 79.2" x 35.6" x 64.6"
POWER REQUIREMENTS	20 A dedicated circuit required, non-looped grounded	20 A dedicated circuit required, non-looped grounded	20 A dedicated circuit required, non-looped grounded	20 A dedicated circuit required, non-looped grounded



ASCENTS & ELLIPTICALS

A HARMONY OF DESIGN AND NATURAL MOVEMENT

We listened. We watched. We designed. And we developed equipment that provides smooth, stable, natural movement for more comfortable, more efficient workouts.

PERFORMANCE

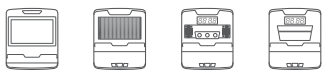
ASCENT TRAINER

When it comes to intense, full-body workouts that are easy on the joints, nothing outperforms our durable Performance Ascent Trainer. Adjustable incline with variable stride length takes workouts to the next level, engaging glutes, hamstrings and core muscles. Our patented suspension design is completely wheel- and track-free, reducing noise and minimizing friction to extend product life, while constant rate of acceleration provides an ultra-smooth feel all the way through the ellipse. Ergo Form grips, contralateral handlebar action, optimized pedal spacing and oversized pedals make every movement feel natural. Convenience features include low step-on height, rear entry, contact and telemetric heart rate tracking, a water bottle holder and an accessory tray. A smart design featuring top-down levelers and a removable disk makes service and maintenance easier than ever.

FEATURES

- 51–61 cm / 20–24" variable stride length
- 20–33 cm / 8–13" adjustable incline
- 24.1 cm / 9.5" step-on height
- 182 kg / 400 lbs. max weight capacity
- Self-powered options

Compatible consoles





Our ultra-smooth, durable design elevates low-impact workouts with a combination of resistance and incline that exercises the whole body.



PERFORMANCE ASCENT TRAINER A-PS-F	
RESISTANCE SYSTEM	Brushless generator
MINIMUM WATTS*	5 W powered or 36 W self-powered
MINIMUM RPM*	10 RPM powered or 30 RPM self-powered
STRIDE LENGTH	51–61 cm / 20–24" adjustable
STEP-ON HEIGHT	24.1 cm / 9.5"
PEDAL SPACING	6.4 cm / 2.5"
WATT RANGE	5–650 W
CONTACT & TELEMETRIC HR	Yes
TOP-DOWN LEVELERS	Yes
MAX USER WEIGHT	182 kg / 400 lbs.
ETHERNET CONNECTIVITY	Yes
ASSEMBLED DIMENSIONS	178 x 74 x 181 cm / 70.1" x 29.1" x 71.3"
POWER REQUIREMENTS*	Self-powered or 100–240 V — 50/60 Hz AC

*Touch consoles not available as self-powered.

PERFORMANCE

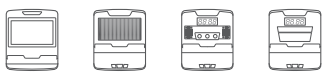
ELLIPTICAL

Our Performance Elliptical sets the standard for low-impact, high-intensity workouts and stands up to a steady stream of users. The patented suspension design is completely wheel- and track-free, reducing noise and minimizing friction to extend product life, while constant rate of acceleration provides an ultra-smooth feel all the way through the ellipse. Ergo Form grips, contralateral handlebar action, optimized pedal spacing and oversized pedals make every movement feel natural. Convenience features include low step-on height, rear entry, contact and telemetric heart rate tracking, a water bottle holder and an accessory tray. A smart design featuring top-down levelers and a removable disk makes service and maintenance easier than ever.

FEATURES

- 53.3 cm / 21" stride length
- 24.1 cm / 9.5" step-on height
- 182 kg / 400 lbs. max weight capacity
- Self-powered options

Compatible consoles



TOUCH PREMIUM LED GT LED LED







The premium design of our ultra-durable elliptical exceeds expectations with smooth, natural movement and streamlines service like never before.



ENDURANCE

ELLIPTICAL

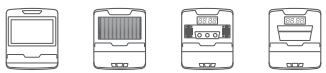
Our durable Endurance Elliptical is ideal for workouts of any intensity, offering low-impact exercise to members of all kinds. A patented suspension design minimizes noise and friction, extending product life, while constant rate of acceleration provides an ultra-smooth feel all the way through the ellipse. Contralateral handlebar action, optimized pedal spacing and oversized pedals make every movement feel natural.

Convenience features include low step-on height, rear entry, contact and telemetric heart rate tracking, a water bottle holder and an accessory tray. A smart design featuring top-down levelers makes adjustments easier after installation, maintenance and use.

FEATURES

- 53.3 cm / 21" stride length
- 24.1 cm / 9.5" step-on height
- 182 kg / 400 lbs. max weight capacity
- Self-powered options

Compatible consoles



TOUCH PREMIUM LED GT LED LED







LIFESTYLE

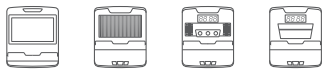
ELLIPTICAL

Intended for light-use environments, our Lifestyle Elliptical features a compact footprint that lets you offer low-impact, natural workouts in facilities where space is at a premium. Our patented suspension design is completely wheel- and track-free, reducing noise and minimizing friction to extend product life. Optimized pedal spacing and oversized pedals make every movement feel natural. Convenience features include low step-on height, rear entry, contact and telemetric heart rate tracking, a water bottle holder and an accessory tray.

FEATURES

- 51 cm / 20" stride length
- 23.1 cm / 9.1" step-on height
- 182 kg / 400 lbs. max weight capacity
- Self-powered options

Compatible consoles









ELLIPTICAL

SPECIFICATIONS

ELLIPTICALS

MODEL NUMBER	PERFORMANCE E-PS-F	ENDURANCE E-ES-F	LIFESTYLE E-LS-F
RESISTANCE SYSTEM	Brushless generator	Brushless generator	Brushless generator
MINIMUM WATTS*	5 W powered or 36 W self-powered	5 W powered or 36 W self-powered	5 W powered or 36 W self-powered
MINIMUM RPM*	10 RPM powered or 30 RPM self-powered	10 RPM powered or 30 RPM self-powered	10 RPM powered or 30 RPM self-powered
STRIDE LENGTH	53.3 cm / 21"	53.3 cm / 21"	51 cm / 20"
STEP-ON HEIGHT	24.1 cm / 9.5"	24.1 cm / 9.5"	23.1 cm / 9.1"
PEDAL SPACING	6.4 cm / 2.5"	6.4 cm / 2.5"	6.4 cm / 2.5"
WATT RANGE	5 – 650 W	5 – 705 W	5 – 650 W
CONTACT & TELEMETRIC HR	Yes	Yes	Yes
TOP-DOWN LEVELERS	Yes	Yes	No
MAX USER WEIGHT	182 kg / 400 lbs.	182 kg / 400 lbs.	182 kg / 400 lbs.
ETHERNET CONNECTIVITY	Yes	Yes	Yes
ASSEMBLED DIMENSIONS	178 x 74 x 181 cm / 70.1" x 29.1" x 71.3"	174.5 x 74 x 179 cm / 68.7" x 29.1" x 70.5"	174.6 x 73 x 175.7 cm / 68.7" x 28.7" x 69.2"
POWER REQUIREMENTS*	Self-powered or 100–240 V — 50/60 Hz AC	Self-powered or 100–240 V — 50/60 Hz AC	Self-powered or 100–240 V — 50/60 Hz AC

*Touch consoles not available as self-powered



CLIMBMILLS



STEP UP TO THE BEST Give your members the truest stair-climbing workout on the market with high-design, low-maintenance equipment that can live virtually anywhere in your facility.

PERFORMANCE

CLIMBMILL

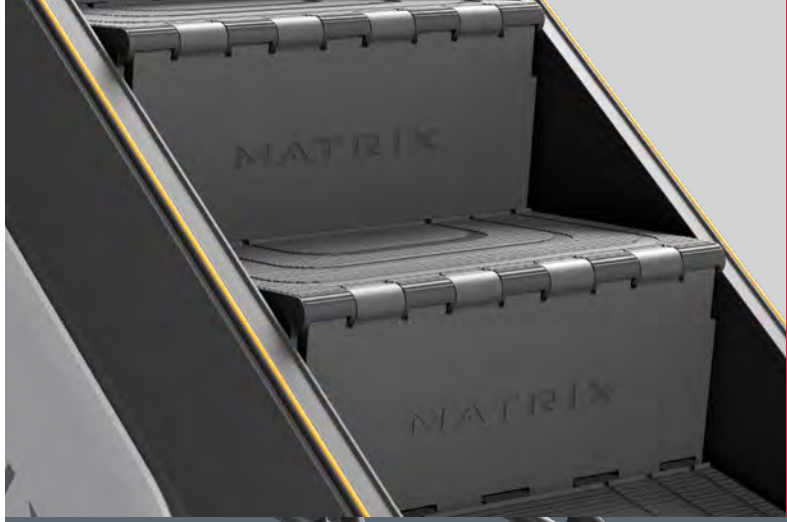
The premium design of our Performance ClimbMill provides the most secure stair-climbing workout in the industry and outlasts anything you put next to it. The Control Zone sensor instantly stops the stairs if triggered by an object or person, while Control Drive stops the steps if anything pushes against their rotation, exceeding industry standards for stair-climbing security. Extra-deep locking steps, a step-up platform and step-positioning software make getting a workout easier than ever, while sculpted ergonomics make every touchpoint more comfortable. Our unique Sweat Management System protects critical components to extend equipment life, and the oil-free drive system is as durable as it is whisper-quiet. Smart features like side access panels, modular components and an internal service light streamline maintenance, while rear-locking, leveling casters offer easy placement.

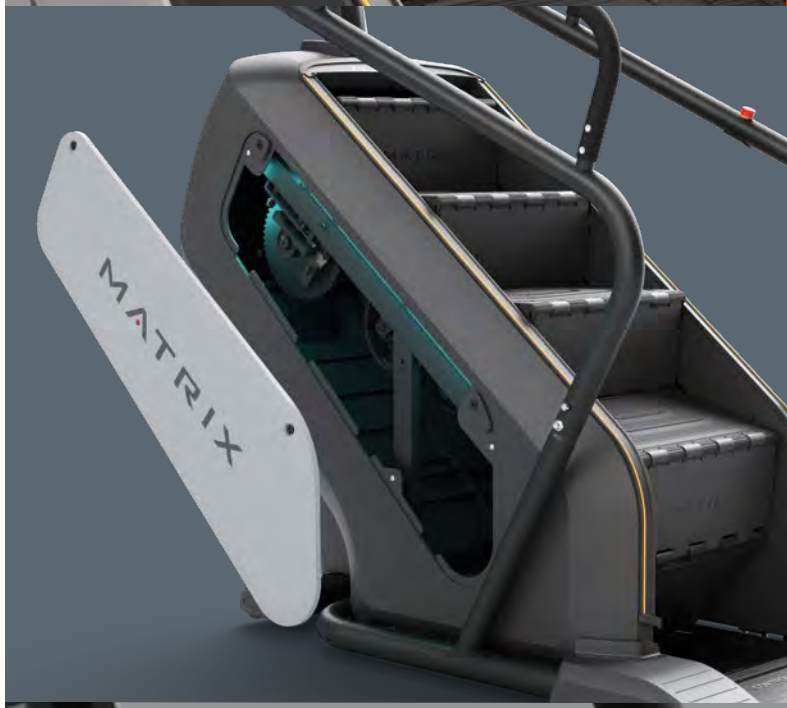
FEATURES

- 25.4 cm / 10" step depth
- 20.3 cm / 8" step height
- Oil-free ECB modular system with motorcycle-grade, sealed drive chain
- 25.4 cm / 10" step-on height
- 182 kg / 400 lbs. max weight capacity
- EN ISO 20957-8 certified

Compatible consoles









Discover an intense climbing experience that's secure for members and virtually maintenance-free for you.



ENDURANCE

CLIMBMILL

A blend of streamlined design and smooth operation makes it easy for beginners to start climbing and enthusiasts to climb further than ever. Extra-deep, locking steps and step-positioning software make getting a workout easier, while sculpted ergonomics make every touchpoint more comfortable. Our unique Sweat Management System protects critical components to extend equipment life, and the oil-free drive system is as durable as it is whisper-quiet. Smart features like side access panels, modular components and an internal service light streamline maintenance and minimize downtime.

FEATURES

- 25.4 cm / 10" step depth
- 20.3 cm / 8" step height
- Oil-free ECB modular system with industrial-grade drive chain
- 35.6 cm / 14" step-on height
- 182 kg / 400 lbs. max weight capacity
- EN ISO 20957-8 certified

Compatible consoles









LIFESTYLE
CLIMBMILL

Created for low-volume facilities, our Lifestyle ClimbMill features a compact design that makes it possible to bring climbing workouts to facilities with lower ceilings. Deep, locking steps and step-positioning software make getting a workout easier. Our unique Sweat Management System protects critical components to extend equipment life, and the oil-free drive system is as durable as it is whisper-quiet. Smart features like a front access panel and modular components streamline maintenance and minimize downtime.

FEATURES

- 22.9 cm / 9" step depth
- 14.3 cm / 5.6" step height
- Oil-free ECB modular system with industrial-grade drive chain
- 26.7 cm / 10.5" step-on height
- 136 kg / 300 lbs. max weight capacity

Compatible consoles









CLIMBMILL

SPECIFICATIONS

CLIMBMILLS			
	PERFORMANCE	ENDURANCE	LIFESTYLE
MODEL NUMBER	C-PS-F	C-ES-F	C-LS-F
DRIVE SYSTEM	Clutched ECB with motorcycle-grade, sealed drive chain and belt	Clutched ECB with industrial-grade drive chain and belt	Clutched ECB with industrial-grade drive chain and belt
STEP DIMENSIONS	25.4 x 46 x 20.3 cm / 10" x 18" x 8"	25.4 x 46 x 20.3 cm / 10" x 18" x 8"	23 x 40.2 x 14.3 cm / 9" x 15.8" x 5.6"
HANDLEBAR DESIGN	Perimeter	Perimeter	Side
AUTO-STOP FUNCTION	Yes; frame mounted IR	Yes; frame mounted IR	Yes; frame mounted IR
CONTROL ZONE	Yes	No	No
LOCKING STAIRCASE	Yes	Yes	Yes
TOP-DOWN LEVELERS	Yes	Yes	No
CONTACT & TELEMETRIC HR	Yes	Yes	Yes
STEP-ON HEIGHT	25.4 cm / 10"	35.6 cm / 14"	26.7 cm / 10.5"
SERVICE CASTER	Yes	No	No
MINIMUM USER WEIGHT	45 kg / 99 lbs.	45 kg / 99 lbs.	45 kg / 99 lbs.
MAXIMUM USER WEIGHT	182 kg / 400 lbs.	182 kg / 400 lbs.	136 kg / 300 lbs.
ETHERNET CONNECTIVITY	Yes	Yes	Yes
ASSEMBLED DIMENSIONS	182.5 x 102.4 x 219.1 cm / 71.9" x 40.3" x 86.3"	161.2 x 102.4 x 218 cm / 63.5" x 40.3" x 85.8"	160.4 x 71.7 x 207.6 cm / 63.1" x 28.2" x 81.7"
POWER REQUIREMENTS	100–240 V ⎓ 50/60Hz AC	100–240 V ⎓ 50/60Hz AC	100–240 V ⎓ 50/60Hz AC



CYCLES



A BETTER RIDE BY DESIGN Performance, comfort and styling make our cycles a favorite for members, while easy use and streamlined maintenance make them a top choice for owners, trainers and service techs. And with self-powered options, you can place them anywhere in your facility.

PERFORMANCE

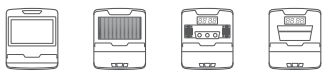
RECUMBENT CYCLE

Make low-impact cardio workouts accessible to everyone with our ultra-durable Performance Recumbent Cycle. The recumbent design features an ergonomic seat and back that distribute weight for superior support, stability and comfort. The seat adjusts easily with just one hand to fit each new rider, while low step-over height, oversized self-balancing pedals and low-watt starting resistance make it easy for virtually anyone to have a superior low-impact workout. The robust components withstand intense environments and heavy use for years, and smart features like top-down leveling, an integrated transport handle and a three-piece crank with forged arms streamline service and maintenance.

FEATURES

- 17.5 cm / 6.9" pedal spacing
- 182 kg / 400 lbs. max weight capacity
- Self-powered options

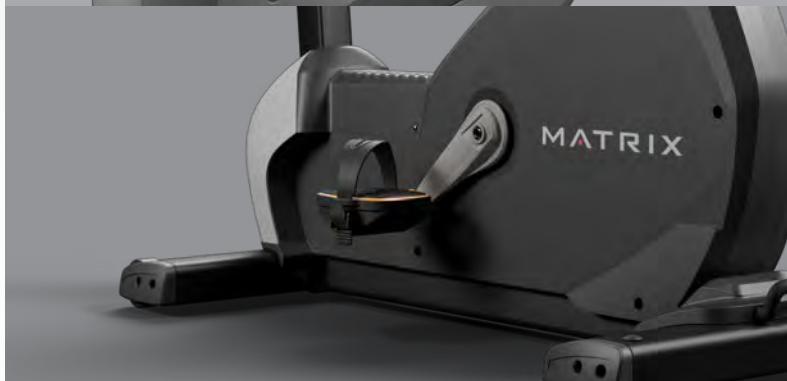
Compatible consoles



TOUCH PREMIUM LED GT LED LED







Our ultra-durable, ergonomically refined Performance Recumbent Cycle distributes weight and maximizes support for comfortable, low-impact cardio.



ENDURANCE

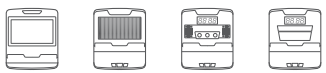
RECUMBENT CYCLE

No matter what the ability or experience level of your members, our Endurance Recumbent Cycle offers an accessible cardio workout that virtually anyone can enjoy. The recumbent design features an ergonomic seat and back that distribute weight for superior support, stability and comfort. The seat adjusts easily with just one hand to fit each new rider, while low step-over height, self-balancing pedals and low-watt starting resistance make it easy for virtually anyone to get a satisfying low-impact workout. Smart features like top-down leveling, an integrated transport handle and a three-piece crank with forged arms streamline service and maintenance.

FEATURES

- 17.5 cm / 6.9" pedal spacing
- 182 kg / 400 lbs. max weight capacity
- Self-powered options

Compatible consoles









LIFESTYLE

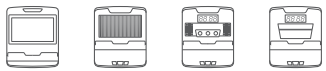
RECUMBENT CYCLE

If space is at a premium in your facility, choose our compact Lifestyle Recumbent Cycle to add low-impact cardio that's accessible to everyone. The recumbent design features an ergonomic seat and back that distribute weight for superior support, stability and comfort. Additionally, step-through design, self-balancing pedals and low-watt starting resistance make it easy to get a low-impact workout. A three-piece crank with forged arms reduces service time.

FEATURES

- 20.2 cm / 8" pedal spacing
- 182 kg / 400 lbs. max weight capacity
- Self-powered options

Compatible consoles









PERFORMANCE

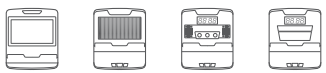
UPRIGHT CYCLE

When it comes to providing unmatched cardio exercise and durability that lasts, nothing outrides our Performance Upright Cycle. Race-inspired handlebars with elbow rests and refined ergonomic details create the feel of a real outdoor ride. The seat adjusts easily with just one hand to fit each new rider, while low step-over height and oversized self-balancing pedals make it easy to have a superior low-impact workout. The robust components withstand intense environments and heavy use for years, and smart features like top-down leveling, an integrated transport handle and a three-piece crank with forged arms streamline service and maintenance.

