
VICTORY
STARTS
HERE
MATRIX



WINNING TAKES WORK

It doesn't happen on the field or the court or the track if it doesn't happen in the training room. It starts long before the lights go on or the crowds arrive. It takes days that begin before dawn and workouts that never seem to end. It repays sacrifice with punishing drills, and it rewards achievement with rising expectations. On its best days, it batters bodies and bruises egos. Any athlete can tell you. Winning hurts.

Sometimes there is only one thing that keeps them going: Losing hurts even more.


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BUILDING CHAMPIONS

Your team needs to hit the field, the track or the court ready to win. Every time. Your athletes endure the most rigorous workouts and aim for the loftiest standards every day in the gym so that they perform at the highest level when it matters most.

Let's face it. High-level athletic training is tough. It doesn't get any tougher. You need rugged strength equipment that will never flinch at what you throw at it. No matter how hard you go, Matrix can take it.


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ONE REP AT A TIME

Winning. It's a big moment born of a thousand small ones. When no one is watching, no one is keeping time, no one is keeping score—those are the moments that make the biggest difference.

Glory doesn't come from winning. It comes from training. You need a partner that embraces that daily commitment to discipline and hard work. A partner that pushes past expectation. A partner that celebrates victory by resetting the bar. A partner that knows good enough is never good enough. That's Matrix.


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MEGA POWER RACK

MG-MR47

Expect more. Details like built-in retractable lower band pegs that are there when you need them and securely out of the way when you don't. An extra set of upper band attachments, fat bar grips, extra weight horns and chain storage horns—all standard. Plus, the 7-gauge steel uprights and quarter-inch-thick steel supports make this the biggest, heaviest, most durable rack on the market. You don't have to ask for it. It just comes that way. All told, the MEGA Power Rack enables athletes to confidently push past their limits to maximize explosive performance.



MEGA HALF RACK

MG-MR690

Anything is possible. Get the security of a spot with the freedom of complete open training in the MEGA Half Rack. Dual pull-up grips come standard. So do the extra weight horns, chain storage horns and retractable pegs. You don't have to seek out options. Matrix delivers them.




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DOUBLE MEGA RACK CONFIGURATION

Make no mistake. It doesn't get any bigger than this. Matrix Double MEGA Racks take your training to the max. A combination of two racks and custom connecting elements, the Double MEGA Rack allows you to tailor your equipment to your facility. This flexibility enables you to define your own priorities and get the most out of your investment each and every training day. Plus, the Matrix 7-gauge steel uprights and quarter-inch-thick frames mean the Double MEGA Rack can simultaneously handle your toughest athletes and your most rigorous workouts. Maximize your space and your athletes at the same time with the Double MEGA Rack.

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MEGA OPEN RACK

MG-MR694

There are no limits. No weight too heavy, no lifter too tall for the MEGA Open Rack. Get unrestricted overhead training options with the incomparable heft and quality—and standard extra storage horns, retractable pegs and fat bar grips—that Matrix delivers.



MEGA DOUBLE HALF RACK

MG-MR691

Maximize every inch, every minute, every workout. Two can train simultaneously on either side of the rack. Matrix gives you more options for training more athletes with all of the quality and functionality you need even when space is limited.



COMBO POWER HALF RACK

MG-A47691

Train more athletes in more ways in less space without compromise with the MEGA Combo Power Half Rack. It has all the features of both a stand-alone full and a stand-alone half rack but occupies less gym real estate. Need bumper plate storage? No problem. Get all the options. Sacrifice nothing.



FLAT-TO-INCLINE BENCH with HORIZONTAL ADJUSTMENT

MG-A695

Innovative design makes this one of the most versatile benches on the market. It locks into power racks, users can adjust the bench and back simultaneously while seated, and the drop-away handle and wheels let anyone move it around the weight room.

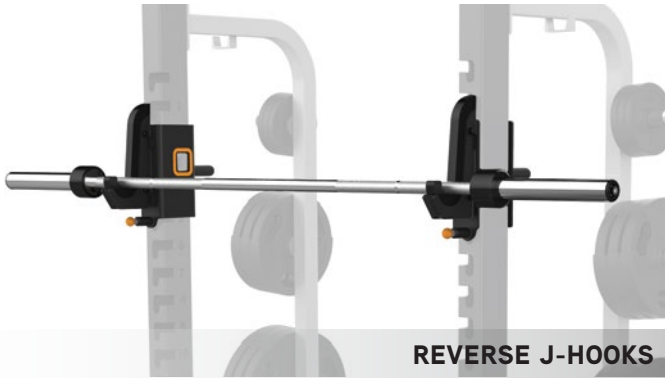

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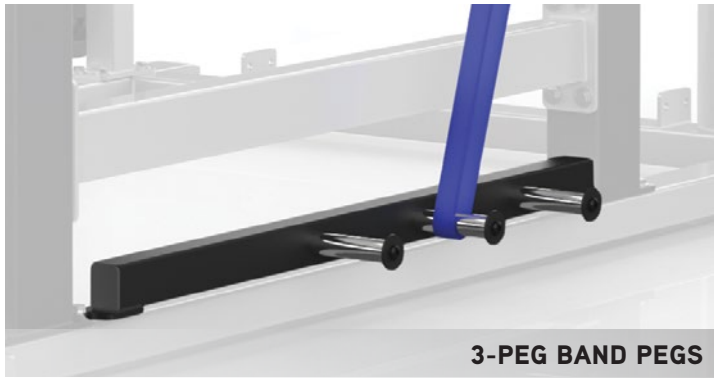
OPTIONS AND COMPONENTS

