

## Lifestyle Elliptical

### PREMIUM LED CONSOLE

E-LS-PL-ED

Ideal for light-use environments, our Lifestyle Elliptical features a compact frame to fit your facility. A patented suspension design minimizes noise and friction, extending product life. Smart ergonomics fits the body and its natural movements for comfortable, low-impact cardio, and convenience features improve the experience for users and facilities alike.



Give members the intuitive navigation of an LED with a more engaging look. An 8,000-pixel display fills the screen with colour and sharp graphics, providing clear, easy-to-read feedback in large numbers and letters.



| CONSOLE                          |   |
|----------------------------------|---|
| DISPLAY                          | 8,000-pixel multi-color LED   |
| WORKOUTS                         | Go, manual, Sprint 8†, Landmark†, target heart rate, interval training, fat burn, rolling hills, constant watts†, glute training†, 5k/10k, fitness tests<br><br>†Some of these programs may not be available on this frame. |
| IFIT ON-DEMAND WORKOUTS          | No  |
| LANGUAGES                        | English, German, French, Italian, Spanish, Dutch, Portuguese, Swedish, Finnish, Turkish, Danish, Polish   |
| FAN                              | Yes   |
| IPTV                             | No  |
| WIFI                             | Yes   |
| ANT+                             | No  |
| RFID WIRELESS LOGIN              | Optional  |
| CONNECTS TO APPLE WATCH          | Optional  |
| MADE FOR IPHONE, IPAD, IPOD      | No  |
| CONNECTS TO SAMSUNG GALAXY WATCH | No  |
| USB PORT                         | Yes; device charging, software updates  |
| WIRELESS CHARGING (QI)           | No  |
| CSAFE READY                      | Yes   |

| AUTO WAKE-UP                | No  |
|-----------------------------|---|
| FRAME                       |   |
| ASSEMBLED DIMENSIONS        | 151 x 73 x 175.7 cm / 59.4" x 28.7" x 69.2"   |
| ASSEMBLED ACTIVE DIMENSIONS | 174.6 x 73 x 175.7 cm / 68.7" x 28.7" x 69.2" |
| RESISTANCE LEVELS           | 25  |
| SHIPPING WEIGHT             | 173 kg / 381.4 lbs.                           |
| WATT RANGE                  | 5–650 W                                       |
| ASSEMBLED WEIGHT            | 151 kg / 332.9 lbs.                           |
| STEP-ON HEIGHT              | 23 cm / 9.1"                                  |
| TOP-DOWN LEVELERS           | No  |
| STRIDE LENGTH               | 51 cm / 20"                                   |
| POWER REQUIREMENTS          | Self-powered or 100–240 V — 50/60 Hz AC       |
| RESISTANCE SYSTEM           | Brushless generator                           |
| PEDAL SPACING               | 6.4 cm / 2.5"                                 |
| MINIMUM WATTS               | 5 W powered or 35 W self-powered              |
| MINIMUM RPM                 | 10 RPM powered or 30 RPM self-powered         |
| MAX USER WEIGHT             | 182 kg / 400 lbs.                             |
| ETHERNET CONNECTIVITY       | Yes   |
| CONTACT & TELEMETRIC HR     | Yes   |