FEATURES

- 17.5 cm / 6.9" pedal spacing
- 182 kg / 400 lbs. max weight capacity
- Self-powered options

Compatible consoles



TOUCH PREMIUM LED GT LED LED







ENDURANCE

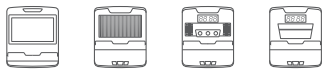
UPRIGHT CYCLE

Give your members the essentials of an invigorating ride with our Endurance Upright Cycle. Race-inspired handlebars with elbow rests create the feel of a real outdoor ride. The seat adjusts easily with just one hand to fit each new rider, while low step-over height, self-balancing pedals and low-watt starting resistance make it easy for virtually anyone to have a satisfying low-impact workout. Smart features like top-down leveling, an integrated transport handle and a three-piece crank with forged arms streamline service and maintenance.

FEATURES

- 17.5 cm / 6.9" pedal spacing
- 182 kg / 400 lbs. max weight capacity
- Self-powered options

Compatible consoles









LIFESTYLE

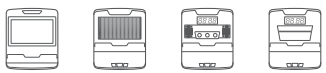
UPRIGHT CYCLE

A great choice for low-volume fitness facilities, our Lifestyle Upright Cycle brings low-impact cardio to your facility with a compact frame that makes the most of your space. Dual-position handlebars and an ergonomic seat make every ride comfortable. The seat quickly adjusts to fit users of all heights, while step-through design, self-balancing pedals and low-watt starting resistance make it easy to get a low-impact workout. A three-piece crank with forged arms reduces service time.

FEATURES

- 20.2 cm / 8" pedal spacing
- 182 kg / 400 lbs. max weight capacity
- Self-powered options

Compatible consoles









CYCLE
SPECIFICATIONS

CYCLES	PERFORMANCE		ENDURANCE		LIFESTYLE	
	RECUMBENT	UPRIGHT	RECUMBENT	UPRIGHT	RECUMBENT	UPRIGHT
MODEL NUMBER	R-PS-F	U-PS-F	R-ES-F	U-ES-F	R-LS-F	U-LS-F
RESISTANCE SYSTEM	Brushless generator	Brushless generator	Brushless generator	Brushless generator	Brushless generator	Brushless generator
MINIMUM WATTS*	1 W powered or 14 W self-powered	1 W powered or 14 W self-powered	2 W powered or 10 W self-powered	2 W powered or 10 W self-powered	2 W powered or 10 W self-powered	2 W powered or 10 W self-powered
MINIMUM RPM*	10 RPM powered or 25 RPM self-powered	10 RPM powered or 25 RPM self-powered	10 RPM powered or 25 RPM self-powered	10 RPM powered or 25 RPM self-powered	10 RPM powered or 25 RPM self-powered	10 RPM powered or 25 RPM self-powered
PEDAL SPACING	17.5 cm / 6.9"	17.5 cm / 6.9"	17.5 cm / 6.9"	17.5 cm / 6.9"	20.2 cm / 8"	20.2 cm / 8"
SEAT MATERIAL	Custom one-piece, molded seat back and bottom	Custom one-piece, molded seat	Custom one-piece, molded seat back and bottom	Sewn vinyl over foam	Custom one-piece, molded seat back and bottom	Sewn vinyl over foam
SEAT ADJUSTMENT	Single-hand lever	Single-hand lever	Single-hand lever	Single-hand lever	Single hand lever	Turn-and-pull knob
HANDLEBAR DESIGN	Seat side; front ergo bend	Custom-molded, racing design with elbow support	Seat side; front ergo bend	Racing design with elbow support	Seat side; front ergo bend	Dual-position
CRANK DESIGN	Three piece with forged arms and integrated puller	Three piece with forged arms and integrated puller	Three piece with forged arms and integrated puller	Three piece with forged arms and integrated puller	Three piece with forged arms and integrated puller	Three piece with forged arms and integrated puller
TOP-DOWN LEVELERS	Yes	Yes	Yes	Yes	No	No
CONTACT & TELEMETRIC HR	Yes	Yes	Yes	Yes	Yes	Yes
REAR-LIFT HANDLE	Yes	Yes	Yes	Yes	No	No
MAXIMUM USER WEIGHT	182 kg / 400 lbs.	182 kg / 400 lbs.	182 kg / 400 lbs.	182 kg / 400 lbs.	182 kg / 400 lbs.	182 kg / 400 lbs.
ETHERNET CONNECTIVITY	Yes	Yes	Yes	Yes	Yes	Yes
ASSEMBLED DIMENSIONS	150 x 65 x 143 cm / 59.1" x 25.6" x 56.3"	136 x 65 x 155 cm / 53.5" x 25.6" x 61"	154.3 x 67.4 x 144.2 cm / 60.7" x 26.5" x 56.8"	122 x 74.4 x 152.1 cm / 48" x 29.3" x 59.9"	158.3 x 67.3 x 132.7 cm / 62.3" x 26.5" x 52.2"	129.4 x 61.7 x 147.4 cm / 50.9" x 24.3" x 58"
POWER REQUIREMENTS*	Self-powered or 100–240 V — 50/60 Hz AC	Self-powered or 100–240 V — 50/60 Hz AC	Self-powered or 100–240 V — 50/60 Hz AC	Self-powered or 100–240 V — 50/60 Hz AC	Self-powered or 100–240 V — 50/60 Hz AC	Self-powered or 100–240 V — 50/60 Hz AC

*Touch consoles not available as self-powered



CARDIO FLOOR SOLUTIONS

SHATTER LIMITS TOGETHER Add our unique training solutions to your cardio floor to give members the kind of heart-pumping variety they crave. Challenge your members with the versatile intensity of our user-driven S-Drive and S-Force Performance Trainers. Add our rower to your cardio floor for low-impact cardio that strengthens the whole body. You can even create an advanced, accessible workout experience with our exciting Training Cycles.

TRAINING CYCLES

All of our durable Training Cycles feature optimized ergonomics and intuitive adjustments that make it hassle-free for every member — no matter what their body type or ability level — to experience the feel of a real outdoor ride.

ADVANCED ERGONOMICS & ADJUSTMENTS

The design of our Training Cycles begins with a narrow Q-factor that optimizes the position of the hips, knees and feet to comfortably mimic a real outdoor riding experience. A magnetic system provides smooth resistance changes to help riders transition from one portion of the ride to the next, while intuitive four-way adjustment with quick-touch operation and easy seat tilt make it virtually effortless to customize the cycle to each user's body.

ENHANCED COMFORT & CONVENIENCE

All of our Training Cycles include an ergonomically sculpted seat to relieve pressure on touchpoints, making even long, intense rides comfortable. A contoured lever provides tactile feedback for on-the-fly resistance changes, and multi-position handlebars with an integrated water bottle holder provide a comfortable grip while keeping hydration easily accessible.

STREAMLINED SERVICE & SETUP

The low-maintenance, well-protected rear flywheel design of our cycles includes a quick-release service panel, easily removable pedal cranks and clearly identifiable internal components to simplify service.

CXP TARGET TRAINING CYCLE

Our advanced CXP Target Training Cycle motivates members with metrics that matter for a more engaging cycling workout they'll come back for again and again. The display is specifically engineered for target training — whether they're tracking watts, heart rate, RPMs, distance or calories — and includes a bright LED wrap that uses intuitive colors to tell the rider if the they are on track for their goals. Integrated programmable metrics and personal training programs offer plenty of ways for cycling enthusiasts to train. Our WiFi-enabled Target Training Display also works with our complete digital portfolio of Matrix Connected Solutions, including Community 360, Asset Management and more.

FEATURES

- Displays watts within +/- 3% accuracy
- Quick-adjust pedals
- Integrated Sprint 8 HIIT program
- Integrated FTP testing and a sub-max heart rate test
- WiFi enabled; ANT+/BLE/5 khz HR compatibility and ANT+ broadcast data capability







CXM TRAINING CYCLE

Our CXM Training Cycle takes workouts to the next level with clear metric tracking, quality performance and excellent ergonomics. The quick-response, backlit LCD console clearly displays all training metrics and provides the ability to bring extra focus to watts, heart rate, RPMs or lap mode in a way that helps members chart their progress and get real results.

FEATURES

- Displays watts within +/- 10% accuracy
- ANT+/BLE/5 khz for HR compatibility and ANT+ broadcast data capability





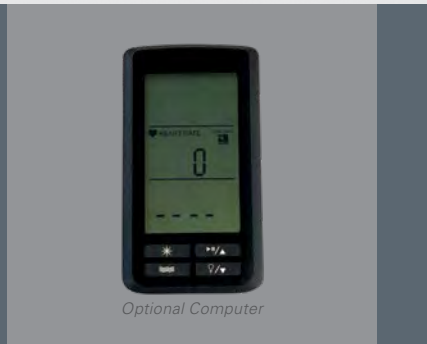


CXC TRAINING CYCLE

Our CXC Training Cycle will make cycling workouts more popular than ever with performance that's as powerful as it is comfortable. A device storage shelf makes it easy for members to keep their smartphone in view. Add the optional wireless LCD console for a basic metric-tracking experience that clearly displays RPMs, calories, distance, time and heart rate when used with a heart rate strap.







Optional Computer

A NEW WAY TO RIDE.
EVERY TIME.

The Virtual Training Cycle allows users to connect to the programs that motivate them when and how they want on the cardio floor.



VIRTUAL TRAINING CYCLE

Now all the different people you serve can ride the way they want to with the Matrix Virtual Training Cycle. They can take on Matrix-exclusive programming like Sprint 8, Virtual Active and Target Training, plus join popular on-demand cycling classes. They can even stream their favorite music, movies and shows as their workout flies by, all on a cycle precision engineered for intense sessions.



FEATURES

- 56 cm / 22" touchscreen
- Integrated Target Training, Sprint 8 and Virtual Active programming
- iFIT on-demand workouts
- Access to instructor-led classes
- WiFi and ethernet connectivity
- Connects to Apple Watch
- Connects to Samsung Galaxy Watch





S-DRIVE PERFORMANCE TRAINERS

S-Drive Performance Trainers add an amazing new dimension to your cardio floor. Versatile, space-saving design lets members can take on power walking, running, HIIT, sled-pushing, parachute training and agility drills with magnetic resistance settings just right for their ability level and goals. Choose S-Drive Metrics for clear workout feedback or the original S-Drive for pure cardio intensity.

FEATURES

- Sled brake with eight repeatable resistance settings
- Parachute brake with 11 repeatable resistance settings,
- Seven-degree incline
- True zero start speed
- Unlimited top speed
- 17.8 cm / 7" step-on height



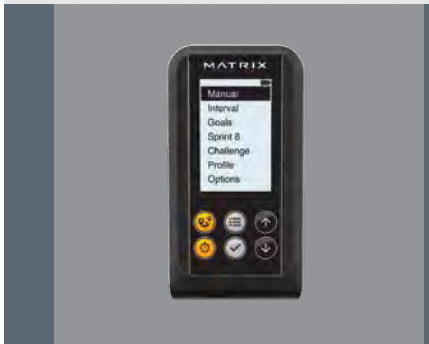
S-DRIVE METRICS

S-Drive Metrics includes a quick-response, backlit LCD that clearly displays speed, time, distance and heart rate (with strap). Integrated testing establishes personalized targets just right for the ability level of each member, and the display even pivots so trainers can view feedback.

FEATURES

- Interval and Sprint 8 program
- Self-powered design







S-DRIVE PERFORMANCE TRAINER

Add our original S-Drive Performance Trainer to your cardio floor to offer members power walking, running, HIIT, sled-pushing, parachute training and agility drills in one space-saving footprint. Magnetic resistance easily adjusts to a wide range of ability levels.

FEATURES

- Self-powered design







S-FORCE PERFORMANCE TRAINER

The S-Force leverages intelligent biomechanics to create a rigorous exercise experience. As members move through a user-defined range, the magnetic system automatically increases resistance the harder they work. This progressive design means that each interval will challenge HIIT enthusiasts and even elite athletes. Additionally, two active positions — upright and acceleration — make it easy to target a range of leg muscles for a more complete low-impact workout in less time. Our quiet, smooth-moving S-Force includes foot platforms and an ergonomically contoured seat for excellent stability when entering and exiting.

FEATURES

- Variable stride length up to 91 cm / 36"
- Self-powered design

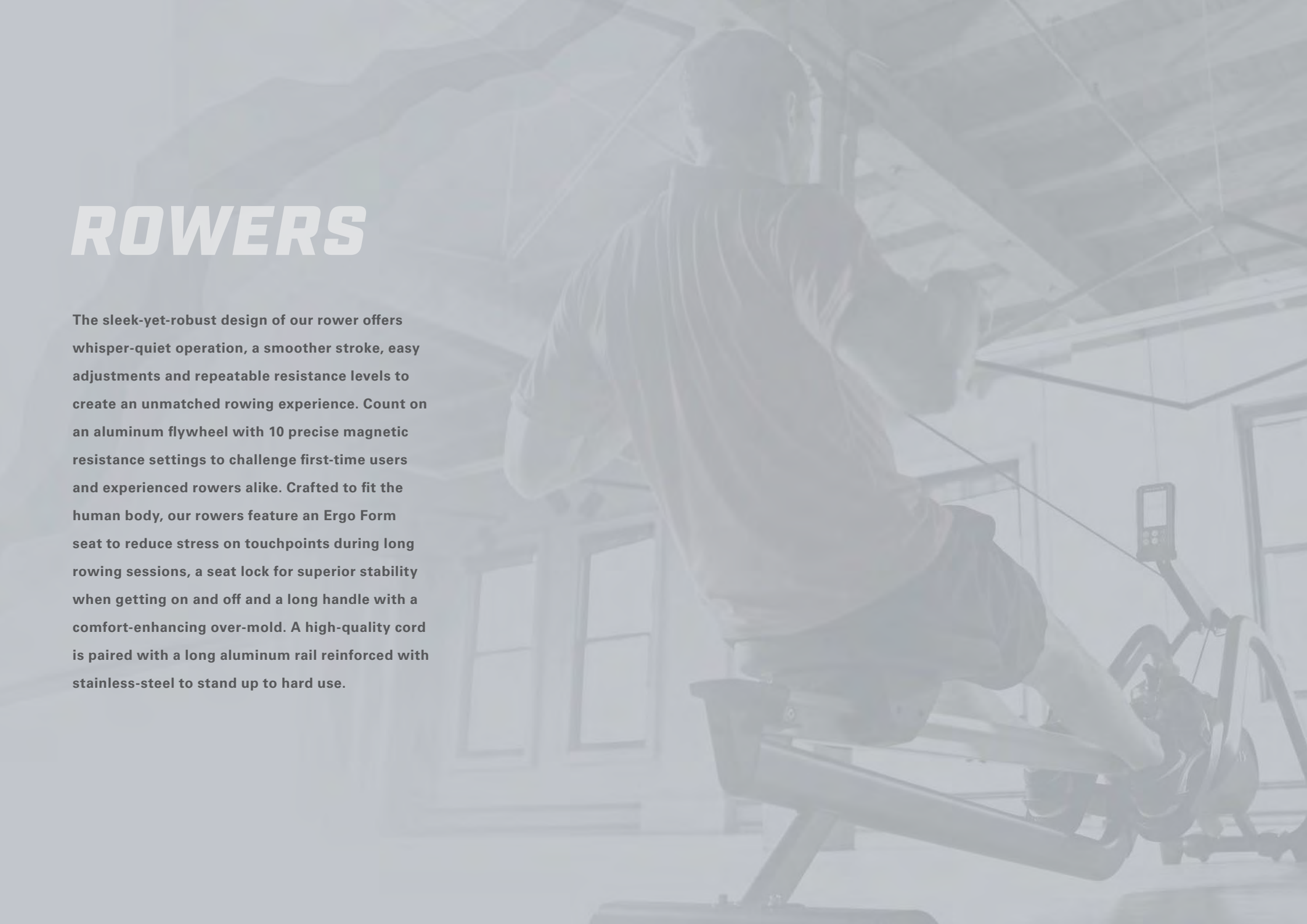




Adjustable backlit console provides complete, easy-to-read feedback. Clearly defined quick keys offer instant access to Sprint 8, interval training and goal-based workout programs.

ROWERS

The sleek-yet-robust design of our rower offers whisper-quiet operation, a smoother stroke, easy adjustments and repeatable resistance levels to create an unmatched rowing experience. Count on an aluminum flywheel with 10 precise magnetic resistance settings to challenge first-time users and experienced rowers alike. Crafted to fit the human body, our rowers feature an Ergo Form seat to reduce stress on touchpoints during long rowing sessions, a seat lock for superior stability when getting on and off and a long handle with a comfort-enhancing over-mold. A high-quality cord is paired with a long aluminum rail reinforced with stainless-steel to stand up to hard use.



ROWER

The Matrix Rower features an adjustable, backlit console that makes it easy to access training programs and see complete workout data. Clearly defined quick keys provide instant access to integrated training programs.

FEATURES

- Interval and challenge programs
- Self-powered design







CARDIO FLOOR

SPECIFICATIONS

S-DRIVE PERFORMANCE TRAINERS

	S-DRIVE METRICS	S-DRIVE PERFORMANCE TRAINER
MODEL NUMBER	S-DRIVEM	S-DRIVEC
FEATURES		
RESISTANCE TYPE	Independent sled and parachute brakes	Independent sled and parachute brakes
USER HARNESS	Adjustable, connection free harness	Adjustable, connection free harness
DECK TYPE	Reversible silicone 2.5 cm / 1" deck	Reversible silicone 2.5 cm / 1" deck
CONSOLE	Backlit LCD	No
GENERATOR POWERED	Yes	No
TRAINING INTENSITY GUIDE	No	No
TELEMETRIC HR	Yes	No
WIFI ENABLED	No	No
ANT+/BLUETOOTH ENABLED	Yes	No
RESISTANCE SYSTEM	Magnetic	Magnetic
RUNNING BELT TYPE	Forbo, commercial grade	Forbo, commercial grade
RUNNING AREA	152 x 51 cm / 60" x 22"	152 x 51 cm / 60" x 22"
STEP-ON HEIGHT	17.8 cm / 7"	17.8 cm / 7"
INCLINE RANGE	7° fixed	7° fixed
SPEED RANGE	User-defined	User-defined
TECH SPECS		
POWER REQUIREMENTS	Self-powered	Self-powered
SLED BRAKE MAXIMUM RESISTANCE	122.5 kg / 270-lb. sled on natural turf	122.5 kg / 270-lb. sled on natural turf
ASSEMBLED DIMENSIONS (L X W X H)	195 x 88.3 x 150 cm / 76.8" x 34.8" x 59"	195 x 88.3 x 150 cm / 76.8" x 34.8" x 59"
MAX USER WEIGHT	182 kg / 400 lbs.	182 kg / 400 lbs.
ASSEMBLED WEIGHT	122.5 kg / 270 lbs.	122.5 kg / 270 lbs.
SHIPPING WEIGHT	145.2 kg / 320 lbs.	145.2 kg / 320 lbs.