Train your way. Matrix offers a complete line of options and components that allow you to customize your racks for greater versatility. You can incorporate everything you need to develop every athlete, sport by sport. Don't see what you need? Just ask. Matrix has the answer.

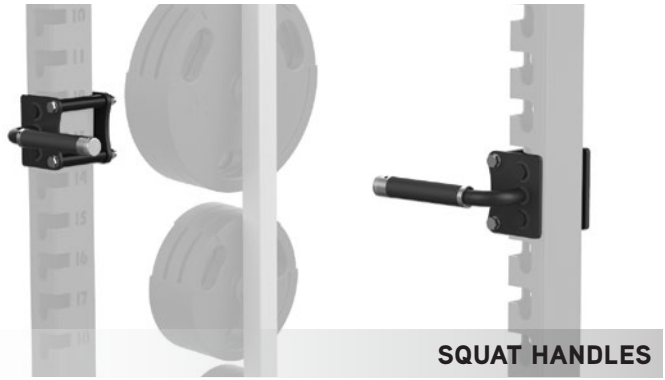
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REVERSE J-HOOKS



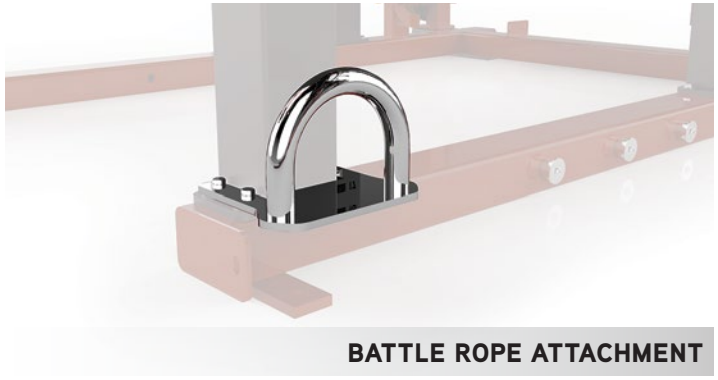
3-PEG BAND PEGS



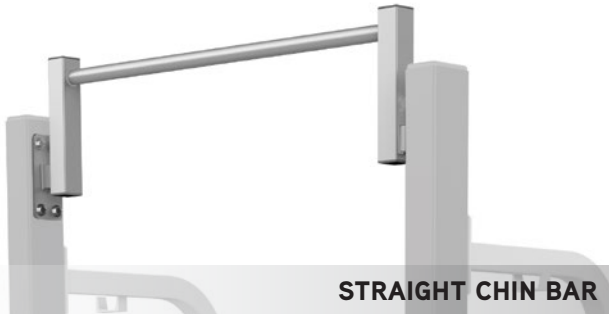
SQUAT HANDLES



DIP BARS



BATTLE ROPE ATTACHMENT



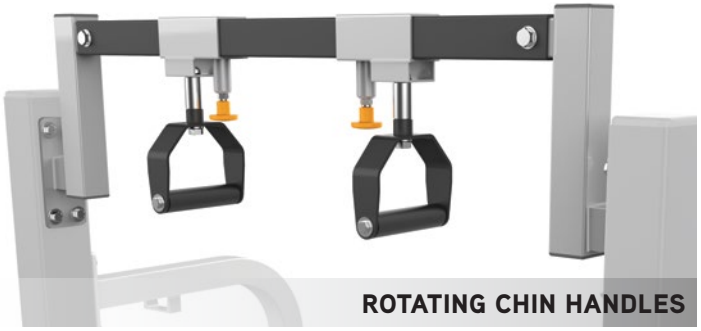
STRAIGHT CHIN BAR



LAND MINE ATTACHMENT



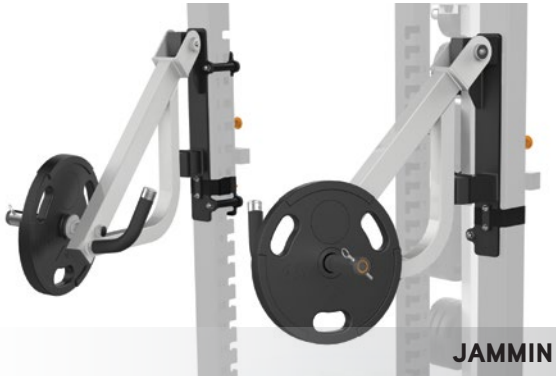
TECHNIQUE SCOOPS



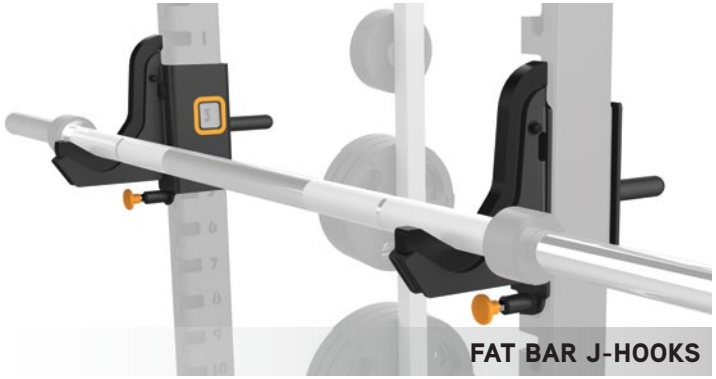
ROTATING CHIN HANDLES



CORE HANDLE



JAMMIN ARMS



FAT BAR J-HOOKS


WINNER
TAKES ALL
You don't want it on a technicality. Because the other team forfeited or the ref made a bad call.
You want the other team to play their hardest. Throw everything at you. To leave it all on the field.
And you still win. Because you're the fastest. The strongest. The toughest. The best.
Want to be an outright winner? Then train with an outright winner. Matrix.


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BREAKER OLYMPIC FLAT BENCH

MG-A678

The pivoting arm places the weight directly over the lifter. This optimal positioning lets users max out lifts without added rotator cuff stress. The tapered back pad also provides a wider base of support and security. Players might have to battle other teams on the field, but they'll never have to fight with weights in the gym.





BREAKER OLYMPIC INCLINE BENCH

MG-A679

The ergonomics behind the breaker bench keep athletes confident while the built-in storage and standard molded guards keep facilities organized. Together, both features optimize training programs.



BREAKER OLYMPIC DECLINE BENCH

MG-A680

The Breaker Decline Bench keeps your athletes in action by minimizing the risk of injury when they try to lift past previous limits. Takeoffs are properly aligned and a wide back pad adds stability without hindering athletes' progression.



BREAKER OLYMPIC SHOULDER BENCH

MG-A645

Breaker arms encourage proper positioning and minimize the shoulder strain common with overhead lifts. The optimized design allows users to push their workouts to the limit without fear of injury.



GLUTE HAM BENCH

MG-A96

Develop posterior chains for faster sprints and higher jumps. Lower band attachment hooks extend training progression, and rear handles allow for reverse hyperextension so users can hammer their glutes and yet protect their backs.



STANDING ARM CURL

MG-A71

