Back Extension Bench

VST700-FW52



Our Back Extension Bench lets dedicated strength training enthusiasts take on posterior chain exercises to strengthen and stabilize lower back muscles, hamstrings and glutes. It's been tested to withstand hard use in tough environments, and refined ergonomics keep even the most intense sets comfortable. Best of all, our ultra-stable design is as easy-to-use as it is low-maintenance.

Product availability may vary by region. Please contact your local office for more information.

Frame	
Frame Color	Matte Black
Frame Finish	Proprietary two-coat powder process
Tech Specs	
Overall Dimensions	134.3 x 93.8 x 99.9 cm / 52.9" x 36.9" x 39.3"
Product Weight	44 kg / 97 lbs.
Max User Weight	150 kg / 330 lbs.
Max Training Weight	25 kg / 55 lbs.

User Amenities	
Upholstery	Polyurethane molded foam
Elastic Band Peg	Allows elastic resistance training