ROWERS

	MATRIX ROWER
MODEL NUMBER	AR11
CONSOLE	
DISPLAY SCREEN	Extra-large backlit LCD display
DISPLAY FEEDBACK	Time, Distance, SMP (strokes per minute), Stroke, Watts, Heart Rate, Calories, 500 m/split
PROGRAMS	Manual, Interval, Challenge
FITNESS TESTS	No
WIFI ENABLED	No
ANT+ / BLUETOOTH ENABLED	No
TELEMETRIC RECEIVER	Yes - 5 khz
TECH SPECS	
RESISTANCE TECHNOLOGY	Magnetic resistance
RESISTANCE LEVELS	10
DRIVE SYSTEM	Coil spring poly-V belt
MAX USER WEIGHT	158.76 kg / 350 lbs.
PRODUCT WEIGHT	59 kg / 130 lbs.
SHIPPING WEIGHT	69 kg / 152 lbs.
OVERALL DIMENSIONS (L X W X H)	223 x 55 x 58 cm / 87.7" x 21.6" x 22.8"
POWER REQUIREMENT	Generator powered LCD display w/ back-up memory battery
SPECIAL FEATURES	
HANDLEBAR DESIGN	Extra-long ergo-grip handlebar
FOOT STRETCHERS	Adjustable heel cups with easy-to-read settings
MONORAIL	Aluminum

S-FORCE PERFORMANCE TRAINERS

	S-FORCE PERFORMANCE TRAINER
MODEL NUMBER	SPT
CONSOLE	
DISPLAY SCREEN	Extra-large backlit LCD display
DISPLAY FEEDBACK	Time, Distance, SPM (steps per minute), Steps, Heart Rate (with heart rate strap), Calories
PROGRAMS	Sprint 8, Goals, Interval, Challenge
TELEMETRIC RECEIVER	Yes
TECH SPECS	
RESISTANCE TECHNOLOGY	Magnetic Resistance
MAX USER WEIGHT	181.4 kg / 400 lbs.
PRODUCT WEIGHT	132 kg / 290 lbs.
SHIPPING WEIGHT	155 kg / 340 lbs.
OVERALL DIMENSIONS (L X W X H)	182 x 69 x 166 cm / 72" x 27" x 66"
POWER REQUIREMENTS	3 D-cell batteries
SPECIAL FEATURES	
STRIDE LENGTH	91.4 cm / 36"
RESISTANCE LEVELS	5
HANDLEBAR DESIGN	Multi-position handlebar
PEDALS	Self-leveling with quick-release strap
TRANSPORT	3 wheel transport

CARDIO FLOOR

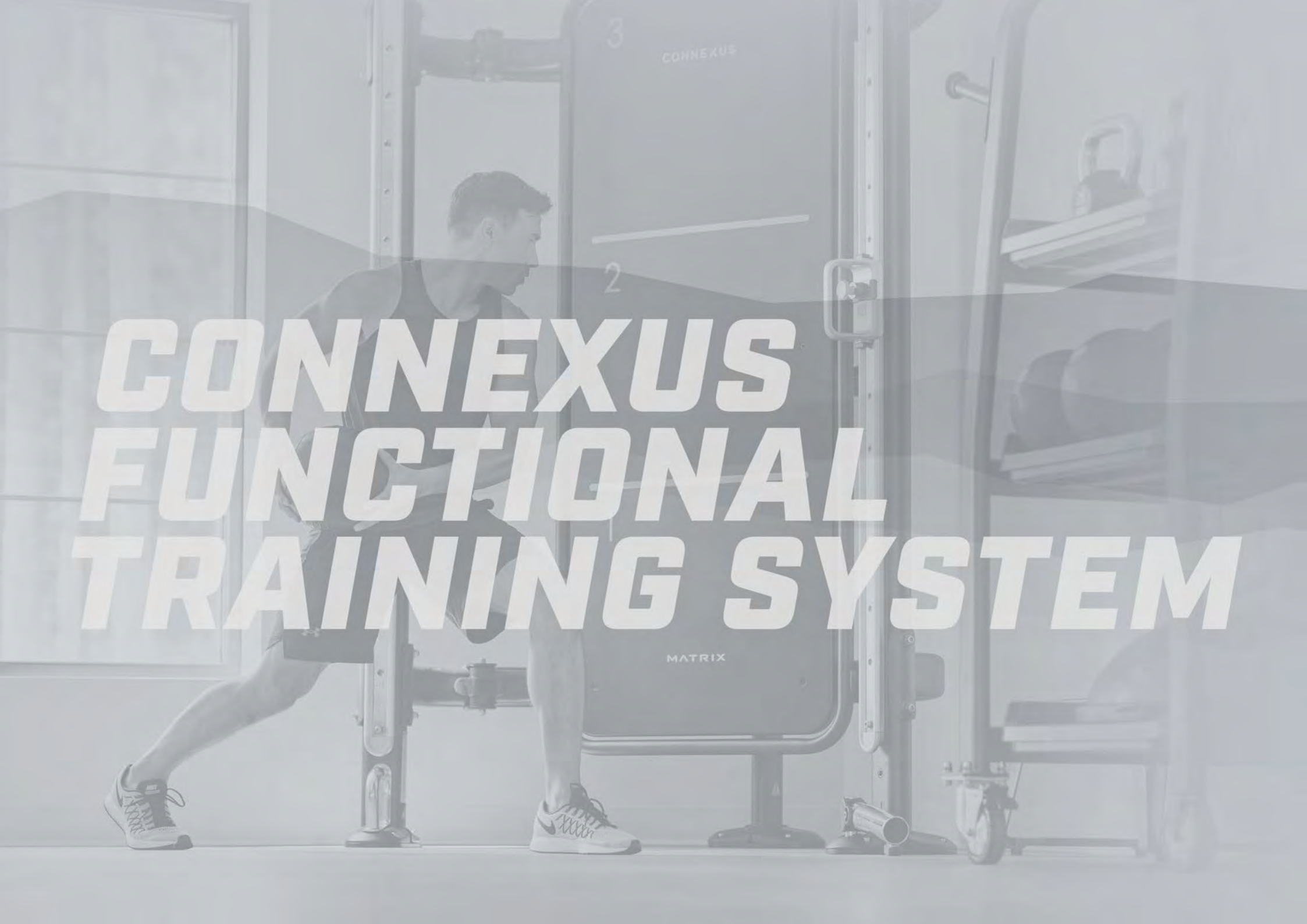
SPECIFICATIONS

TRAINING CYCLES

	CXP	CXM	CXC
MODEL NUMBER	CXP-02	CXM	CXC
POWER MEASUREMENT (WATT)	Displays watts within +/-3% accuracy	Displays watts within +/-10%	No
CONSOLE	Target Training capacitive touchscreen	Backlit LCD	Optional LCD
GENERATOR POWERED	Yes	Yes	No
TRAINING INTENSITY GUIDE	Yes	No	No
TELEMETRIC HR	Yes - 5khz, ANT+ and BLE	Yes - 5khz, ANT+ and BLE	Yes
WIFI ENABLED	Yes	No	No
ANT+/BLUETOOTH ENABLED	Yes	Yes	No
PROGRAMS	Target Training (RPM, Watts, HR, Calories, Distance); Goal-based Workouts: Time, Distance, Calories per Hour, Intervals, Pace, Sprint 8, Target HR.	Intervals	No
FITNESS TESTS	FTP 8 min, FTP 20 min, and sub max HR test	No	No
RESISTANCE SYSTEM	Magnetic	Magnetic	Magnetic
EMERGENCY STOP	Push	Push	Push
FLYWHEEL	Rear, aluminum, evenly-weighted	Rear, aluminum, evenly-weighted	Rear, aluminum, evenly-weighted
ADJUSTMENT TYPE	Quick-touch levers	Quick-touch levers	Quick-touch levers
POSTS & SLIDERS	Aluminum, pin-to-lock adjustment	Aluminum, pin-to-lock adjustment	Aluminum, pin-to-lock adjustment
HANDLEBAR ADJUSTMENTS	Vertical & horizontal	Vertical & horizontal	Vertical & horizontal
SADDLE	Ergonomically sculpted seat	Ergonomically sculpted seat	Ergonomically sculpted seat
HANDLEBAR	Ergo-formed, multi-position, soft PVC	Ergo-formed, multi-position, soft PVC	Ergo-formed, multi-position, soft PVC
SADDLE ADJUSTMENTS	Vertical & horizontal	Vertical & horizontal	Vertical & horizontal
WATER BOTTLE HOLDER	Dual, integrated on handlebar	Dual, integrated on handlebar	Dual, integrated on handlebar
DRIVE SYSTEM			
DRIVETRAIN	Flexonic belt	Flexonic belt	Flexonic belt
DRIVETRAIN GEAR RATIO	1:10	1:10	1:10
FRAME			
FRAME COLOR	Matte black	Matte black	Matte black
FRAME MATERIAL	Steel	Steel	Steel
SHROUDS & GUARDS	Full frame	Full frame	Full frame
FRAME DESIGN	Off-set	Off-set	Off-set
Q FACTOR	168 mm / 6.6"	168 mm / 6.6"	168 mm / 6.6"
CRANK TYPE	Forged steel 170 mm	Forged steel 170 mm	Forged steel 170 mm
PEDAL TYPE	Dual-sided SPD & easy-fit strap	Dual-sided SPD & toe cage	Dual-sided SPD & toe cage
FRAME STABILIZER BARS	Oversized, hidden bolts & fixings	Oversized, hidden bolts & fixings	Oversized, hidden bolts & fixings
PROTECTION PLATES	Yes with rear-access stretch plates	Yes	Yes
LEVELING FEET	4; with 2 rear easy-access dial levelers	4	4
TRANSPORT WHEELS	2	2	2
TECH SPECS			
OVERALL DIMENSIONS (L X W X H)	122.4 x 56 x 102.8 cm / 48.2" x 22.2" x 40.5"	122.4 x 56 x 102.8 cm / 48.2" x 22.2" x 40.5"	122.4 x 56 x 102.8 cm / 48.2" x 22.2" x 40.5"
PRODUCT WEIGHT	57.6 kg / 127 lbs.	56.5 kg / 124.5 lbs.	55.2 kg / 121.6 lbs.
MAX USER WEIGHT	158.76 kg / 350 lbs.	158.76 kg / 350 lbs.	158.76 kg / 350 lbs.

VIRTUAL TRAINING CYCLE

	VIRTUAL TRAINING CYCLE
MODEL NUMBER	CXV
DISPLAY	56 cm / 22" class capacitive touchscreen LCD
WORKOUTS	Go, manual, Sprint 8, Virtual Active, instructor-led content, Target Training, target heart rate, interval training, fat burn, rolling hills, constant watts, goal training, fitness tests, custom
iFIT ON-DEMAND WORKOUTS	Yes
LANGUAGES	English, German, French, Italian, Spanish, Dutch, Portuguese, Chinese-S, Chinese-T, Japanese, Korean, Swedish, Finnish, Russian, Arabic, Turkish, Polish, Welsh, Basque, Vietnamese, Somali, Danish, Thai, Malay, Catalan
FAN	No
ANALOG TV	No
DIGITAL TV	No
IPTV	No
PRO:IDIOM COMPATIBILITY	No
WIFI	Yes
BLUETOOTH	Yes; smartphones, headphones, heart rate
ANT+	Yes; heart rate
RFID WIRELESS LOGIN	Yes
CONNECTS TO APPLE WATCH	Yes
CONNECTS TO SAMSUNG GALAXY WATCH	Yes
Made for iPhone, iPad, iPod	Yes
USB PORT	Yes; device charging, device media, software updates
WIRELESS CHARGING (QI)	No
CSAFE READY	Yes
AUTO WAKE-UP	Yes
CONTACT & TELEMETRIC HR	Telemetric only
FRAME	
DRIVE SYSTEM	Flexonic belt with freewheel
POWER MEASUREMENT	Calculated watts
RESISTANCE SYSTEM	Magnetic
PEDAL TYPE	SPD & toe cage
Q-FACTOR	16.8 cm / 6.6"
SEAT DESIGN	Ergonomically sculpted saddle
SEAT ADJUSTMENT	Vertical & horizontal
HANDLEBAR DESIGN	Multi-position, racing design
HANDLEBAR ADJUSTMENT	Fixed
CRANK DESIGN	4-way tapered forged steel cranks
LEVELING FEET	4
REAR-LIFT HANDLE	Yes
MAXIMUM USER WEIGHT	158.8 kg / 350 lbs.
ETHERNET CONNECTIVITY	Yes
ASSEMBLED DIMENSIONS	156.6 x 56.5 x 147.8 cm / 61.7" x 22.2" x 58.2"
POWER REQUIREMENTS	100–240 V — 50/60 Hz AC



CONNEXUS FUNCTIONAL TRAINING SYSTEM

CONNEXUS FUNCTIONAL TRAINING SYSTEM

EXCITING, ATHLETIC, VERSATILE FUNCTIONAL TRAINING

When it comes to functional training, nothing combines versatility, adjustability, repeatability and accessibility like our exclusive Connexus Functional Training System.

CONNEXUS FUNCTIONAL TRAINING SYSTEM

CONNEXUS

Ideal for functional training classes where users perform weight-bearing exercises that reflect their daily activities, Connexus gives club owners and trainers maximum flexibility, virtually unlimited expandability and the ability to offer immediate feedback to help refine user form. Like everything from Matrix, the heavy-duty steel frames of our Connexus units are built to withstand intense use from a steady stream of members.

VERSATILITY

Our Connexus stations feature numerous attachment points for bars, bands, med balls, boxing bags, TRX straps and more depending on the station that's right for your facility. This gives trainers ultimate flexibility to design their own protocols and the ability to build variety into the programming they offer individuals, small groups and classes.

ADJUSTABILITY

Connexus features low, mid and high anchor points that accommodate body weight, resistance and flexibility training for a wide range of individuals and ability levels. Plus, easy-release attachment points simplify setup and transitions between exercises to keep training sessions moving smoothly with little downtime.

REPEATABILITY

We designed Connexus for small group training as well as functional training classes in which multiple users can perform the same exercises at the same time.

ACCESSIBILITY

Simple setup and operation along with the vast array of exercises make it easy for beginners to try Connexus for the first time and for experienced athletes to use it for regular training. While ideal for group training, Connexus works just as well for individuals looking to augment their own strength or flexibility between classes.

















CONNEXUS FUNCTIONAL TRAINING SYSTEM

OPTIONAL MED BALL TARGET

Divided into three training zones (low, mid and high), the optional med ball target can be used with slam balls and a wide variety of med balls to enhance power training programs and offer program variety.

OPTIONAL MAGNETIC CHALKBOARD

The optional magnetic chalkboard features a storage slot for chalk, a smart phone or a tablet. It allows trainers to post workout information in highly visible area.

OPTIONAL LANDMINE ATTACHMENT

For additional flexibility, the optional landmine attachment allows trainers to incorporate more explosive power training into their programming.

OPTIONAL BATTLE ROPE ATTACHMENT

Chrome-plated base anchors offer convenient attachment points for battle ropes that test the limits of strength and endurance with dynamic movements.







TRAINING SUPPORT

TRX SUSPENSION TRAINING MODULE

Developed by the head of education for TRX Suspension Training, the Connexus TRX Module brings the intense challenge and superior results of TRX training to your Connexus group functional training installation. The Connexus TRX Module is a progressive, four-week program with two original weekly workouts for small group or one-on-one training.

BAND & BALL TRAINING MODULE

The Band & Ball Module is a progressive, four-week program with three original weekly workouts that build strength and power. Using resistance bands and slam balls, these workouts teach the body to work as an integrated system. Workouts are easily modified for greater or less intensity and are applicable for small group or one-on-one training.

BOXING TRAINING MODULE

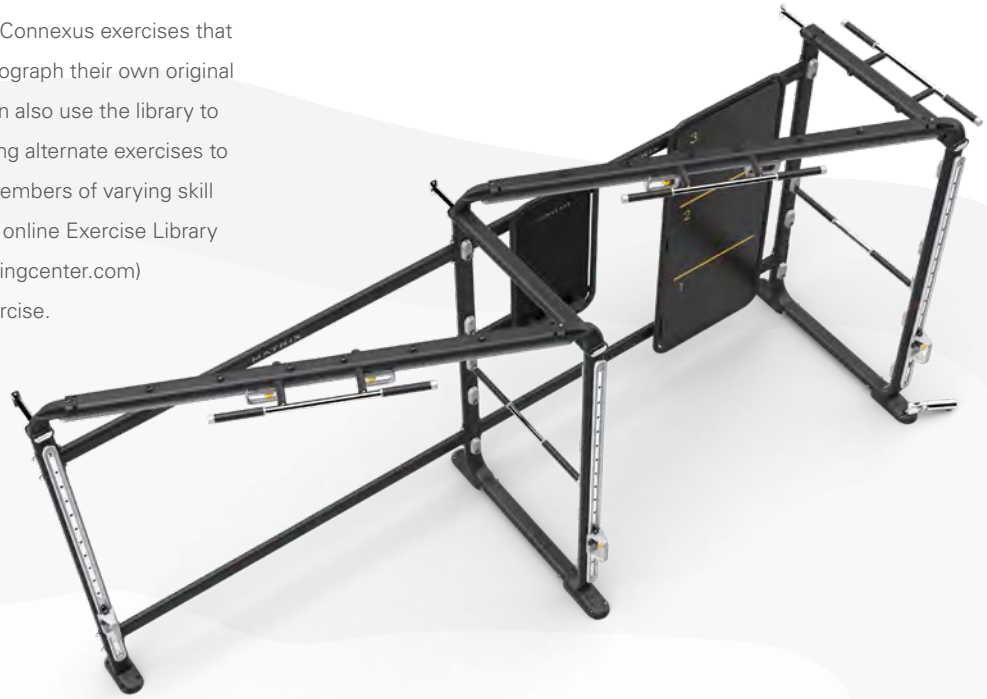
Workouts that engage the legs, hips, glutes, core, obliques, back, shoulders, chest and arms by punching against resistance. Workouts are easily modified for greater or less intensity and are applicable for small group or one-on-one training.

BODY SCULPT TRAINING MODULE

This progressive, full-body strength program emphasizes tempo training to accomplish a targeted goal each week, maximizing muscle strength and hypertrophy. Three forms of resistance training are accomplished using the landmine attachment, flat circular bands and TRX suspension straps. Workouts are easily modified for greater or less intensity and are applicable for small group or one-on-one training.

EXERCISE LIBRARY

Access a complete index of over 200 Connexus exercises that instructors can use to build and choreograph their own original classes and training routines. They can also use the library to modify existing programming by finding alternate exercises to raise or lower program intensity for members of varying skill and fitness levels. Visit our expansive online Exercise Library on Matrix Learning (www.matrixlearningcenter.com) to see images and videos of each exercise.



CONNEXUS PERIMETER

Our wall-mounted Connexus Perimeter unit lets you tap into underutilized wall and corner space to offer high-impact training. Connexus Perimeter features low, mid and high anchor points that accommodate bodyweight, resistance and flexibility training for a wide range of individuals and ability levels. Enhanced adjustability simplifies setup and transitions between exercises to keep classes and training sessions moving smoothly with little downtime.

OPTIONS

- Connexus Perimeter Expansion Kit
- Med Ball Target
- Magnetic Chalkboard
- Landmine Attachment
- Battle Rope Attachment

CONNEXUS



* As shown with optional med ball target, magnetic chalkboard, battle rope and landmine attachment.