No matter how tall or how compact your athletes are, they can adjust the standing arm curl for a biomechanically correct workout. The two-sided positioning also offers dual training options to keep workouts varied and athletes engaged.


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VERTICAL BENCH PRESS

MG-A422

The Vertical Bench Press lets athletes overload chest lifts and target specific muscles without a spotter. It also provides a more secure lifting option for athletes re-entering their training after injury. Matrix includes an adjustable backpad that provides a greater range of motion than comparable machines on the market.





HACK SQUAT

MG-A50

Blast quads with loads up to 540 pounds (245 kg). The Hack Squat's adjustable angle foot platform adds versatility for individuals seeking muscle-specific training and security for those rehabbing injuries.



LEG PRESS

MG-A51

Overload legs on the Leg Press, which handles up to 1,200 pounds (544 kg) of weight. The back adjusts, giving users of all sizes a comfortable and ergonomically correct user position.


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THAT WAS THEN. THIS IS MATRIX.

Matrix machines are the hardest-working, highest-performing equipment in the training room. No matter what your needs, goals or space requirements are, Matrix has what you need to optimize your institution's investment and your athletes' efforts. In short, Matrix delivers the most competitive and comprehensive strength portfolio you'll find. We offer a full suite of products that face your toughest training days without flinching and never look worse for the wear.

Matrix is among the world's premier – and fastest-growing – commercial fitness brands. We're the go-to brand in gyms and training rooms worldwide thanks to our high-performing cardio equipment and our take-no-prisoners Magnum and Varsity strength lines.

We deliver the best for your training and conditioning programs because we operate just like you do. We're always working and striving to deliver more than we did yesterday. We never rest on our reputation. We never take a victory for granted. We're always raising the bar.

Matrix is a subsidiary of Johnson Health Tech, Ltd. Johnson Health Tech has been producing premium fitness equipment since 1975 and is the fastest growing manufacturer of fitness equipment in the world. Our products have earned both ISO 9002 and 9001 certifications. A global company with 19 subsidiaries worldwide, Johnson Health Tech has the intellectual resources necessary to produce the most technologically advanced equipment on the market and the economies of scale needed to deliver the best value possible. Matrix enables you get the most out of what you put into your facilities.

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Strong • Smart • Beautiful

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