

Endurance Elliptical

TOUCH CONSOLE

EP-ES-F

Our durable Endurance Elliptical is ideal for workouts of any intensity, offering low-impact exercise for members of all kinds. A patented suspension design minimizes noise and friction, extending product life, while constant rate of acceleration and refined ergonomics makes every movement feel smooth and natural.



WiFi-enabled Touch Console features an app-based interface that mirrors familiar smartphone and tablet operating systems, making it easy for members to connect to the content that keeps them moving.

CONSOLE	
DISPLAY	41 cm / 16" class capacitive touchscreen LCD
WORKOUTS	Go, manual, Sprint 8†, Landmarks†, Virtual Active, target heart rate, interval training, fat burn, rolling hills, constant watts†, glute training†, goal training, fitness tests, custom
LANGUAGES	English, German, French, Italian, Spanish, Dutch, Portuguese, Chinese-S, Chinese-T, Japanese, Korean, Swedish, Finnish, Russian, Arabic, Turkish, Polish, Welsh, Basque, Vietnamese, Somali, Danish, Thai, Malay, Catalan
FAN	Yes
ANALOG TV	NTSC, PAL, SECAM
DIGITAL TV	ATSC 1.0, QAM-B, ISDB-T, ISDB-Tb, DVB-C/S/S2/T/T2
IPTV	Content: MPEG2/H262, AVC/H264 Protocols: UDP, RTSP, HTTP, HTTPS
WIFI	Yes
BLUETOOTH	Yes; smartphones, headphones, heart rate
RFID WIRELESS LOGIN	Yes
CONNECTS TO APPLE WATCH	Yes
MADE FOR IPHONE, IPAD, IPOD	Yes
USB PORT	Yes; device charging, device media, software updates
WIRELESS CHARGING (QI)	Yes
CSAFE READY	Yes
AUTO WAKE-UP	Yes
	†Some of these programs may not be available on this frame.

FRAME	
ASSEMBLED DIMENSIONS	174.5 x 74 x 179 cm / 68.7" x 29.1" x 70.5"
RESISTANCE SYSTEM	Brushless generator
POWER REQUIREMENTS	Self-powered or 100-240 V — 50/60 Hz AC
STRIDE LENGTH	53.3 cm / 21"
SHIPPING WEIGHT	183.5 kg / 404.5 lbs.
CONTACT & TELEMETRIC HR	Yes
ETHERNET CONNECTIVITY	Yes
MAX USER WEIGHT	182 kg / 400 lbs.
MINIMUM WATTS	5 W powered or 35 W self-powered
MINIMUM RPM	10 RPM powered or 30 RPM self-powered
PEDAL SPACING	6.4 cm / 2.5"
RESISTANCE RANGE	5-705 W
TOP-DOWN LEVELERS	Yes
STEP-ON HEIGHT	24 cm / 9.5"
WATT RANGE	5-650 W
RESISTANCE LEVELS	30
ASSEMBLED WEIGHT	148 kg / 326.3 lbs.