CONNEXUS PERIMETER EXPANSION KIT

Expansion kits for Connexus Perimeter offer an efficient and cost-effective way to add training capacity and accommodate as many group or circuit training stations as your space allows. Trainers can create a circuit of unique stations or a small group training area where multiple individuals can perform the same exercise at the same time. With our expansion kit, it's easy to reimagine your functional training offering as your needs change and popularity grows.

OPTIONS

- Med Ball Target
- Magnetic Chalkboard
- Landmine Attachment
- Battle Rope Attachment



* As shown with optional med ball target, magnetic chalkboard and landmine attachment.





CONNEXUS FREE

Connexus Free is a complete freestanding system with multiple training stations that users can access from all sides. Connexus Free features low, mid and high anchor points that accommodate bodyweight, resistance and flexibility training for a wide range of individuals and ability levels. Enhanced adjustability simplifies setup and transitions between exercises to keep class and training sessions moving smoothly with little downtime. Connexus Free has everything you need for a multi-person functional training system on the weight room floor or in a dedicated space.

OPTIONS

- Med Ball Target
- Magnetic Chalkboard
- Landmine Attachment
- Battle Rope Attachment



* As shown with optional med ball target, magnetic chalkboard, battle rope and landmine attachment.





CONNEXUS COMPACT

The Connexus Compact turns any unused area into a space where members can take on a full range of exercises ideal for building a lean, strong body. Our smart, streamlined design includes two height-adjustable training handles, great for bilateral training or serving multiple users at once. A durable hinged med ball target protects your walls while providing a convenient location for explosive throwing exercises, and the med ball target easily folds out of the way for access to the unit's integrated accessory storage space. The ergonomic pull-up bar comfortably accommodates wide and narrow grips, the landmine attachment rotates a full 360 degrees for exercise variety, and the base anchor provides a perfectly placed attachment point for battle ropes and bands.







CONNEXUS

CONNEXUS COLUMN

If you're looking to make room for more functional training options at your facility, you can add our space-efficient Connexus Column virtually anywhere you have an unused wall. A height-adjustable training handle makes it easy to attach resistance bands and suspension straps, accommodating multiple bands at once to streamline transitions, progressions and training with different users. Integrated device storage for smartphones keeps training apps in view, even amplifying device sound so users never miss a moment of instruction, and built-in band storage helps keep your functional training area tidy.

CONNEXUS







CONNEXUS STEP+

A great addition for circuits, personal training and independent functional training workouts, the Connexus Step+ is as space-efficient as it is versatile. Functional training enthusiasts of virtually any ability level can use the step in two configurations — standard and inverted — to take on a full spectrum of challenging core, lower-body and cardio exercises that are excellent for improving body composition and augmenting overall functional fitness. The smart, stackable design includes a thoughtfully textured balance surface and optimized height, width and depth for use that's as secure as it is effective, plus durable construction that stands up to hard use by members.







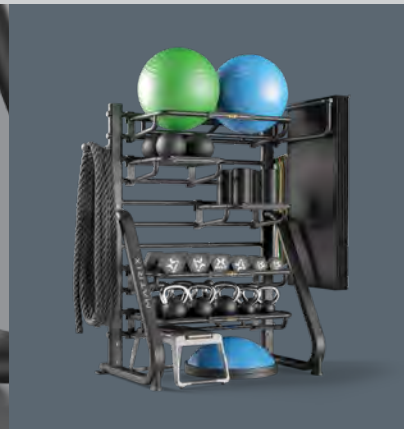
CONNEXUS STORAGE STATION

Our ultra-durable Connexus Storage Station makes it easy to clean up your functional training area while keeping your most important accessories on hand and ready to go. Two extra-large, rubber-cushioned shelves provide plenty of low-to-the-ground storage space for your heavy-duty pieces, while two secondary shelves give you ample space to organize lighter accessories by size or type. An open top rack offers storage versatility to accommodate large or long items, and an open base adds even more space to tuck away functional training extras. For the bands, straps and ropes crucial to your functional training program, multiple angled pegs with rubber endcaps offer easy-access hanging storage. Our Storage Station also includes directional placards so members and trainers can clearly identify where each accessory belongs. Maximize storage capabilities with the optional mat hanger (GFTORG-MH) to store mats vertically for faster drying and to prevent curling.

CONNEXUS







CONNEXUS STORAGE CARTS

Connexus Storage Carts keep accessories and attachments close at hand for easy setup and transition between classes or groups, and heavy-duty casters make it easy to transport equipment around your facility. These highly accessible and sturdy storage solutions also keep your facility neat and organized at all times. Choose a two-shelf cart with a maximum capacity of 226 kg / 500 lbs. or a three-shelf cart with a maximum capacity of 317 kg / 750 lbs.








STRENGTH

STRENGTH OVERVIEW

ULTRA SERIES /

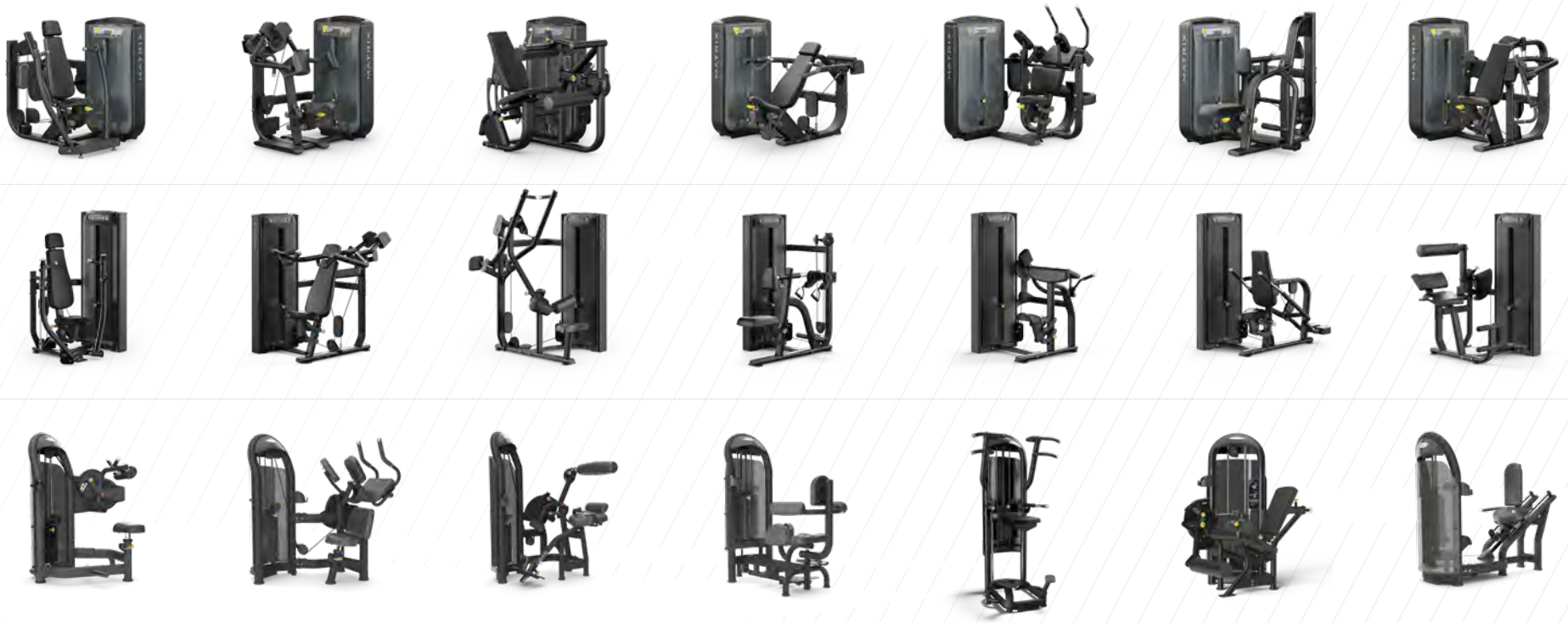
Powerful yet comfortable. Advanced functionality with intuitive operation. The industry's most durable components wrapped in breathtaking industrial design. The Ultra Series goes beyond your expectations of strength training equipment to earn and retain members like nothing else.

VERSA SERIES /

Bring your vision of fitness to life — our most versatile series gives you the options to build a strength training area that fits your space and the needs of your members in a beautifully precise way. The Versa Series incorporates advanced biomechanics for a natural, smooth, efficient workout experience.

AURA SERIES /

Superior styling made the Aura Series an instant classic. Signature features made it one of the most-imitated product lines in the industry. Choose the Aura Series, and you'll discover that beginners and fitness enthusiasts alike will be drawn to something that the competition can't imitate — an unmistakable aura of greatness.

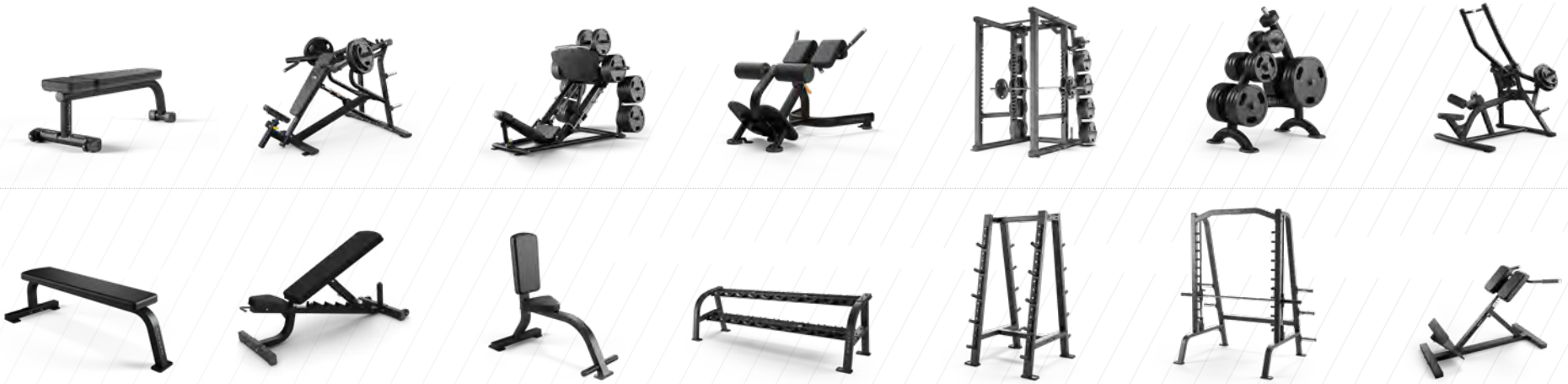


MAGNUM SERIES /

Born from a long tradition of premium performance, there's no better choice for professional athletes than the unrivaled performance and durability of the Magnum Series. Advanced options like Breaker Benches and MEGA Racks help athletes reach their potential, and the impeccable designs stand up to the most demanding environments.

G1 SERIES /

The G1 Series provides an ideal blend of value and variety for cost-conscious facilities. It offers a range of durable options with a classic look. From space-saving multi-station units to ever-popular benches, this series will meet your members' needs for years to come.



ULTRA SERIES /

THE ULTIMATE STRENGTH TRAINING EXPERIENCE



ULTRA SERIES /

The powerful and comfortable Ultra Series gives you the most advanced functionality with an intuitive design that couldn't be easier to operate. All Ultra Series equipment is designed for smooth converging and diverging movements to encourage a natural path of motion and enhance user comfort. Ultra Series also includes Action Specific Grips to reduce stress on contact points and a uniformly low stack height (122 cm / 48") to improve the aesthetic of your fitness center. Both durable and beautiful, the Ultra Series will exceed your expectations when it comes to earning and retaining members.



User Amenities All single-station units offer a convenient accessory pad, personal device holder and towel hook. **Independent Converging/Diverging Motion** Encourages a natural path of motion to enhance comfort. **Exercise Placards** Easy-to-read reference cards highlight targeted muscle groups and proper machine use.



ULTRA SERIES BASE /

A STREAMLINED STRENGTH TRAINING EXPERIENCE

With our streamlined, simplified Ultra Series Base option, nothing stands between your strength training enthusiasts and a superior workout. Like all Ultra Series equipment, our base option offers smooth converging and diverging movements to encourage a natural path of motion and enhance user comfort, plus a uniformly low stack height to improve the aesthetic of your fitness center. Ultra Series Base is also as beautiful as it is durable, so you can count on it to earn and retain members for years to come.



Also Available

ULTRA SERIES /

Upgrade to our full-featured Ultra Series for the ultimate strength training experience.



Feature Comparison

	ULTRA BASE	ULTRA
INDEPENDENT MOTION	✓	✓
CONVERGING/DIVERGING MOVEMENT	✓	✓
LOW WEIGHT STACK HEIGHT	✓	✓
BACK-TO-BACK DESIGN	✓	✓
BEAUTIFUL SILHOUETTE	✓	✓
APPROACHABILITY & COMFORT	✓	✓
INTELLIGENT TRAINING CONSOLE COMPATIBILITY		✓
REP COUNTER & TIMER		✓
ACTION SPECIFIC GRIPS		✓
INCREMENT WEIGHT SYSTEM		✓
DECORATIVE DESIGN ELEMENTS		✓



CONVERGING CHEST PRESS

Independent converging movement provides a natural path of motion • Adjustable back pad with gas assist facilitates easy range of motion changes • Integrated foot platform provides addition user stability and comfort during use • Designed for easy entry and exit • Available as Ultra Base G7-S21B and Ultra Base Heavy Stack G7-S21BH

	PRODUCT DIMENSIONS (L X W X H)						PRODUCT WEIGHT		WEIGHT STACK	
	CM			INCHES			KG	LBS	KG	LBS
G7-S13	168.5	141	135	66.3	55.4	53	348	768	108	240
G7-S13B	168.5	141	135	66.3	55.4	53	291	642	72	160
G7-S13BH	168.5	141	135	66.3	55.4	53	327	722	108	240



LATERAL RAISE

Oversized arm pads enhance comfort and accommodate a variety of users • Rotating handles provide natural motion • Available as Ultra Base G7-S21B and Ultra Base Heavy Stack G7-S21BH

	PRODUCT DIMENSIONS (L X W X H)						PRODUCT WEIGHT		WEIGHT STACK	
	CM			INCHES			KG	LBS	KG	LBS
G7-S21	105.5	150	135	41.5	59	53	281	620	90	200
G7-S21B	105.5	150	135	41.5	59	53	237	522.5	54	120
G7-S21BH	105.5	150	135	41.5	59	53	273	602.5	90	200

**Ultra base does not come with electronic rep counter.*



PEC FLY / REAR DELT

Rotating grips provide comfort and smooth movement during use • Angled back pad and delt grips enhance user comfort and improve biomechanics • Oversized handles reduce the need to adjust the seat position between rear deltoid and fly exercises • Heavy weight stack accommodates advanced users • Available as Ultra Base G7-S22B and Ultra Base Heavy Stack G7-S22BH

	PRODUCT DIMENSIONS (L X W X H)						PRODUCT WEIGHT		WEIGHT STACK	
	CM			INCHES			KG	LBS	KG	LBS
G7-S22	143.5	193.5	197	56.4	76.1	77.6	329	726	135	300
G7-S22B	**143.5**	**193.5**	**197**	**56.4**	**76.1**	**77.6**	**283.5**	**625**	**90**	**200**
G7-S22BH	**143.5**	**193.5**	**197**	**56.4**	**76.1**	**77.6**	**328.5**	**725**	**135**	**300**

**Ultra base does not come with electronic rep counter.*



CONVERGING SHOULDER PRESS

Independent converging movement provides a natural path of motion • Dual-position hand grips allow for greater training variety • Counterbalanced pressing arms provide reduced starting resistance • Reclining seat position allows for better posture and back support • Available as Ultra Base G7-S23B and Ultra Base Heavy Stack G7-S23BH

	PRODUCT DIMENSIONS (L X W X H)						PRODUCT WEIGHT		WEIGHT STACK	
	CM			INCHES			KG	LBS	KG	LBS
G7-S23	168	146.5	174	66.1	57.6	68.4	359	792	90	200
G7-S23B	168	146.5	174	66.1	57.6	68.4	241	531.5	54	120
G7-S23BH	168	146.5	174	66.1	57.6	68.4	277	611.5	90	200



DIVERGING LAT PULLDOWN

Independent diverging movement provides a natural path of motion • Angled seat encourages proper user position • Thigh pads and seat easily adjust to provide stability, comfort and improved ergonomics • Available as Ultra Base G7-S33B and Ultra Base Heavy Stack G7-S33BH

	PRODUCT DIMENSIONS (L X W X H)						PRODUCT WEIGHT		WEIGHT STACK	
	CM			INCHES			KG	LBS	KG	LBS
G7-S33	152	161	195	59.6	63.1	76.7	382	842	108	240
G7-S33B	152	161	195	59.6	63.1	76.7	307	677	72	160
G7-S33BH	152	161	195	59.6	63.1	76.7	343	757	108	240



DIVERGING SEATED ROW

Independent diverging movement provides a natural path of motion • Dual-position foot placement provide greater user comfort • Adjustable chest pad with gas shock accommodates a variety of users • Available as Ultra Base G7-S34B and Ultra Base Heavy Stack G7-S34BH

	PRODUCT DIMENSIONS (L X W X H)						PRODUCT WEIGHT		WEIGHT STACK	
	CM			INCHES			KG	LBS	KG	LBS
G7-S34	158	138.5	140.5	62.2	54.5	55.3	343	757	108	240
G7-S34B	158	138.5	140.5	62.2	54.5	55.3	290	639.5	72	160
G7-S34BH	158	138.5	140.5	62.2	54.5	55.3	326	719.5	108	240

**Ultra base does not come with electronic rep counter.*



INDEPENDENT BICEPS CURL

Unique pivoting elbow pads and rotating handles improve function, comfort and feel during use • Designed for easy entry and exit without chest compression from traditional machines • Elbow pad wear covers improve upholstery performance in high contact areas • Available as Ultra Base G7-S40B and Ultra Base Heavy Stack G7-S40BH

	PRODUCT DIMENSIONS (L X W X H)						PRODUCT WEIGHT		WEIGHT STACK	
	CM			INCHES			KG	LBS	KG	LBS
G7-S40	135	168	135	53	66.2	53	266	587	90	200
G7-S40B	135	168	135	53	66.2	53	236	520.5	68	150
G7-S40BH	135	168	135	53	66.2	53	258	570.5	90	200

**Ultra base does not come with electronic rep counter.*



DEPENDENT ARM CURL

Rotating Action Specific Grips provide greater comfort and minimal point pressure • Arm pad is angled for stability and limits unwanted shoulder movement during exercise • Elbow pad wear cover improves upholstery performance and durability in high contact areas • Color-coded pivot indicates correct elbow placement for optimal feel and performance • Available as Ultra Base G7-S41B and Ultra Base Heavy Stack G7-S41BH

	PRODUCT DIMENSIONS (L X W X H)						PRODUCT WEIGHT		WEIGHT STACK	
	CM			INCHES			KG	LBS	KG	LBS
G7-S41	149	106.5	135	59	42	53	225	496	90	200
G7-S41B	149	106.5	135	59	42	53	200	441	68	150
G7-S41BH	149	106.5	135	59	40	53	223	492	90	200



TRICEPS PRESS

Oversized rotating handles adapt to a wide variety of users and provide exercise variation • Angled back pad reduces stress, improves stabilization and enhances comfort • Available as Ultra Base G7-S42B and Ultra Base Heavy Stack G7-S42BH

