

E3x Suspension Elliptical



- LED console display with expanded feedback offers intuitive operation
- WiFi connectivity accommodates optional Matrix Asset Management system and Workout Tracking Network
- Compatible with xID single-point user sign-in for a seamless personal experience
- USB port offers charging for most smartphones and tablets
- 21" stride length accommodates all users for a comfortable, efficient, and natural workout
- Low 24 cm / 9.5" step-on height for easy accessibility
- Constant Rate of Acceleration and our patented suspension design delivers a perpetually smooth motion free of wheels and tracks
- Contralateral action with tapered, dual action handlebars mimics the body's true movement and proper fit
- Ergo Form Grips with integrated controls enhance comfort and accessibility of key functions
- Removable disk for easy serviceability
- Self-powered system provides cost-savings and freedom of placement within facility

Console

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|-------------------------------------|--|
| Resistance Range | 1-25 |
| Display Type | Dot-matrix LED with profile display |
| Display Feedback | Time of Day, Time Elapsed, Time Remaining, Total Program Time, Distance (Kilometers or Miles), Calories, Level, Speed, RPM, Heart Rate, METs, Watts, Workout Profile |
| Secondary Data Display | No |
| User-defined Multi-language Display | English, German, French, Italian, Spanish, Dutch, Portuguese, Japanese, Swedish, Finnish, Turkish, Polish, Russian, Danish |
| Resistance Range | 1-25 |
| Workouts | Manual, Intervals, Fat Burn, Fit Test, Target HR, Constant Watts |
| CSAFE Ready-FitLinxx™ Certified | Yes |
| IPTV Compatible | No |
| Pro:Idiom Compatible | Optional - add-on TV |
| FitTouch™ Technology | No |
| Instant On Technology | Yes |

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|---|---------------|
| One-button Start | Yes |
| On-the-fly Program Change | Yes |
| Integrated Vista Clear™ Television Technology | No |
| FITCONNEXION™ Ready | Yes |
| WiFi Enabled | Optional |
| Bluetooth Enabled | No |
| iPod® / iPhone® Compatible | Charging only |
| Multimedia Playback | No |
| Personal Fan | No |
| Personal Trainer Portal Compatible | No |
| USB Port | Yes |
| Virtual Active™ Compatible | No |
| Asset Management Compatible | Yes |
| Workout Tracking Network Compatible | Yes |
| Web Connectivity | No |
| Facility Communication Portal/Calendar | No |
| RFID Compatible | No |
| Pause Function | Yes |
| Reading Rack | Yes |

Features

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|-------------------------|--|
| Stride Length | 53.3 cm / 21" |
| Contact & Telemetric HR | Yes |
| Footpad Insert | No |
| Pedal Spacing | 6.4 cm / 2.5" |
| Handlebar Design | Multi-position dual action / custom ergo-bend stationary |
| Remote Buttons | Yes |

Resistance System

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|-------------------|---------------------|
| Resistance System | Brushless generator |
|-------------------|---------------------|

Tech Specs

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|----------------------|---|
| Power Requirements | Self-powered / powered 100v-240v - 50/60Hz AC |
| Minimum Watts | 21 powered & self-powered |
| Minimum RPM | 25 powered & self-powered |
| Assembled Dimensions | 175 x 74 x 175cm / 68.8" x 29.1" x 68.7" |
| Max User Weight | 182 kg / 400 lbs. |
| Assembled Weight | 182.2 kg / 400 lbs |
| Shipping Weight | 194.5kg / 427 lbs |