



## Lifestyle Elliptical

LED CONSOLE  
E-LS-LED

Ideal for light-use environments, our Lifestyle Elliptical features a compact frame to fit your facility. A patented suspension design minimizes noise and friction, extending product life. Smart ergonomics fits the body and its natural movements for comfortable, low-impact cardio, and convenience features improve the experience for users and facilities alike.



Virtually anyone can step up to our LED Console and enjoy the easy navigation of the interface. Complete, easy-to-read workout feedback helps members gauge performance at a glance.

CONSOLE	
DISPLAY	Large number LED with message center
WORKOUTS	Go, manual, interval training, fat burn, rolling hills, target heart rate, glute training†, fitness tests  †Some of these programs may not be available on this frame.
IFIT ON-DEMAND WORKOUTS	No
LANGUAGES	English, German, French, Italian, Spanish, Dutch, Portuguese, Swedish, Finnish, Turkish, Danish, Polish
FAN	No
IPTV	No
WIFI	Optional; included with Asset Management and Workout Tracking Network App
BLUETOOTH	No
ANT+	No
RFID WIRELESS LOGIN	Optional
CONNECTS TO APPLE WATCH	No
MADE FOR IPHONE, IPAD, IPOD	No
CONNECTS TO SAMSUNG GALAXY WATCH	No
USB PORT	Yes; device charging, software updates
WIRELESS CHARGING (QI)	No
CSAFE READY	Yes
AUTO WAKE-UP	No

**FRAME**

<b>ASSEMBLED DIMENSIONS</b>	151 x 73 x 175.7 cm / 59.4" x 28.7" x 69.2"
<b>ASSEMBLED ACTIVE DIMENSIONS</b>	174.6 x 73 x 175.7 cm / 68.7" x 28.7" x 69.2"
<b>RESISTANCE LEVELS</b>	25
<b>SHIPPING WEIGHT</b>	173 kg / 381.4 lbs.
<b>WATT RANGE</b>	5–650 W
<b>ASSEMBLED WEIGHT</b>	151 kg / 332.9 lbs.
<b>STEP-ON HEIGHT</b>	23 cm / 9.1"
<b>TOP-DOWN LEVELERS</b>	No
<b>STRIDE LENGTH</b>	51 cm / 20"
<b>POWER REQUIREMENTS</b>	Self-powered or 100–240 V — 50/60 Hz AC
<b>RESISTANCE SYSTEM</b>	Brushless generator
<b>PEDAL SPACING</b>	6.4 cm / 2.5"
<b>MINIMUM WATTS</b>	5 W powered or 35 W self-powered
<b>MINIMUM RPM</b>	10 RPM powered or 30 RPM self-powered
<b>MAX USER WEIGHT</b>	182 kg / 400 lbs.
<b>ETHERNET CONNECTIVITY</b>	Yes
<b>CONTACT &amp; TELEMETRIC HR</b>	Yes