	PRODUCT DIMENSIONS (L X W X H)						PRODUCT WEIGHT		WEIGHT STACK	
	CM			INCHES			KG	LBS	KG	LBS
G7-S42	124	121	135	48.8	47.7	53	305	673	120	265
G7-S42B	124	121	135	48.8	47.7	53	254.5	561	93	205
G7-S42BH	124	121	135	48.8	47.7	53	281.5	621	120	265



TRICEPS EXTENSION

Handles pivot to automatically adjust for varying forearm lengths • Padded hand rests provide a comfortable and stable pressing surface while reducing point pressure on the hands • Action Specific Grips provide greater comfort and tailored hand position for the movement • Color-coded pivot indicates correct elbow placement for optimal feel and performance • Foot pegs provide additional stability and support during heavy lifts • Available as Ultra Base G7-S45B and Ultra Base Heavy Stack G7-S45BH

	PRODUCT DIMENSIONS (L X W X H)						PRODUCT WEIGHT		WEIGHT STACK	
	CM			INCHES			KG	LBS	KG	LBS
G7-S45	144.5	106.5	135	57	42	53	243.5	537	81	180
G7-S45B	144.5	106.5	135	57	42	53	216.5	477.5	68	150
G7-S45BH	144.5	106.5	135	57	42	53	239.5	528	81	180

**Ultra base does not come with electronic rep counter.*



ABDOMINAL CRUNCH

Sculpted back pads allow for full muscular contraction • Dual-supported pivoting design fosters a natural abdominal crunch motion • Self-aligning handles adjust to accommodate a variety of users, and elbow pad covers protect the upholstery at touchpoints • Available as Ultra Base G7-S51B and Ultra Base Heavy Stack G7-S51BH

	PRODUCT DIMENSIONS (L X W X H)						PRODUCT WEIGHT		WEIGHT STACK	
	CM			INCHES			KG	LBS	KG	LBS
G7-S51	139	121	147	54.6	47.5	57.9	290	640	108	240
G7-S51B	139	121	147	54.6	47.5	57.9	247	544.5	72	160
G7-S51BH	139	121	147	54.6	47.5	57.9	283	624.5	108	240

**Ultra base does not come with electronic rep counter.*



BACK EXTENSION

Multi-position foot placement accommodates a variety of users • Thumb-switch controls allow easy adjustments • Contoured back pad enhances user comfort and provides additional support • Available as Ultra Base G7-S52B and Ultra Base Heavy Stack G7-S52BH

	PRODUCT DIMENSIONS (L X W X H)						PRODUCT WEIGHT		WEIGHT STACK	
	CM			INCHES			KG	LBS	KG	LBS
G7-S52	145	120	135	57.2	47.3	53	319	704	108	240
G7-S52B	145	120	135	57.2	47.3	53	262	578	72	160
G7-S52BH	145	120	135	57.2	47.3	53	298	658	108	240



ROTARY TORSO

Kneeling position minimizes low-back stress while stretching hip flexors • Contoured knee pads with wear covers enhance comfort, stability and durability • Oversized handlebars accommodate a variety of users without adjustment • Knee pad wear cover improves upholstery performance in high contact areas • Range of motion feature with 8 different start positions adds greater versatility • Available as Ultra Base G7-S55B and Ultra Base Heavy Stack G7-S55BH

	PRODUCT DIMENSIONS (L X W X H)						PRODUCT WEIGHT		WEIGHT STACK	
	CM			INCHES			KG	LBS	KG	LBS
G7-S55	117	123	141	45.8	48.2	55.2	232	512	90	200
G7-S55B	117	123	141	45.8	48.2	55.2	202	445	68	150
G7-S55BH	117	123	141	45.8	48.2	55.2	224	495	90	200



LEG PRESS

Angled and adjustable seat carriage enhances comfort • Ergonomic adjustment handle and gas shock enable simple changes in start position • Oversized foot platform increases movement variety including calf exercises • Integrated assistance handle enables easy exit and entry • Guide rod and bearing-designed carriage improves long-term durability and smooth performance • Available as Ultra Base G7-S70B and Ultra Base Heavy Stack G7-S70BH

	PRODUCT DIMENSIONS (L X W X H)						PRODUCT WEIGHT		WEIGHT STACK	
	CM			INCHES			KG	LBS	KG	LBS
G7-S70	206	113	152	80.9	44.3	59.9	436	962	180	400
G7-S70B	206	113	152	80.9	44.3	59.9	395	871	135	300
G7-S70BH	206	113	152	80.9	44.3	59.9	440	971	180	400

**Ultra base does not come with electronic rep counter.*



LEG EXTENSION

Self-adjusting tibia pad for greater ease of use • Soft contoured knee pad provides optimal comfort behind user's knee during use • Thumb-switch controls and ergonomic adjustment handle allow easy user setup • Angled seat and back pads encourage full quadriceps contraction • Pivot location clearly marked to encourage correct knee alignment • Available as Ultra Base G7-S71B and Ultra Base Heavy Stack G7-S71BH

	PRODUCT DIMENSIONS (L X W X H)						PRODUCT WEIGHT		WEIGHT STACK	
	CM			INCHES			KG	LBS	KG	LBS
G7-S71	152.4	125.9	135	60	49.6	53	304	671	108	240
G7-S71B	152.4	125.9	135	60	49.6	53	253	558	72	160
G7-S71BH	152.4	125.9	135	60	49.6	53	289	638	108	240

**Ultra base does not come with electronic rep counter.*



SEATED LEG CURL

Back pad, tibia pad and range-of-motion adjustments are easily accessible from a seated position • Angled seat and unique pivot location encourage full hamstring contraction • Gas-assisted adjustable thigh pad and thumb switch control allow easy user setup • Soft contoured thigh pad provides optimal comfort during use • Available as Ultra Base G7-S72B and Ultra Base Heavy Stack G7-S72BH

	PRODUCT DIMENSIONS (L X W X H)						PRODUCT WEIGHT		WEIGHT STACK	
	CM			INCHES			KG	LBS	KG	LBS
G7-S72	148.5	117	135	58.4	46	53	320	706	90	200
G7-S72B	148.5	117	135	58.4	46	53	282	622	68	150
G7-S72BH	148.5	117	135	58.4	46	53	304	672	90	200



PRONE LEG CURL

Contoured elbow pads enhance stabilization and comfort • Divergent pad angle eliminates lower-back stress • Integrated sweat guard protects frame from damage • Thumb-switch controls allow easy adjustments • Available as Ultra Base G7-S73B and Ultra Base Heavy Stack G7-S73BH

	PRODUCT DIMENSIONS (L X W X H)						PRODUCT WEIGHT		WEIGHT STACK	
	CM			INCHES			KG	LBS	KG	LBS
G7-S73	173	112	135	68	44	53	280	618	90	200
G7-S73B	173	112	135	68	44	53	239.5	528	68	150
G7-S73BH	173	112	135	68	44	53	261.5	578	90	200



HIP ADDUCTOR

Ergonomic adjustment handle enables simple changes in start position • Foot pegs and contoured knee pads provide user stabilization and support • Adjustable reclining position offers customized lumbar comfort • Integrated foot platform allows easy exit and entry • Available as Ultra Base G7-S74B and Ultra Base Heavy Stack G7-S74BH

	PRODUCT DIMENSIONS (L X W X H)						PRODUCT WEIGHT		WEIGHT STACK	
	CM			INCHES			KG	LBS	KG	LBS
G7-S74	182	173	135	71.6	67.8	53	272	600	90	200
G7-S74B	182	173	135	71.6	67.8	53	241	531.5	68	150
G7-S74BH	182	173	135	71.6	67.8	53	263	581.5	90	200

**Ultra base does not come with electronic rep counter.*



HIP ABDUCTOR

Ergonomic adjustment handle enables simple changes in start position • Foot pegs and contoured knee pads provide user stabilization and support • Adjustable reclining position offers customized lumbar comfort • Integrated foot platform allows easy exit and entry • Available as Ultra Base G7-S75B and Ultra Base Heavy Stack G7-S75BH

	PRODUCT DIMENSIONS (L X W X H)						PRODUCT WEIGHT		WEIGHT STACK	
	CM			INCHES			KG	LBS	KG	LBS
G7-S75	182	173	135	71.6	68	53	277	611	90	200
G7-S75B	182	173	135	71.6	68	53	241	531.5	68	150
G7-S75BH	182	173	135	71.6	68	53	263	581.5	90	200

**Ultra base does not come with electronic rep counter.*



CALF EXTENSION

Angled seat position provides greater lumbar support • Ergonomic adjustment handle enables simple changes in start position • Range-of-motion adjustment accommodates a variety of users and start positions • Guide rod and bearing-designed carriage improves long-term durability and smooth performance • Available as Ultra Base G7-S77B and Ultra Base Heavy Stack G7-S77BH

	PRODUCT DIMENSIONS (L X W X H)						PRODUCT WEIGHT		WEIGHT STACK	
	CM			INCHES			KG	LBS	KG	LBS
G7-S77	169	120	150	66.5	47.2	59	291	642	180	400
G7-S77B	169	120	150	66.5	47.2	59	257	567	135	300
G7-S77BH	169	120	150	66.5	47.2	59	302	667	180	400



GLUTE

Upright user position increases comfort and machine approachability • Rotating foot pad provides stable and smooth contact throughout the full range of motion • Oversized foot platform bolsters stability • Adjustable chest pad accommodates a variety of users • Available as Ultra Base G7-S78B and Ultra Base Heavy Stack G7-S78BH

	PRODUCT DIMENSIONS (L X W X H)						PRODUCT WEIGHT		WEIGHT STACK	
	CM			INCHES			KG	LBS	KG	LBS
G7-S78	200.5	90	156	79	35.3	61.5	239	527	63	140
G7-S78B	200.5	90	156	79	35.3	61.5	215	474	54	120
G7-S78BH	200.5	90	156	79	35.3	61.5	224	494	63	140

**Ultra base does not come with electronic rep counter.*

ULTRA STANDARD FRAME AND UPHOLSTERY COLORS

The standard frame color is specific per region. Please contact your Anytime Fitness Country Master Franchise contact or Matrix Fitness Sales Representative.

Matte Black frames

Obsidian Black – Upholstery



NOTE: All specifications are subject to change without notice. Actual products may differ from those pictured in this catalog. Actual product colors may vary from what is shown here.



VERSA SERIES /

THE POWER OF CHOICE IN STRENGTH TRAINING



VERSA SERIES /

The Versa Series offers a wide range of options so you can assemble a collection just right for your space, members and budget. Count on the Versa Series for a mix of advanced biomechanics and smart options that will bring your vision of fitness to life.





CONVERGING CHEST PRESS

Independent converging movement provides a natural path of motion • Designed for easy entry and exit • Adjustable start position facilitates increased range of motion

	PRODUCT DIMENSIONS (L X W X H)						PRODUCT WEIGHT		WEIGHT STACK	
	CM			INCHES			KG	LBS	KG	LBS
VS-S13	139.3	134.7	160.8	54.9	53	63.3	230	508	72	160
VS-S13H	139.3	134.7	160.8	54.9	53	63.3	262	578	104	230



PEC FLY / REAR DELT

Designed to focus on major upper-body muscles, it features oversized grips to accommodate users of all sizes • Forward-facing user position makes every rep more comfortable and natural

	PRODUCT DIMENSIONS (L X W X H)						PRODUCT WEIGHT		WEIGHT STACK	
	CM			INCHES			KG	LBS	KG	LBS
VS-S22	150.5	169	167.1	59.2	66.5	65.8	224	492	68	150
VS-S22H	150.5	169	167.1	59.2	66.5	65.8	256	542	90	200



CONVERGING SHOULDER PRESS

Independent converging movement provides a natural path of motion • Dual-position hand grips allow for greater training variety • Counterbalanced pressing arms provide reduced starting resistance

	PRODUCT DIMENSIONS (L X W X H)						PRODUCT WEIGHT		WEIGHT STACK	
	CM			INCHES			KG	LBS	KG	LBS
VS-S23	171	143.7	203.6	67.3	56.6	80.1	245	538	72	160
VS-S23H	171	143.7	203.6	67.3	56.6	80.1	276	608	104	230



DIVERGING LAT PULLDOWN

Independent diverging movement provides a natural path of motion • Angled seat encourages proper user position • Thigh pad easily adjusts for stability and comfort

	PRODUCT DIMENSIONS (L X W X H)						PRODUCT WEIGHT		WEIGHT STACK	
	CM			INCHES			KG	LBS	KG	LBS
VS-S33	155.4	150.1	187.9	61.2	59.1	74	292	642	72	160
VS-S33H	155.4	150.1	187.9	61.2	59.1	74	331	729	104	230



DIVERGING SEATED ROW

Independent cable movement provides a user-defined path of motion and exercise variety • Adjustable chest pad accommodates users of all sizes • Rotating grips provide maximum comfort and ergonomic hand positioning throughout the range of motion • Integrated foot pegs provide added support during heavy lifts

	PRODUCT DIMENSIONS (L X W X H)						PRODUCT WEIGHT		WEIGHT STACK	
	CM			INCHES			KG	LBS	KG	LBS
VS-S34	137.8	99.4	160.8	54.2	39.1	63.3	214	471	72	160
VS-S34H	137.8	99.4	160.8	54.2	39.1	63.3	246	541	104	230



BICEPS CURL

Arm pad is angled for stability and limits unwanted shoulder movement during exercise • Optimized pivot location creates biomechanically correct range of motion

	PRODUCT DIMENSIONS (L X W X H)						PRODUCT WEIGHT		WEIGHT STACK	
	CM			INCHES			KG	LBS	KG	LBS
VS-S40	121.8	127	160.8	48	50	63.3	216	475	68	150
VS-S40H	121.8	127	160.8	48	50	63.3	239	525	90	200



TRICEPS PRESS

Rotating handles adapt to users of all sizes • Angled back pad reduces stress, improves stabilization and enhances comfort

	PRODUCT DIMENSIONS (L X W X H)						PRODUCT WEIGHT		WEIGHT STACK	
	CM			INCHES			KG	LBS	KG	LBS
VS-S42	157.7	107.5	160.8	62.1	42.3	63.3	256	564	72	160
VS-S42H	157.7	107.5	160.8	62.1	42.3	63.3	288	634	104	230



BACK EXTENSION

Multi-position foot placement accommodates a variety of users • Contoured back pad enhances comfort

	PRODUCT DIMENSIONS (L X W X H)						PRODUCT WEIGHT		WEIGHT STACK	
	CM			INCHES			KG	LBS	KG	LBS
VS-S52	133.5	126.4	160.8	52.6	49.8	63.3	227	500	72	160
VS-S52H	133.5	126.4	160.8	52.6	49.8	63.3	259	570	104	230



ABDOMINAL

3-position design trains abdominals and obliques for added exercise variety and core rotation • Ergonomic back pad improves range of motion and enhances comfort

	PRODUCT DIMENSIONS (L X W X H)						PRODUCT WEIGHT		WEIGHT STACK	
	CM			INCHES			KG	LBS	KG	LBS
VS-S53	136.6	141.4	160.8	53.8	55.7	63.3	197	433	72	160
VS-S53H	136.6	141.4	160.8	53.8	55.7	63.3	229	503	104	230



LEG PRESS/CALF PRESS

One-handed start adjustment for ease of use • Gas-assisted foot platform provides smoother adjustments • Assistance handle and low step-over height offer easy access • Foot plate identifies user foot position with unique visual indicators

	PRODUCT DIMENSIONS (L X W X H)						PRODUCT WEIGHT		WEIGHT STACK	
	CM			INCHES			KG	LBS	KG	LBS
VS-S70	232.4	102.4	160.8	91.5	40.3	63.3	361	795	188	415
VS-S70H	232.4	102.4	160.8	91.5	40.3	63.3	361	795	188**	415**



LEG EXTENSION

Angled seat and back pads encourage full quadriceps contraction • Self-adjusting tibia pad enhances comfort • Pivot location is clearly marked to encourage correct alignment • Back pad ratchets forward for easy adjustment from seated position

	PRODUCT DIMENSIONS (L X W X H)						PRODUCT WEIGHT		WEIGHT STACK	
	CM			INCHES			KG	LBS	KG	LBS
VS-S71	183.5	128.9	160.8	72.3	50.7	63.3	243	536	72	160
VS-S71H	183.5	128.9	160.8	72.3	50.7	63.3	275	606	104	230



SEATED LEG CURL

Angled seat and unique pivot location encourage full hamstring contraction • Tibia pad and range-of-motion adjustments are easily accessible from seated position • Back pad ratchets forward for easy adjustment from seated position • Adjustable thigh pad provides stabilization during exercise

	PRODUCT DIMENSIONS (L X W X H)						PRODUCT WEIGHT		WEIGHT STACK	
	CM			INCHES			KG	LBS	KG	LBS
VS-S72	176.9	113.3	160.8	69.7	44.6	63.3	253	556	68	150
VS-S72H	176.9	113.3	160.8	69.7	44.6	63.3	275	606	90	200



HIP ABDUCTOR / ADDUCTOR

Transitions smoothly from one exercise to the other • Clearly indicated adjustment points make it easy for virtually anyone to get comfortable and get started • Includes a reclined position to maximize lumbar support during workouts

	PRODUCT DIMENSIONS (L X W X H)						PRODUCT WEIGHT		WEIGHT STACK	
	CM			INCHES			KG	LBS	KG	LBS
VS-S74	169.6	159.1	167.1	66.8	62.6	65.8	235	516	72	160
VS-S74H	169.6	159.1	167.1	66.8	62.6	65.8	266	586	104	230



GLUTE

Adjustable chest pad accommodates users of all sizes • Low step-height stabilization platform allows for ease of use • Upright user position, contoured elbow pads and large foot pad enhance comfort

	PRODUCT DIMENSIONS (L X W X H)						PRODUCT WEIGHT		WEIGHT STACK	
	CM			INCHES			KG	LBS	KG	LBS
VS-S78	177.8	99.9	160.8	70	39.3	63.3	185	409	68	150
VS-S78H	177.8	99.9	160.8	70	39.3	63.3	185	409	68**	150**

VERSA DUALS /

MORE FUNCTION, LESS SPACE

The expanded versatility of our dual stations makes it easy to create a weight-training collection just right for your space, your budget and the people you serve. By mixing and matching a range of our two-in-one stations, you can make the most of your floor space while providing a complete strength training experience. Intuitive adjustment, incremental weight control and clearly illustrated placards make it easy for users of all ability levels to smoothly transition from one exercise to the next, while ergonomic design adds comfort to every workout. Choose from eight dual-station units, and complete your offering with more Versa single-station units.







