

MATRIX

**CARDIO PRODUCT:
BASIC CLEANING
AND MAINTENANCE
CHECKLIST**



WELCOME TO MATRIX

Cleaning and performing preventive maintenance extends the life of your equipment and will increase member loyalty by keeping your equipment clean and safe!

The Basic PM Program offers the minimum cleaning and preventive maintenance to keep your equipment looking nice.

There is a Full-Service PM Program available. Visit matrixfitness.com for those instructions.

The following checklists are broken out into tasks designated for facility staff and Matrix-certified technicians. Matrix-certified technician tasks must be performed by a Matrix-certified technician.

Refer to the Approved Cleaners, Disinfectants and Lubricants document prior to performing cleaning or maintenance.

Contact servicetraining@johnsonfit.com for more information.

MATRIX TREADMILL (MODELS WITH RUNNING BELT)

The checklists below are basic manufacturer-recommended maintenance beyond the daily cleaning of the equipment.

MONTHLY

Facility Staff Tasks	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
Clean console with approved cleaner												
Wipe exposed sides of running deck and side rails with approved cleaner*												
Wipe entire frame and shrouds with approved cleaner												
Matrix-Certified Technician Tasks												
Inspect power cord & power cord bracket												
Test emergency brake & tether/clip												
Test running belt tension & alignment												
Test handlebar toggles & quick keys												
Test console functions												

*Not performing these steps will decrease the life of your running deck and belt. Bumps on rollers will be an indication this needs to be performed more frequently.

QUARTERLY OR BI-ANNUALLY

Facility Staff Tasks	Q1	Q2	Q3	Q4
Clean console with approved cleaner				
Wipe exposed sides of running deck and side rails with approved cleaner*				
Wipe entire frame and shrouds with approved cleaner				
Matrix-Certified Technician Tasks				
Inspect power cord & power cord bracket				
Test emergency brake & tether/clip				
Test running belt tension & alignment				
Test handlebar toggle & quick keys				
Test console functions				

*Not performing these steps will decrease the life of your running deck and belt. Bumps on rollers will be an indication this needs to be performed more frequently.

MATRIX TREADMILL [PERFORMANCE PLUS - SLAT BELT]

The checklists below are basic manufacturer-recommended maintenance beyond the daily cleaning of the equipment.

MONTHLY

Facility Staff Tasks	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
Clean console with approved cleaner												
Clean the slat belt with approved cleaner												
Wipe entire frame and shrouds with approved cleaner												
Matrix-Certified Technician Tasks												
Inspect power cord & power cord bracket												
Test emergency brake & tether/clip												
Test handlebar toggles & quick keys												
Test console functions												

QUARTERLY OR BI-ANNUALLY

Facility Staff Tasks	Q1	Q2	Q3	Q4
Clean console with approved cleaner				
Clean the slat belt with approved cleaner				
Wipe entire frame and shrouds with approved cleaner				
Matrix-Certified Technician Tasks				
Inspect power cord & power cord bracket				
Test emergency brake & tether/clip				
Test handlebar toggle & quick keys				
Test console functions				
Apply a thin layer of grease to the toothed belts the slats bolt to; reduces noise				

MATRIX CLIMBMILL

The checklists below are basic manufacturer-recommended maintenance beyond the daily cleaning of the equipment.

MONTHLY

Facility Staff Tasks	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
Clean console with approved cleaner												
Empty & clean dust tray												
Clean the Control Zone IR windows												
Wipe entire frame and shrouds with approved cleaner												
Matrix-Certified Technician Tasks												
Inspect power cord												
Test emergency stop functions												
Test handgrips for proper function												
Test console functions												
Test Control Zone and/or frame IR sensor												

*5X, 7XE/7XI and Performance series units only



MATRIX CLIMBMILL

The checklists below are basic manufacturer-recommended maintenance beyond the daily cleaning of the equipment.

