



VST600-FT Functional Trainer

Our functional trainer will help your people strengthen their whole body while standing up to tough environments. Intuitive design makes it easy to start training, and heavy-duty construction means it will be there when users come back for more. Make a strong choice — invest in versatile functional fitness that lasts.



User Amenities

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|---------------------------------------|--|
| Optional Handle Package (VST600-FTHP) | V-Bar, Triceps Rope, Curl Bar |
| Placards | Muscle call outs, color-coded, start and finish exercise illustrations |
| Placard Color Coding | Yellow (upper body), blue (lower body), green (core) |
| Attachment Storage | 6 pegs |
| Multi-grip Pull-up Bars | Various grip angles for variety of exercise |

Tech Specs

| | |
|--------------------|--|
| Product Weight | 429 kg / 945 lbs. |
| Overall Dimensions | 155 x 106 x 219 cm / 66" x 41.7" x 86.2" |

Weight Stack

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|-----------------------|---|
| Total Stack Weight | 190 kg / 418.8 lbs. (95 kg / 209.4 lbs. per side) |
| Weight Stack Guarding | Full front and rear shields |

Frame & Cables

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|-----------------------|---|
| Frame Finish | Proprietary two-coat powder process |
| Available Frame Color | Black |
| Cable Transmission | Internally lubricated cables and fittings |

Adjustments

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|---|-----------------------|
| User Adjustment Range | 18 user start options |
| Color-coded Pivots & Points of Adjustment | Yes |