*Product shown in Versa+



MULTI PRESS

Designed for easy entry and exit • Dual-position grips provide excellent training variety • Clearly indicated adjustment points for easy use, a reclined position to maximize lumbar support and elevated footrests for superior stability and comfort during heavy lifts

	PRODUCT DIMENSIONS (L X W X H)						PRODUCT WEIGHT		WEIGHT STACK	
	CM			INCHES			KG	LBS	KG	LBS
VS-S131	154.3	157.2	199.9	60.7	61.9	78.7	236	520	72	160
VS-S131H	154.3	157.2	199.9	60.7	61.9	78.7	268	590	104	230



LAT PULLDOWN / SEATED ROW

Thigh pad easily adjusts to provide stability and comfort • Elevated foot rests provide stability and comfort during heavy lifts • Stainless-steel cable guides provide added protection for lasting durability • Clearly indicated adjustments for ease of use

	PRODUCT DIMENSIONS (L X W X H)						PRODUCT WEIGHT		WEIGHT STACK	
	CM			INCHES			KG	LBS	KG	LBS
VS-S331	180.5	157.9	226.3	71.1	62.2	89.1	246	543	72	160
VS-S331H	180.5	157.9	226.3	71.1	62.2	89.1	278	613	104	230



BICEPS / TRICEPS

Compact design minimizes floor space • Stainless-steel cable guides provide added protection for lasting durability • Large foot platform provides stability

	PRODUCT DIMENSIONS (L X W X H)						PRODUCT WEIGHT		WEIGHT STACK	
	CM			INCHES			KG	LBS	KG	LBS
VS-S401	166.6	124.7	226.2	65.6	49.1	89.1	214	472	68	150
VS-S401H	166.6	124.7	226.2	65.6	49.1	89.1	237	522	90	200



AB / LOW BACK

Angled seat and lumbar pad enhance user comfort • Multi-position foot placement accommodates a variety of users • Low handle positions offer easy entry and exit and provide stability • Clearly indicated adjustments for ease of use

	PRODUCT DIMENSIONS (L X W X H)						PRODUCT WEIGHT		WEIGHT STACK	
	CM			INCHES			KG	LBS	KG	LBS
VS-S531	132.2	131.5	160.8	52.1	51.8	63.3	231	509	72	160
VS-S531H	132.2	131.5	160.8	52.1	51.8	63.3	263	579	104	230



CHIN / DIP ASSIST

Multi-position pull-up handles offer exercise variety, and ideally angled dip grips encourage proper wrist placement and muscle variation • The gas-assisted knee platform even folds up for unassisted bodyweight exercises • Clearly indicated, conveniently located adjustment points make use intuitive and provide users with a hard stop to help prevent injury • Knee platform features a protective top pad for stability, while the large, textured foot platforms make it easy to get on and off

	PRODUCT DIMENSIONS (L X W X H)						PRODUCT WEIGHT		WEIGHT STACK	
	CM			INCHES			KG	LBS	KG	LBS
VS-S601	142.8	152.8	219.7	56.2	60.2	86.5	307	676	68	150



LEG EXTENSION / LEG CURL

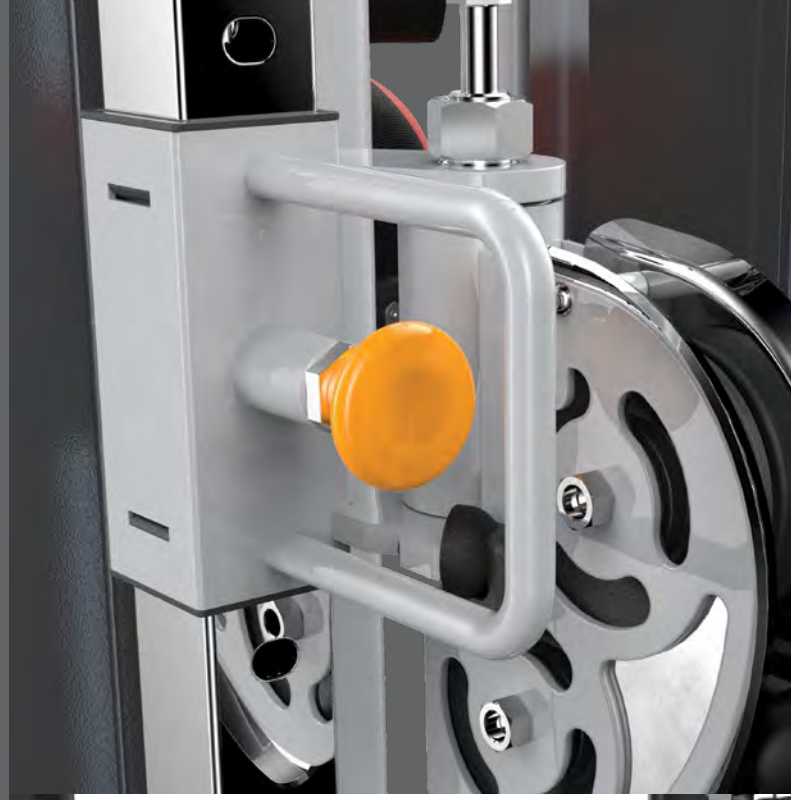
Angled pads and ideal pivot location promote full muscle contraction and alignment for both exercises • Dual-action CAM enables a smooth transition between exercises and prevents cable slack • Adjustments are easily performed in the seated position • Back pad ratchets forward for easy adjustment from the seated position • Clearly indicated adjustments for ease of use

	PRODUCT DIMENSIONS (L X W X H)						PRODUCT WEIGHT		WEIGHT STACK	
	CM			INCHES			KG	LBS	KG	LBS
VS-S711	177.6	118.3	160.8	69.9	46.6	63.3	251	554	72	160
VS-S711H	177.6	118.3	160.8	69.9	46.6	63.3	283	624	104	230

VERSA FUNCTIONAL TRAINER /

SPACE-SAVING VERSATILITY

The smart design of our functional trainer provides a remarkable range of exercise options in a space-saving footprint. Incremental weight adjustment and a 1:2 pulley ratio make it easy to control exercise intensity and create progressions right for everyone from deconditioned users to elite athletes. Everything about our functional trainer — from the multi-grip pull-up bar to the color-coded adjustment points to the professionally illustrated exercise placards — offers intuitive operation for users and trainers alike. Optional storage makes it easy to organize and stow accessories for instant access, and the completely enclosed design protects the unit's moving parts while creating a solid, cohesive aesthetic on your floor.







** Accessories not included.*

FUNCTIONAL TRAINER

Multi-position pull-up handles for greater exercise variety • Fully enclosed weight stacks protect the machine's internal components • Enhanced placards highlight targeted muscle groups and proper user positioning for a wide range of exercises • One-handed pulley adjustment offers easy operation • Frame guards protect against chips and scratches • Clearly indicated adjustments for ease of use • Compact design accommodates placement in spaces with ceilings as low as 2.4 m / 8' • 76 cm / 30" connection provides ample storage for functional training accessories • 1:2 pulley ratio provides smooth operation • Standard effective resistance 34 kg / 75 lbs. (per side) • Also available: VS-VFT-S18 Functional Trainer with 46 cm / 18" connection to accommodate optional training handles • Optional: VS-VFT60 heavy stack for added 13.6 kg / 30 lbs. of resistance per side for 47.6 kg / 105 lbs. effective resistance • Optional accessory: VS-FTHP handle package includes four training handles (v-bar, curl bar, ropes, ankle strap) • Optional: VS-FTIW 2.2 kg / 5 lb. increment weight (effective resistance 1.1 kg / 5lb.)

	PRODUCT DIMENSIONS (L X W X H)						PRODUCT WEIGHT		WEIGHT STACK	
	CM			INCHES			KG	LBS	KG	LBS
VS-VFT-S18	111.8	160.0	237.6	44.0	63	93.5	355	782	68	150
VS-VFT-S30	122.7	145.8	237.6	48.3	57.4	93.5	369	814	68	150
VS-VFT-S18 + VS-VFT60	111.8	160.0	237.6	44.0	63	93.5	409	902	95	210
VS-VFT-S30 + VS-VFT60	122.7	145.8	237.6	48.3	57.4	93.5	424	934	95	210

VERSA STANDARD FRAME AND UPHOLSTERY COLORS

The standard frame color is specific per region. Please contact your Anytime Fitness Country Master Franchise contact or Matrix Fitness Sales Representative.

Matte Black frames

Obsidian Black – Upholstery

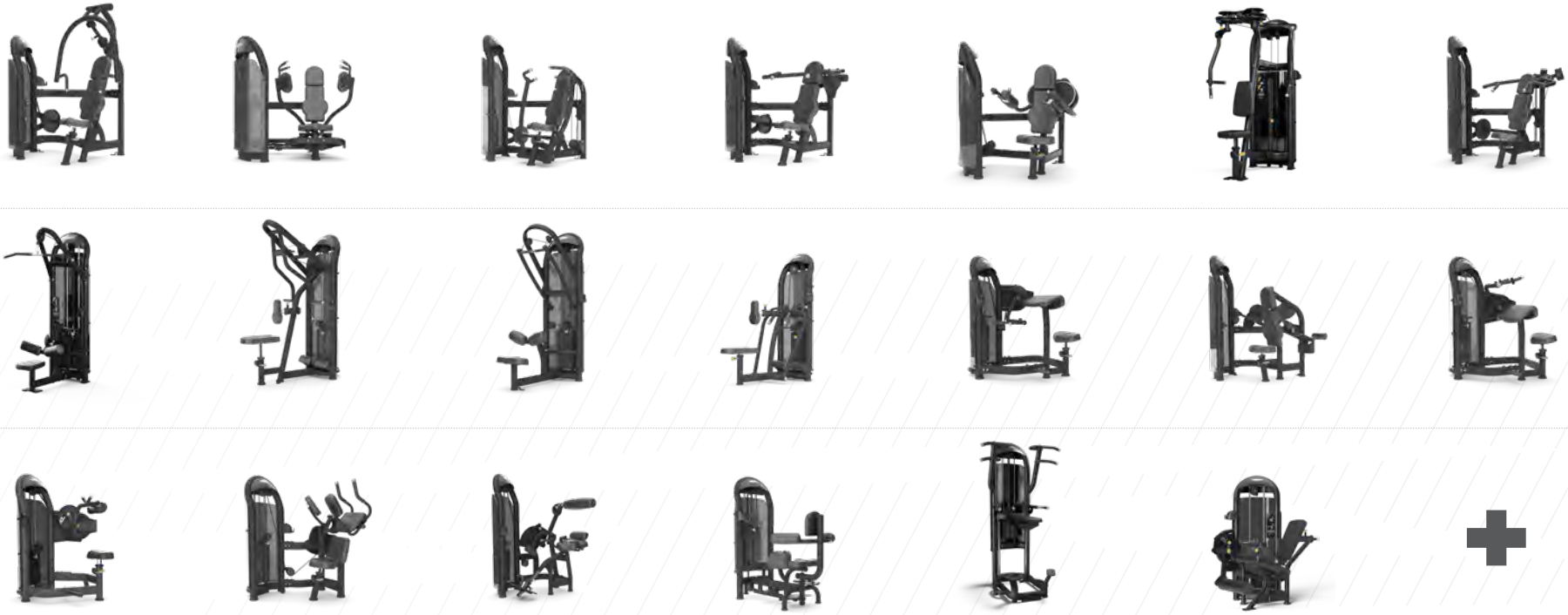


NOTE: All specifications are subject to change without notice. Actual products may differ from those pictured in this catalog. Actual product colors may vary from what is shown here.


ChestPress
MATRIX

AURA SERIES /

THE STANDARD IN PERFORMANCE AND DESIGN



AURA SERIES /

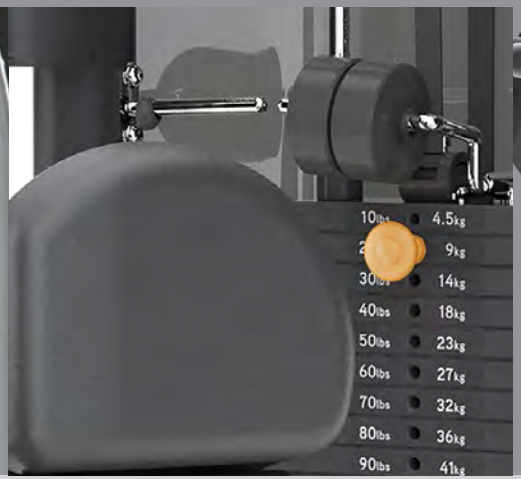
A superior blend of features and sophistication, the Aura Series appeals to fitness enthusiasts of all kinds. Independent converging and diverging motions on select units provide a natural resistance movement that feels smooth and natural. Ergo Form cushions ensure proper body alignment and support while introducing an extra touch of style. In addition to offering a unique aesthetic distinction that attracts users, our round-tube construction with automotive-quality powder-coat finish provides lasting strength and durability.



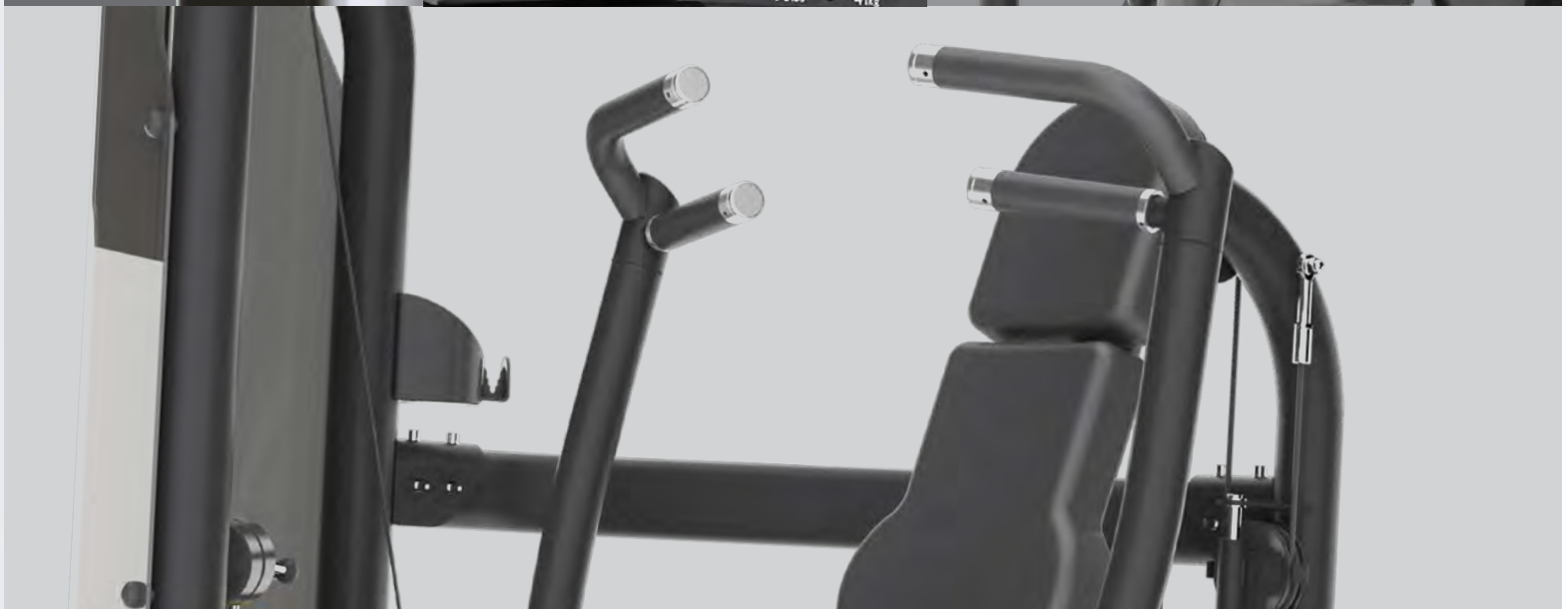
Frame and Finish Attractive round-tube construction provides unmatched strength, and automotive-quality finish is highly resistant to chips and scratches. **Bottle and Towel Holder** Conveniently positioned to prevent spills and clutter on your floor. **Color-Coded Exercise Placards** Easy-to-read reference cards highlight targeted muscle groups and proper machine use. **Ergo Form Cushions** Uniquely attractive design ensures proper body alignment and support. **Incremental Weights** Easy to access and reference from the seated position. **Converging/Diverging Motion** Encourages a natural path of motion to enhance comfort.











4-STACK MULTI-STATION

The Aura 4 Stack features Lat Pulldown,
Low Row, Tricep Extension, Adjustable Pulley

	PRODUCT DIMENSIONS (L X W X H)						PRODUCT WEIGHT		WEIGHT STACK	
	CM			INCHES			KG	LBS	KG	LBS
G3-MS40	167.8	369.8	252	66.1	145.6	99.2	998	2200	2 X 91 2 X 134	2 X 200 2 X 295





5-STACK MULTI-STATION

The Aura 5-Stack for Anytime Fitness features a Cable Crossover that includes two Adjustable Pulleys connected by a crossover bar with integrated pullup bar and grips, a Lat Pulldown, a Low Row and Triceps Press.

	PRODUCT DIMENSIONS (L X W X H)						PRODUCT WEIGHT		WEIGHT STACK	
	CM			INCHES			KG	LBS	KG	LBS
G3-MS50	481.5	369.8	251.7	189.6	145.6	99.1	1197	2640	3 X 91 2 X 134	3 X 200 2 X 295



8-STACK MULTI-STATION

The Aura 8-Stack for Anytime Fitness features a Cable Crossover with two Adjustable Pulleys connected by a crossover bar with integrated pullup bar and grips, two Lat Pulldowns, two Low Rows, a Triceps Press and an additional Adjustable Pulley.