QUARTERLY OR BI-ANNUALLY

Facility Staff Tasks	Q1	Q2	Q3	Q4
Clean console with approved cleaner				
Empty & clean dust tray				
Clean Control Zone IR windows				
Wipe entire frame and shrouds with approved cleaner				
Matrix-Certified Technician Tasks				
Inspect power cord				
Test emergency stop functions				
Test handgrips for proper function				
Test console functions				
Test Control Zone and/or frame IR sensor				
With the side shrouds removed, inspect the chain bearing track & condition of the chain. Clean then grease track with light coat of grease*				

*Clean then grease the chain with Mobil 1 synthetic grease annually with Control Zone, bi-annually without Control Zone.



MATRIX ASCENT/ELLIPTICAL

The checklists below are basic manufacturer-recommended maintenance beyond the daily cleaning of the equipment.

MONTHLY

Facility Staff Tasks	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
Clean console with approved cleaner												
Wipe entire frame and shrouds with approved cleaner*												
Matrix-Certified Technician Tasks												
Inspect power cord												
Test handgrips for proper function												
Test console functions												

*When cleaning the frame, focus on the pedal arms and other non clear-coated surfaces.

Note: If units are not plugged in but being used self-powered, check the voltage of the battery on the frame. If less than half charged, plug in for 24 hours to recharge.

QUARTERLY OR BI-ANNUALLY

Facility Staff Tasks	Q1	Q2	Q3	Q4
Clean console with approved cleaner				
Remove foot pedal pads and clean under them				
Wipe entire frame and shrouds with approved cleaner*				
Matrix-Certified Technician Tasks				
Inspect power cord				
Test handgrips for proper function				
Test console functions				

*When cleaning the frame, focus on the pedal arms and other non clear-coated surfaces.

Note: If units are not plugged in but being used self-powered, check the voltage of the battery on the frame. If less than half charged, plug in for 24 hours to recharge.



MATRIX RECUMBENT, HYBRID & UPRIGHT CYCLE

The checklists below are basic manufacturer-recommended maintenance beyond the daily cleaning of the equipment.

MONTHLY

Facility Staff Tasks	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
Clean console with approved cleaner												
Recumbent only – clean seat track*												
Wipe entire frame and shrouds with approved cleaner												
Matrix-Certified Technician Tasks												
Inspect power cord												
Inspect pedals & straps												
Test handgrips for proper function												
Test console functions												

*Clean with approved cleaner, do not lubricate.

Note: If units are not plugged in but being used self-powered, check the voltage of the battery on the frame. If less than half charged, plug in for 24 hours to recharge.



MATRIX RECUMBENT, HYBRID & UPRIGHT CYCLE

The checklists below are basic manufacturer-recommended maintenance beyond the daily cleaning of the equipment.

QUARTERLY OR BI-ANNUALLY

Facility Staff Tasks	Q1	Q2	Q3	Q4
Clean console with approved cleaner				
Recumbent only – clean seat track*				
Wipe entire frame and shrouds with approved cleaner				
Matrix-Certified Technician Tasks				
Inspect power cord				
Test handgrips for proper function				
Test console functions				

*Clean with approved cleaner, do not lubricate.

Note: If units are not plugged in but being used self-powered, check the voltage of the battery on the frame. If less than half charged, plug in for 24 hours to recharge.



MATRIX STEPPER

The checklists below are basic manufacturer-recommended maintenance beyond the daily cleaning of the equipment.

MONTHLY

Facility Staff Tasks	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
Clean console with approved cleaner												
Wipe entire frame and shrouds with approved cleaner												
Matrix-Certified Technician Tasks												
Inspect power cord												
Inspect foot pedals												
Test handgrips for proper function												
Test console functions												

Note: If units are not plugged in but being used self-powered, check the voltage of the battery on the frame. If less than half charged, plug in for 24 hours to recharge.

QUARTERLY OR BI-ANNUALLY

Facility Staff Tasks	Q1	Q2	Q3	Q4
Clean console with approved cleaner				
Wipe entire frame and shrouds with approved cleaner				
Matrix-Certified Technician Tasks				
Inspect power cord				
Inspect foot pedals				
Test handgrips for proper function				
Test console functions				

Note: If units are not plugged in but being used self-powered, check the voltage of the battery on the frame. If less than half charged, plug in for 24 hours to recharge.