	PRODUCT DIMENSIONS (L X W X H)						PRODUCT WEIGHT		WEIGHT STACK	
	CM			INCHES			KG	LBS	KG	LBS
G3-MS80	561.3	370.9	251.7	221	146	99.1	1996	4400	4 X 91 4 X 134	4 X 200 4 X 295



FUNCTIONAL TRAINER

1:4 pulley ratio offers low starting resistance and high-speed movements • Available with 132-kg / 290-lb. or 177-kg / 390-lb. stacks • Standard swiveling accessory station includes 10 attachments • Multi-grip-position pull-up handles with unique rock-climbing attachment • Integrated fold-away step offers easy access • G3-MSFT300 effective resistance: 32.9-kg / 72.5-lbs. (per side) • G3-MSFT400 effective resistance: 44.2-kg / 97.5-lbs. (per side)

	PRODUCT DIMENSIONS (L X W X H)						PRODUCT WEIGHT		WEIGHT STACK	
	CM			INCHES			KG	LBS	KG	LBS
G3-MSFT300	169.2	130.2	234.4	66.6	51.2	92.3	601	1324	2 X 131	2 X 290
G3-MSFT400	169.2	130.2	234.4	66.6	51.2	92.3	697	1537	2 X 176	2 X 390



Flanged pulley housing

ADJUSTABLE CABLE CROSSOVER

Widely spaced, dual-adjustable pulleys offer exercise variety • Pull-up bar with both lat and neutral grips provide hand placement options • One-handed adjustment makes operation easy • Flanged pulley housing minimizes cable wear and increases durability • 1:2 pulley ratio provides smooth operation

	PRODUCT DIMENSIONS (L X W X H)						PRODUCT WEIGHT		WEIGHT STACK	
	CM			INCHES			KG	LBS	KG	LBS
G3-MS20	397.4	90	239.6	156.5	35.4	94.3	399	880	2 X 91	2 X 200





ADJUSTABLE PULLEY

Single-handed height adjustment offers easy use • 1:2 pulley ratio provides smooth movement and smaller incremental weight changes • Balance bar adds support during exercise • Includes water bottle holder and towel hook • Modular design is easily customized to your space

	PRODUCT DIMENSIONS (L X W X H)						PRODUCT WEIGHT		WEIGHT STACK	
	CM			INCHES			KG	LBS	KG	LBS
G3-MS24	68	70	240	27	28	94.5	181	398.5	91	200



LAT PULLDOWN

Two independent cables add training variety • Pivoting knee pad allows for quick and easy adjustments • Includes water bottle holder and towel hook • Modular design is easily customized to your space

	PRODUCT DIMENSIONS (L X W X H)						PRODUCT WEIGHT		WEIGHT STACK	
	CM			INCHES			KG	LBS	KG	LBS
G3-MS51	140	120	252	55	47.5	99.5	252	556	134	295



TRICEPS PRESSDOWN

Swiveling top pulley enhances durability • 1:1 pulley ratio allows for heavy training • Additional stability pad enhances comfort • Includes water bottle holder and towel hook • Modular design is easily customized to your space

	PRODUCT DIMENSIONS (L X W X H)						PRODUCT WEIGHT		WEIGHT STACK	
	CM			INCHES			KG	LBS	KG	LBS
G3-MS52	85	59	240	33.5	23.5	94.5	171.5	377.5	91	200



LOW ROW

Two independent cables add training variety • Pivoting knee pad allows for quick and easy adjustments • Includes water bottle holder and towel hook • Modular design is easily customized to your space

	PRODUCT DIMENSIONS (L X W X H)						PRODUCT WEIGHT		WEIGHT STACK	
	CM			INCHES			KG	LBS	KG	LBS
G3-MS53	230	71	240	91	28	94.5	260	573	134	295



CONVERGING CHEST PRESS

Independent converging motion arms • Dual hand-grip positions provide greater training variety • Designed for easy entry and exit

	PRODUCT DIMENSIONS (L X W X H)						PRODUCT WEIGHT		WEIGHT STACK	
	CM			INCHES			KG	LBS	KG	LBS
G3-S13	128.3	155.1	174.8	50.5	61.1	68.8	293	645	113	250



LATERAL RAISE

Independent arm action ensures balanced exercise • Handles pivot to accommodate users of all sizes

	PRODUCT DIMENSIONS (L X W X H)						PRODUCT WEIGHT		WEIGHT STACK	
	CM			INCHES			KG	LBS	KG	LBS
G3-S21	154.2	152.4	150.6	60.7	60	59.3	271	597	91	200



REAR DELT / FLY

User arms pivot to accommodate individual forearm lengths and varying paths of motion • Optimized handle positions reduce the need to adjust the seat position between rear deltoid and fly exercises

	PRODUCT DIMENSIONS (L X W X H)						PRODUCT WEIGHT		WEIGHT STACK	
	CM			INCHES			KG	LBS	KG	LBS
G3-S22	136.8	191.6	204.3	53.9	75.4	80.4	294	648	134	295



CONVERGING SHOULDER PRESS

Independent converging motion arms • Pressing arm includes both standard and neutral grips for user preference • Oversized hand grips provide greater comfort and variety

	PRODUCT DIMENSIONS (L X W X H)						PRODUCT WEIGHT		WEIGHT STACK	
	CM			INCHES			KG	LBS	KG	LBS
G3-S23	153.8	149.3	173.6	60.6	58.8	68.4	251	553	91	200



LAT PULLDOWN

Two independent cables add training variety • Pivoting knee pad allows for quick and easy adjustments • Includes water bottle holder and towel hook • Modular design is easily customized to your space

	PRODUCT DIMENSIONS (L X W X H)						PRODUCT WEIGHT		WEIGHT STACK	
	CM			INCHES			KG	LBS	KG	LBS
G3-S30	146.4	119.6	221.7	57.6	47.1	87.3	250	551	134	295



DIVERGING LAT PULLDOWN

Independent diverging motion arms • Angled seat cues optimal user position • Thigh pads easily adjust to provide both stability and comfort

	PRODUCT DIMENSIONS (L X W X H)						PRODUCT WEIGHT		WEIGHT STACK	
	CM			INCHES			KG	LBS	KG	LBS
G3-S33	146.7	88.4	211.7	57.8	34.8	83.3	237	527	113	250



DIVERGING SEATED ROW

Independent diverging motion arms • Dual-position hand grips provide greater training variety

	PRODUCT DIMENSIONS (L X W X H)						PRODUCT WEIGHT		WEIGHT STACK	
	CM			INCHES			KG	LBS	KG	LBS
G3-S34	154.4	87.9	198.7	60.8	34.6	78.2	259	570	113	250



ARM CURL

Arm pad is angled for stability and limits unwanted shoulder movement during exercise • Angled rotating hand grips ensure optimal wrist position

	PRODUCT DIMENSIONS (L X W X H)						PRODUCT WEIGHT		WEIGHT STACK	
	CM			INCHES			KG	LBS	KG	LBS
G3-S40	122	108.6	150.6	48.1	42.8	59.3	228	502	91	200



TRICEPS PRESS

Rotating handles adapt to users of all sizes • Over-molded grips ensure a secure, non-slip feel • Angled back pad reduces stress, improves stabilization and enhances comfort

	PRODUCT DIMENSIONS (L X W X H)						PRODUCT WEIGHT		WEIGHT STACK	
	CM			INCHES			KG	LBS	KG	LBS
G3-S42	158.8	128	173.6	62.5	50.4	68.4	261	575	91	200



ABDOMINAL

Hand grips and contoured-edge chest pad enhance comfort • Adjustable resistance arm allows users to determine their own starting positions

	PRODUCT DIMENSIONS (L X W X H)						PRODUCT WEIGHT		WEIGHT STACK	
	CM			INCHES			KG	LBS	KG	LBS
G3-S50	137	94	150	54	37	59	184	405	68	150



ABDOMINAL CRUNCH

Dual axis of rotation enhances user feel for a natural crunch movement and muscle contraction • Seat and handle positions enhance user stability

	PRODUCT DIMENSIONS (L X W X H)						PRODUCT WEIGHT		WEIGHT STACK	
	CM			INCHES			KG	LBS	KG	LBS
G3-S51	142.8	112.2	150.5	56.2	44.2	59.3	184	405	91	200



BACK EXTENSION

Adjustable nonskid footrests provide secure and proper positioning • Lower-back reference pad encourages proper user alignment

	PRODUCT DIMENSIONS (L X W X H)						PRODUCT WEIGHT		WEIGHT STACK	
	CM			INCHES			KG	LBS	KG	LBS
G3-S52	157.7	106.5	174.9	62.1	41.9	68.9	277	610	134	295



ROTARY TORSO

Unique design reinforces proper user positioning • Range of motion is adjustable in 10-degree increments • Foot bar helps users of all sizes achieve proper stabilization

	PRODUCT DIMENSIONS (L X W X H)						PRODUCT WEIGHT		WEIGHT STACK	
	CM			INCHES			KG	LBS	KG	LBS
G3-S55	164.2	97	173.7	64.6	38.2	68.4	216	476	91	200



DIP / CHIN ASSIST

Rotating dip handles adapt to users of all sizes • Pull-up bar offers both standard and neutral grips for individual preference • 2 sets of pull-up grips allow users of all heights a full range of motion

	PRODUCT DIMENSIONS (L X W X H)						PRODUCT WEIGHT		WEIGHT STACK	
	CM			INCHES			KG	LBS	KG	LBS
G3-S60	117.6	121.8	230.7	46.3	47.9	90.8	229	505	68	150



LEG PRESS

4-bar linkage enhances alignment and provides variable resistance • Large nonskid footplate accommodates users of all sizes

	PRODUCT DIMENSIONS (L X W X H)						PRODUCT WEIGHT		WEIGHT STACK	
	CM			INCHES			KG	LBS	KG	LBS
G3-S70	210.1	124.6	184.6	82.7	49	72.7	417	920	175	385



LEG EXTENSION

Angled seat and back pads encourage full quadriceps contraction • Adjustable start position facilitates increased range of motion • Self-adjusting tibia pad enhances comfort

	PRODUCT DIMENSIONS (L X W X H)						PRODUCT WEIGHT		WEIGHT STACK	
	CM			INCHES			KG	LBS	KG	LBS
G3-S71	178.9	109.4	173.6	70.4	43.1	68.4	265	584	113	250



SEATED LEG CURL

Seat, back and tibia pads adjust without affecting knee alignment or start-position angle • Adjustable start position facilitates increased range of motion

	PRODUCT DIMENSIONS (L X W X H)						PRODUCT WEIGHT		WEIGHT STACK	
	CM			INCHES			KG	LBS	KG	LBS
G3-S72	178.9	109.4	173.6	70.4	43.1	68.4	257	566	113	250



PRONE LEG CURL

Divergent pad angle eliminates lower-back stress • Standard range of motion adjusts for individual preference

	PRODUCT DIMENSIONS (L X W X H)						PRODUCT WEIGHT		WEIGHT STACK	
	CM			INCHES			KG	LBS	KG	LBS
G3-S73	177.5	111.7	173.6	69.9	44	68.3	272	600	91	200



HIP ADDUCTOR

Knee pads and dual footrests provide leg support and enhanced comfort • Weight stack positioned in front of the user acts as a shield, providing enhanced privacy

	PRODUCT DIMENSIONS (L X W X H)						PRODUCT WEIGHT		WEIGHT STACK	
	CM			INCHES			KG	LBS	KG	LBS
G3-S74	166.6	164.3	150.8	65.6	64.7	59.4	264	582	100	220



HIP ABDUCTOR

Knee pads and dual footrests provide leg support to eliminate unwanted torque around the knee • Weight stack positioned in front of the user acts as a shield, providing enhanced privacy

	PRODUCT DIMENSIONS (L X W X H)						PRODUCT WEIGHT		WEIGHT STACK	
	CM			INCHES			KG	LBS	KG	LBS
G3-S75	166.6	107.5	150.8	65.6	42.3	59.4	270	595	100	220



ROTARY HIP

Standing position provides enhanced alignment and increased target muscle involvement • Adjustable carriage allows users of varying heights to achieve optimal positioning • Starting positions are incremental at 15-degree intervals through 270 degrees of rotation • Low step-up height 13.2 cm / 5.2" for easy entry and exit

	PRODUCT DIMENSIONS (L X W X H)						PRODUCT WEIGHT		WEIGHT STACK	
	CM			INCHES			KG	LBS	KG	LBS
G3-S76	111.7	119.7	184.3	44	47.1	72.6	295	650	134	295

AURA STANDARD FRAME AND UPHOLSTERY COLORS

The standard frame color is specific per region. Please contact your Anytime Fitness Country Master Franchise contact or Matrix Fitness Sales Representative.

Matte Black frames

Obsidian Black – Upholstery



NOTE: All specifications are subject to change without notice. Actual products may differ from those pictured in this catalog. Actual product colors may vary from what is shown here.



MAGNUM SERIES /

A LEGACY OF PERFORMANCE AND PROVEN DURABILITY























MAGNUM SERIES /

Ideal for helping professional athletes reach their ultimate potential, the Magnum Series provides an unparalleled blend of performance and durability. Other products like Double MEGA Racks pack in the functionality to help you make the most of your floor space. Best of all, everything that carries the Magnum Series name will withstand the most intense training environments.





Durable Construction Built to withstand the rigorous strength training of professional sports teams. **Converging/Diverging Motion** Encourages a natural path of motion to enhance comfort. **Ergonomics and Biomechanics** Designed for comfort while providing a natural, mechanically correct motion. **Color-coded Adjustment Points** Conveniently located and clearly marked for easy use. **Frame Finish** Automotive-quality finish is highly resistant to chips and scratches. **Variety** A robust selection meets the training needs of virtually any facility.











MULTI-ADJUSTABLE BENCH LP

Seat automatically adjusts with the back pad for ease of use • Adjustable back pad with 8 positions from 0 to 75 degrees • Tapered wide back pad stabilizes users during heavy lifts • Molded guards protect high wear / scuff areas • Transport handle and integrated wheels simplify movement within facility • Low 17.8" floor-to-pad height minimizes lower back stress and prevents arching

	PRODUCT DIMENSIONS (L X W X H)						PRODUCT WEIGHT	
	CM			INCHES			KG	LBS
MG-A82	152	78	46	59.7	30.6	17.8	55	121.5



MULTI-ADJUSTABLE BENCH

Seat automatically adjusts with the back pad for ease of use • Adjustable back pad with 5 positions from 0 to 80 degrees • Wide back pad stabilizes users during heavy lifts • Molded guards protect high wear / scuff areas • Drop-away handle and integrated wheels simplify movement within facility

	PRODUCT DIMENSIONS (L X W X H)						PRODUCT WEIGHT	
	CM			INCHES			KG	LBS
MG-A85	135	58	51	53	23	20	43	95



FLAT BENCH

Single cross leg provides more freedom for users • Wide back pad stabilizes users during heavy lifts • Molded guards protect high wear / scuff areas • Integrated wheels simplify movement within facility

	PRODUCT DIMENSIONS (L X W X H)						PRODUCT WEIGHT	
	CM			INCHES			KG	LBS
MG-A59	142	58	46	56	23	18	25	55



MULTI-ADJUSTABLE BENCH W/DECLINE

Backrest adjusts into 7 positions — decline: -10 and 2.5 degrees; incline: 17.5, 32, 48, 64.5 and 87.5 degrees • Wide back pad stabilizes users during heavy lifts • Molded guards protect high wear / scuff areas • Leg pads provide added stability • Integrated wheels simplify movement within facility

	PRODUCT DIMENSIONS (L X W X H)						PRODUCT WEIGHT	
	CM			INCHES			KG	LBS
MG-A86	166	60.5	53.5	65.3	23.8	21	62	137



UTILITY BENCH

Oversized foot supports provide maximum stability • Molded guards protect high wear / scuff areas • Oversized rubber foot platforms provide added stability • Integrated wheels simplify movement within facility

	PRODUCT DIMENSIONS (L X W X H)						PRODUCT WEIGHT	
	CM			INCHES			KG	LBS
MG-A87	142	66	89	56	26	35	31	68



ADJUSTABLE DECLINE BENCH

	PRODUCT DIMENSIONS (L X W X H)						PRODUCT WEIGHT	
	CM			INCHES			KG	LBS
MG-A61	163	64	81	64	25	32	45	99



ADJUSTABLE AB BENCH

Adjustable leg pad accommodates all users • Molded guards protect high wear / scuff areas • Back support pivots into 6 different positions from 0 to 25 degrees • Elevated knee position reduces low-back stress

	PRODUCT DIMENSIONS (L X W X H)						PRODUCT WEIGHT	
	CM			INCHES			KG	LBS
MG-A77	155	69	145	61	27	57	59	131



GLUTE HAM BENCH

Step-through design • Leg pads and oversized footplate can be adjusted while in exercise position • Gas-assisted leg pad offers easy vertical adjustment • Handles to perform reverse hyperextensions • Hooks to attach bands for reverse hyperextensions

	PRODUCT DIMENSIONS (L X W X H)						PRODUCT WEIGHT	
	CM			INCHES			KG	LBS
MG-A96	157	91	130	62	36	51	136	300



PREACHER CURL

Angled, ratcheting seat encourages proper body positioning • Durable extruded guards protect frame and bar

	PRODUCT DIMENSIONS (L X W X H)						PRODUCT WEIGHT	
	CM			INCHES			KG	LBS
MG-A62	119	76	99	47	30	39	57	125



VKR W/CHIN

Oversized round handles enhance comfort on dip • Angled back support, elbow pads and handles provide added stability and comfort • Multiple chin grips and rock-climbing grips add exercise variety

	PRODUCT DIMENSIONS (L X W X H)						PRODUCT WEIGHT	
	CM			INCHES			KG	LBS
MG-A63C	135	109	245	53	43	96	120	265



BACK EXTENSION BENCH

Large thigh pads and skid-resistant foot platform for enhanced stability • Handles offer easy entry and exit • Molded guards protect high wear / scuff areas • Gas-assist for easy adjustment

	PRODUCT DIMENSIONS (L X W X H)						PRODUCT WEIGHT	
	CM			INCHES			KG	LBS
MG-A52	118.6	76.3	97.3	46.7	30	38.3	53	117



STANDING ARM CURL

Arm pad height adjustment to comfortably accommodate users of all sizes • To maximize functionality and save space, both sides of unit can be used at once • Includes durable extruded guards to protect the frame and bar in tough training environments • Frame features a proprietary two-coat powder finish for long-lasting durability

	PRODUCT DIMENSIONS (L X W X H)						PRODUCT WEIGHT	
	CM			INCHES			KG	LBS
MG-A71	119	79	104	47	31	41	61	135



BARBELL RACK

Upright design provides convenience for barbell accessories • Rack holds 10 barbells, 5 per side • Chromed pegs provide lasting commercial finish

	PRODUCT DIMENSIONS (L X W X H)						PRODUCT WEIGHT	
	CM			INCHES			KG	LBS
MG-A98	138.5	88.7	152.9	54.5	34.9	60.2	81	178.6



ACCESSORY RACK

Facilitates placement of all accessories in one spot for convenience and a clutter-free facility • Top shelf holds additional accessories

	PRODUCT DIMENSIONS (L X W X H)						PRODUCT WEIGHT	
	CM			INCHES			KG	LBS
MG-A97	110.1	69.4	110.5	43.4	27.4	43.5	47.6	105



OLYMPIC WEIGHT TREE

9 chrome-plated storage horns for Olympic plates • Rubber bumpers on horns protect frame finish • Ergonomic design positions heavier plates further off the ground for easier removal and replacement

	PRODUCT DIMENSIONS (L X W X H)						PRODUCT WEIGHT	
	CM			INCHES			KG	LBS
MG-A94	87.1	57	107.9	34.3	22.5	42.5	28.8	63.5



WEIGHT TREE W/BAR HOLDERS

6 chromed storage horns, 2 of which accommodate 20-kg / 45-lb.plates • 2 vertical bar holders for Olympic or curl bar storage • Rubber bumpers on horns protect frame finish

	PRODUCT DIMENSIONS (L X W X H)						PRODUCT WEIGHT	
	CM			INCHES			KG	LBS
MG-A67B	51	52	112	20	21	44	23	50



5-PAIR PRO-STYLE DUMBBELL RACK

Storage space for 5 pairs of pro-style dumbbells up to 68 kg / 150 lbs. • 15-degree angled tray helps prevent wrist strain when removing and replacing dumbbells • Cradles hold dumbbells securely in place to prevent rolling pinch hazards • Options available: decal sheet (MG-AODS); connector plate (MG-AOCP)

	PRODUCT DIMENSIONS (L X W X H)						PRODUCT WEIGHT	
	CM			INCHES			KG	LBS
MG-A505	232.6	61.3	79.8	91.6	24.2	31.5	63	138.6



10-PAIR PRO-STYLE DUMBBELL RACK

Storage space for 10 pairs of pro-style dumbbells up to 68 kg / 150 lbs. • 15-degree angled trays help prevent wrist strain when removing and replacing dumbbells • Cradles hold dumbbells securely in place to prevent rolling pinch hazards • Options available: decal sheet (MG-AODS); connector plate (MG-AOCP)

	PRODUCT DIMENSIONS (L X W X H)						PRODUCT WEIGHT	
	CM			INCHES			KG	LBS
MG-A510	232.6	61.3	79.8	91.6	24.2	31.5	106	233.2



15-PAIR PRO-STYLE DUMBBELL RACK

Storage space for 15 pairs of pro-style dumbbells up to 68 kg / 150 lbs. • 15-degree angled trays help prevent wrist strain when removing and replacing dumbbells • Cradles hold dumbbells securely in place to prevent rolling pinch hazards • Options available: decal sheet (MG-AODS); connector plate (MG-AOCP)

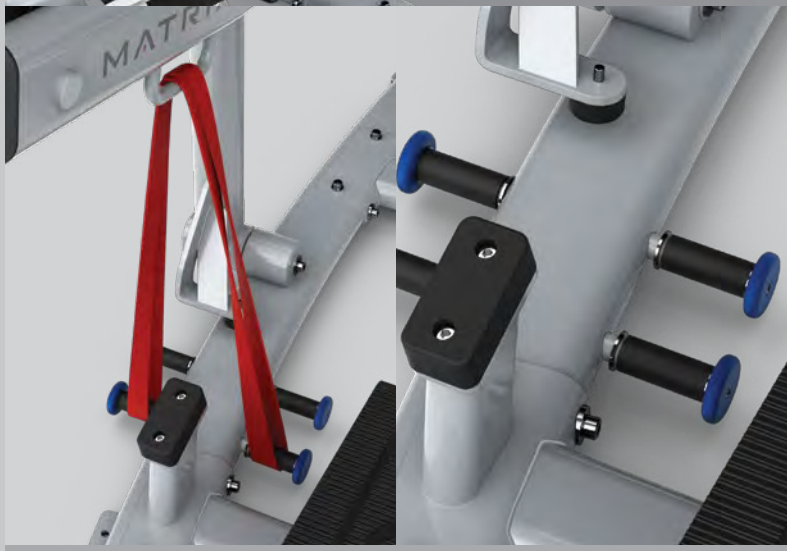
	PRODUCT DIMENSIONS (L X W X H)						PRODUCT WEIGHT	
	CM			INCHES			KG	LBS
MG-A515	232.6	67.3	102.1	91.6	26.5	40.2	156	343.2

GLUTE TRAINER /

SMART & STABLE

Help athletes tone muscle, build power, and improve hip and core stability with a smarter, more stable take on high-intensity glute training. Advanced biomechanics mimic bar hip thrusting without the difficulty and discomfort of free weights, and walk-through design makes it easy for anyone to get started. Refined ergonomics accommodate users of all sizes comfortably, while high maximum resistance and elastic band hooks challenge even elite athletes.








MATRIX



VERTICAL BENCH PRESS

Independent converging movement provides a natural path of motion • Back pad adjusts to alter range of motion and expand training options • Dual-grip pressing positions offer greater training variety • Ratcheting seat for easy adjustment • 4 integrated weight-storage horns

	PRODUCT DIMENSIONS (L X W X H)						PRODUCT WEIGHT	
	CM			INCHES			KG	LBS
MG-PL12	146.5	168.5	199.5	58.0	66.5	78.5	196	432



SUPINE BENCH PRESS

Independent converging movement provides a natural path of motion • Dual-grip pressing positions offer greater training variety • 2 integrated weight-storage horns

	PRODUCT DIMENSIONS (L X W X H)						PRODUCT WEIGHT	
	CM			INCHES			KG	LBS
MG-PL13	184.5	127.5	89.5	72.5	50	35	99	218.5



INCLINE BENCH PRESS

Independent converging movement provides a natural path of motion • Back pad adjusts to alter range of motion and expand training options • Dual-grip pressing positions offer greater training variety • Ratcheting seat for easy adjustment • 4 integrated weight-storage horns

	PRODUCT DIMENSIONS (L X W X H)						PRODUCT WEIGHT	
	CM			INCHES			KG	LBS
MG-PL14	208.2	143.2	129.6	82	56.5	51	147.5	325



VERTICAL DECLINE BENCH PRESS

Independent converging movement provides a natural path of motion • Back pad adjusts to alter range of motion and expand training options • Dual-grip pressing positions offer greater training variety • Ratcheting seat for easy adjustment • 4 integrated weight-storage horns

	PRODUCT DIMENSIONS (L X W X H)						PRODUCT WEIGHT	
	CM			INCHES			KG	LBS
MG-PL15	148	168.5	195	58.5	66.5	77	195.5	431



SHOULDER PRESS

Independent converging movement provides a natural path of motion • Slightly reclined position reduces lower back strain • Dual-grip pressing positions offer greater training variety • Ratcheting seat for easy adjustment • 4 integrated weight-storage horns

	PRODUCT DIMENSIONS (L X W X H)						PRODUCT WEIGHT	
	CM			INCHES			KG	LBS
MG-PL23	161.3	160	118.1	63.5	63	46.5	118	260



LAT PULLDOWN

Diverging independent arms provide a natural path of motion • Easy-to-use thigh-pad adjustment for proper support • Angled seat cues optimal user position • 2 integrated weight-storage horns

	PRODUCT DIMENSIONS (L X W X H)						PRODUCT WEIGHT	
	CM			INCHES			KG	LBS
MG-PL33	182.9	123.2	190.5	72	48.5	75	128	282



SEATED ROW

Diverging independent arms provide a natural path of motion • Dual-grip positions offer greater training variety • Two different foot positions accommodate a greater variety of user heights • Ratcheting seat for easy adjustment • Integrated weight-storage horn

	PRODUCT DIMENSIONS (L X W X H)						PRODUCT WEIGHT	
	CM			INCHES			KG	LBS
MG-PL34	152.4	139.7	106.7	60	55	42	118	260



SMITH MACHINE

Counter balanced 11.3-kg / 25-lb. bar takeoff for low starting resistance • Features a 90-degree path of motion adapts to all exercises • Linear bearings provide a smooth motion • Non-removable safety stops add training security • 8 integrated weight-storage horns hold multiple weight-plate sizes

	PRODUCT DIMENSIONS (L X W X H)						PRODUCT WEIGHT	
	CM			INCHES			KG	LBS
MG-PL62	110.5	231.1	245.1	43.5	91	96.5	270	569



45° LEG PRESS

Easy-to-use and see racking mechanism • Adjustable bottom stops provide long or short ranges of motion for all user heights • Adjustable angle back pad enhances comfort, optimizes hip angles and accommodates a greater range of users • Assistance handle on platform for easier entry and exit • Linear bearings for smooth feel and function • 4 integrated weight-storage horns hold multiple weight-plate sizes

	PRODUCT DIMENSIONS (L X W X H)						PRODUCT WEIGHT	
	CM			INCHES			KG	LBS
MG-PL70	229	171	158	90	67.5	62.3	274	604



HACK SQUAT

Large footplate and back pad accommodate users of all sizes • Spring-loaded take off handles for ease of use and engagement • Adjustable bottom stops provide long or short ranges of motion for all user heights • 4 integrated weight-storage horns

	PRODUCT DIMENSIONS (L X W X H)						PRODUCT WEIGHT	
	CM			INCHES			KG	LBS
MG-PL71	228.2	150	144.6	90	59	57	270	595



GLUTE TRAINER

Comfortable user positioning and efficient machine layout mimic bar hip thrusting without the hassle of unwieldy free weights • Walk-through design with swiveling hip pad provides easy entry and exit • Maximum resistance of 227 kg / 500 lbs. • Integrated dual-sided band hooks provide elastic resistance for explosiveness training and movement variety • Floating hip pad adjusts to fit users of all sizes and comfortable feel • Large, angled foot platform with non-slip surface offers excellent stability to better engage glutes • Oversized shoulder pad provides comfortable torso support

	PRODUCT DIMENSIONS (L X W X H)						PRODUCT WEIGHT	
	CM			INCHES			KG	LBS
MG-PL78	168	133	109	66.5	52.5	43	154	340



SQUAT / LUNGE

Independent lifting arms for balanced exercise and exercise variation • Multiple hand-grip positions offer greater training variety • 3 integrated weight-storage horns keep weight plates in close proximity • 4 user weight horns provide maximal loading for strong users

	PRODUCT DIMENSIONS (L X W X H)						PRODUCT WEIGHT	
	CM			INCHES			KG	LBS
MG-PL79	148.6	170.2	86.4	58.5	67	34	120	264.5



PERFECT SQUAT

Large, angled, heavy-duty footplate adds stability • Adjustable starting position allows user to set pad height for squats or standing calf raises • Shoulder pads maintain parallel position to floor throughout full range of motion • 2 integrated weight-storage horns • Ideal for squats, calf work and reverse lunges

	PRODUCT DIMENSIONS (L X W X H)						PRODUCT WEIGHT	
	CM			INCHES			KG	LBS
VY-400	157	84	168	62	33	66	147	325



STANDING CALF

Adjustable height shoulder pads accommodate users of all sizes • Angled footplate provides superior grip and improves calf recruitment • Angled support handles enhance comfort

	PRODUCT DIMENSIONS (L X W X H)						PRODUCT WEIGHT	
	CM			INCHES			KG	LBS
MG-PL76	138	89	184.5	54.5	35	73	124	273.5



SEATED CALF

Seat moves with input arm to maintain alignment • Curved and angled foot pad improves comfort and calf recruitment • Quick-release bar catch simplifies operation • Knee pads adjust for tibia length and range of motion

	PRODUCT DIMENSIONS (L X W X H)						PRODUCT WEIGHT	
	CM			INCHES			KG	LBS
MG-PL77	141	80	96.5	55.5	31.5	38	65	143.5



MEGA POWER RACK

Fully enclosed style offers ideal spotting abilities • Shown with adjustable safety bars, dual-grip chin bar, bar storage, band storage and weight storage • J-hooks made of high-density polyethylene (HDPE) to protect Olympic bars from scratches • Visual height indicator and colored locking pin make bar-level changes quick and easy • 3 retractable lower-band pegs on each side (6 total)

	PRODUCT DIMENSIONS (L X W X H)						PRODUCT WEIGHT	
		CM			INCHES		KG	LBS
MG-MR47	206	207	246.5	81	81.5	97	347	765



MEGA HALF RACK

Open-front design gives users freedom of movement • Shown with adjustable safety bars, dual-grip chin bar, bar storage, band storage and weight storage • J-hooks made of high-density polyethylene (HDPE) to protect Olympic bars from scratches • Visual height indicator and colored locking pin make bar-level changes quick and easy • 3 retractable lower-band pegs on each side (6 total)

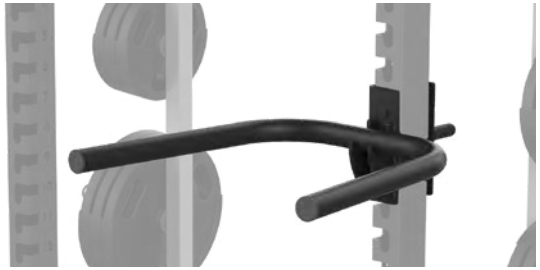
	PRODUCT DIMENSIONS (L X W X H)						PRODUCT WEIGHT	
		CM			INCHES		KG	LBS
MG-MR690	170.5	207	246.5	67	81.5	97	259	570



REVERSE J-HOOKS

Made of high-density polyethylene (HDPE) to protect bar knurling • For use on the outside of the MR47 Mega Power Rack • Available in Ridge Black only

	PRODUCT DIMENSIONS (L X W X H)						PRODUCT WEIGHT	
	CM			INCHES			KG	LBS
OPT1R	36	13	25	14	5	10	14	30



DIP BARS

Attaches to rack uprights for body-weight dips • For use on the MR690 Mega Half Rack • Also available: Reverse Dip Bars (OPT3R) for use on the MR47 Mega Power Rack • Available in Ridge Black only

	PRODUCT DIMENSIONS (L X W X H)						PRODUCT WEIGHT	
	CM			INCHES			KG	LBS
OPT3	86	69	26	34	27	10	16	35



MEGA LAND MINE ATTACHMENT

Attaches to any rack for rotational training (bar not included) • Available in Ridge Black only

	PRODUCT DIMENSIONS (L X W X H)						PRODUCT WEIGHT	
	CM			INCHES			KG	LBS
MOPT13	66.6	21.1	19.1	26.2	8.3	7.5	8.6	19



CORE HANDLE

Used with an Olympic bar and Land Mine Attachment for added training variety • Available in Ridge Black only

	PRODUCT DIMENSIONS (L X W X H)						PRODUCT WEIGHT	
	CM			INCHES			KG	LBS
OPT16	48	79	5	19	31	2	5	10



JAMMIN ARMS

Angled pressing arms can be placed at 13 different heights for added training variety • For use on the MR690 Mega Half Rack • Also available: Reverse Jammin Arms (OPT17R) for use on the outside of the MR47 Mega Power Rack

	PRODUCT DIMENSIONS (L X W X H)						PRODUCT WEIGHT	
	CM			INCHES			KG	LBS
OPT17	94	53	94	37	21	37	49	108



JAMMIN ARMS W/ BAND ATTACHMENT

Angled pressing arms with band attachments for added training variety with speed and resistance • For use on the MR690 Mega Half Rack • Also available: Reverse Jammin Arms w/ Band Attachment • (OPT17RB) for use on the MR47 Mega Power Rack

	PRODUCT DIMENSIONS (L X W X H)						PRODUCT WEIGHT	
	CM			INCHES			KG	LBS
OPT17B	107	56	97	42	22	38	52	114



MEGA RACK BATTLE ROPE ATTACHMENT

For rope training as an anchor point on any rack • Available in Chrome finish only

	PRODUCT DIMENSIONS (L X W X H)						PRODUCT WEIGHT	
	CM			INCHES			KG	LBS
MOPT31	18	23	17	7	9	7	4	7



MEGA ROTATING CHIN HANDLES

Handles rotate into multiple positions for added exercise variety • For use on the MR47 Mega Power Rack • Available in Ridge Black only

	PRODUCT DIMENSIONS (L X W X H)						PRODUCT WEIGHT	
	CM			INCHES			KG	LBS
MOPT42	16.1	109.2	46.4	6.4	43	18.3	15	33

MAGNUM STANDARD FRAME AND UPHOLSTERY COLORS

The standard frame color is specific per region. Please contact your Anytime Fitness Country Master Franchise contact or Matrix Fitness Sales Representative.

Matte Black frames

Obsidian Black – Upholstery



NOTE: All specifications are subject to change without notice. Actual products may differ from those pictured in this catalog. Actual product colors may vary from what is shown here.


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G1 SERIES /

DIVERSITY AND DURABILITY TO GET THE JOB DONE













G1 SERIES /

Ideal for cost-conscious fitness facilities, the G1 Series provides the value you need to outfit your space with the variety your members are seeking. The classic styling of our benches and racks are approachable and easily accessible for experienced and aspiring fitness enthusiasts alike, and every piece that hits your floor will stand up to heavy use, day in and day out for years.







Durable Construction Built to withstand the rigorous strength training of professional sports teams. **Ergonomic Design** Designed to fit the body for comfortable, natural use. **Weight-storage Horns** Conveniently positioned and designed to accommodate a variety of plate sizes. **Easy Access** Designed for quick on/off, ideal for busy training environments.





FLAT BENCH

3-point foot contact for stability • Bench anchors for improved stability

	PRODUCT DIMENSIONS (L X W X H)						PRODUCT WEIGHT	
	CM			INCHES			KG	LBS
G1-FW151	155	56	46	61	22	18	35	77



ADJUSTABLE DECLINE BENCH

Back pad easily adjusts to 4 positions from 0 to 30-degree decline • Legs are supported and knees elevated to reduce lower-back strain • Integrated wheels for easy transport within facility

	PRODUCT DIMENSIONS (L X W X H)						PRODUCT WEIGHT	
	CM			INCHES			KG	LBS
G1-FW152	208	63	97	82.0	25	38	50	110



ADJUSTABLE INCLINE BENCH

Easily adjusts to 6 positions from 0 to 75 degrees • Seat pad position is fixed at 15 degrees • Integrated wheels for easy transport within facility

	PRODUCT DIMENSIONS (L X W X H)						PRODUCT WEIGHT	
	CM			INCHES			KG	LBS
G1-FW153	155	61	48	61	24.0	19	41	90



UTILITY BENCH

Back angle is 85 degrees, improving comfort and stability for overhead movements • Integrated foot supports enhance stability

	PRODUCT DIMENSIONS (L X W X H)						PRODUCT WEIGHT	
	CM			INCHES			KG	LBS
G1-FW156	114	56	102	45.0	22	40	22	48



PREACHER CURL BENCH

Elbow pad is angled at 55 degrees for varying resistance and improved user comfort • Ratcheting seat pad is angled at 10 degrees for enhanced stability and comfort

	PRODUCT DIMENSIONS (L X W X H)						PRODUCT WEIGHT	
	CM			INCHES			KG	LBS
G1-FW155	119	72	95	47	28	37	37	82



BACK EXTENSION

Bench is angled 45 degrees for easy entry and exit • Twist-locking pull pin improves stability of pads

	PRODUCT DIMENSIONS (L X W X H)						PRODUCT WEIGHT	
	CM			INCHES			KG	LBS
G1-FW162	127	74	86	50	29	34	45	99

SMITH MACHINE

Bar travel limited to 72 cm / 28.5" from the floor • 6 integrated weight-storage horns • Adjustable stops flip in and out for easy access

	PRODUCT DIMENSIONS (L X W X H)						PRODUCT WEIGHT	
	CM			INCHES			KG	LBS
G1-FW161	205	141	229	80.5	55.5	90	135	297

Weight plates are not included.





WEIGHT TREE

6 weight-storage horns positioned to fit all sizes of Olympic plates • Rubber bumpers protect frame finish

	PRODUCT DIMENSIONS (L X W X H)						PRODUCT WEIGHT	
	CM			INCHES			KG	LBS
G1-FW157	67	54	127	26	21	50	15	33



10-PAIR DUMBBELL RACK

Offset angle prevents wrist strain when removing and replacing dumbbells • Individual dumbbell cradles provide secure storage • Storage space for 10 pairs of dumbbells

	PRODUCT DIMENSIONS (L X W X H)						PRODUCT WEIGHT	
	CM			INCHES			KG	LBS
G1-FW159	244	66	72.5	96	26	28.5	100	220



BARBELL RACK

Upright design provides easy access to barbells • Rack holds 10 barbells, 5 per side

	PRODUCT DIMENSIONS (L X W X H)						PRODUCT WEIGHT	
	CM			INCHES			KG	LBS
G1-FW160	99	84	150	39	33	59	55	121



5-PAIR DUMBBELL RACK

Storage space for 5 pairs of dumbbells • Offset angle prevents wrist strain when removing and replacing dumbbells • Individual dumbbell cradles provide secure storage

	PRODUCT DIMENSIONS (L X W X H)						PRODUCT WEIGHT	
	CM			INCHES			KG	LBS
G1-FW158	244	66	72.5	96	26	28.5	63	139

G1 STANDARD FRAME AND UPHOLSTERY COLORS

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Matte Black frames

Obsidian Black – Upholstery



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ABOUT MATRIX FITNESS

In 2001, Johnson Health Tech established Matrix Fitness to bring premium fitness equipment to the marketplace. Since then, we've become the fastest-growing commercial fitness equipment brand in the world. Matrix has leveraged continuous innovation and cross-cultural collaboration to emerge as an industry vanguard, constantly challenging standards and raising expectations for fitness equipment design and exercise technology.

Our product portfolio has expanded to over 500 products including strength equipment, cardio platforms, group exercise modalities, athletic performance training tools, fitness technology, integrated HIIT workouts, turnkey programming and much more. With over 30 subsidiaries around the world, Matrix is uniquely equipped to meet fitness and wellness needs in every corner of the globe.

Today, Matrix Fitness is dedicated to serving fitness facilities of all kinds, setting them apart in ways that attract and retain more members. Our mission is to delight and excite our customers through complete solutions and committed partnership provided by a world-class organization.

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