## MATRIX



## **Endurance Elliptical**

LED CONSOLE

E-ES-LED

Our durable Endurance Elliptical is ideal for workouts of any intensity, offering low-impact exercise for members of all kinds. A patented suspension design minimizes noise and friction, extending product life, while constant rate of acceleration and refined ergonomics makes every movement feel smooth and natural.



Virtually anyone can step up to our LED Console and enjoy the easy navigation of the interface. Complete, easy-to-read workout feedback helps members gauge performance at a glance.

DISPLAY  Large number LED with message center  Go, manual, interval training, fat burn, rolling hills, target heart rate, glute training†, fitness tests  †Some of these programs may not be available on this frame.  IFIT ON-DEMAND WORKOUTS  No  LANGUAGES  English, German, French, Italian, Spanish, Dutch, Portuguese, Swedish, Finnish, Turkish, Danish, Polish  FAN  No  IPTV  No  WIFI  Optional; included with Asset Management and Workout Tracking Network App  BLUETOOTH  NO  ANT+  NO  RFID WIRELESS LOGIN  CONNECTS TO APPLE WATCH  MADE FOR IPHONE, IPAD, IPOD  NO  CONNECTS TO SAMSUNG GALAXY WATCH  NO  USB PORT  Yes; device charging, software updates  WIRELESS CHARGING (QI)  NO  CSAFE READY  AUTO WAKE-UP  NO	CONSOLE	
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Portuguese, Swedish, Finnish, Turkish, Danish, Polish  FAN No  IPTV No  WIFI Optional; included with Asset Management and Workout Tracking Network App  BLUETOOTH No  ANT+ No  RFID WIRELESS LOGIN Optional  CONNECTS TO APPLE WATCH No  MADE FOR IPHONE, IPAD, IPOD No  CONNECTS TO SAMSUNG GALAXY WATCH No  USB PORT Yes; device charging, software updates  WIRELESS CHARGING (QI) No  CSAFE READY Yes	IFIT ON-DEMAND WORKOUTS	No
IPTV No  WIFI Optional; included with Asset Management and Workout Tracking Network App  BLUETOOTH No  ANT+ No  RFID WIRELESS LOGIN Optional  CONNECTS TO APPLE WATCH No  MADE FOR IPHONE, IPAD, IPOD No  CONNECTS TO SAMSUNG GALAXY WATCH No  USB PORT Yes; device charging, software updates  WIRELESS CHARGING (QI) No  CSAFE READY Yes	LANGUAGES	Portuguese, Swedish, Finnish, Turkish, Danish,
WIFI Optional; included with Asset Management and Workout Tracking Network App  BLUETOOTH No ANT+ No RFID WIRELESS LOGIN Optional CONNECTS TO APPLE WATCH No MADE FOR IPHONE, IPAD, IPOD No CONNECTS TO SAMSUNG GALAXY WATCH No USB PORT Yes; device charging, software updates  WIRELESS CHARGING (QI) No CSAFE READY Yes	FAN	No
BLUETOOTH No  ANT+ NO  RFID WIRELESS LOGIN Optional  CONNECTS TO APPLE WATCH No  MADE FOR IPHONE, IPAD, IPOD No  CONNECTS TO SAMSUNG GALAXY WATCH No  USB PORT Yes; device charging, software updates  WIRELESS CHARGING (QI) No  CSAFE READY Yes	IPTV	No
ANT+ No Optional  CONNECTS TO APPLE WATCH No MADE FOR IPHONE, IPAD, IPOD No CONNECTS TO SAMSUNG GALAXY WATCH No Yes; device charging, software updates  WIRELESS CHARGING (QI) No Yes	WIFI	
RFID WIRELESS LOGIN  CONNECTS TO APPLE WATCH  MADE FOR IPHONE, IPAD, IPOD  CONNECTS TO SAMSUNG GALAXY WATCH  USB PORT  WIRELESS CHARGING (QI)  CSAFE READY  Optional  No  No  No  Yes; device charging, software updates  Yes	BLUETOOTH	No
CONNECTS TO APPLE WATCH  MADE FOR IPHONE, IPAD, IPOD  CONNECTS TO SAMSUNG GALAXY WATCH  USB PORT  WIRELESS CHARGING (QI)  CSAFE READY  NO  Yes; device charging, software updates  Yes	ANT+	No
MADE FOR IPHONE, IPAD, IPOD  CONNECTS TO SAMSUNG GALAXY WATCH  USB PORT  WIRELESS CHARGING (QI)  CSAFE READY  No  Yes; device charging, software updates  Yes	RFID WIRELESS LOGIN	Optional
CONNECTS TO SAMSUNG GALAXY WATCH USB PORT Yes; device charging, software updates WIRELESS CHARGING (QI) No CSAFE READY Yes	CONNECTS TO APPLE WATCH	No
USB PORT Yes; device charging, software updates WIRELESS CHARGING (QI) No CSAFE READY Yes	MADE FOR IPHONE, IPAD, IPOD	No
WIRELESS CHARGING (QI)  CSAFE READY  No  Yes	CONNECTS TO SAMSUNG GALAXY WATCH	No
CSAFE READY Yes	USB PORT	Yes; device charging, software updates
	WIRELESS CHARGING (QI)	No
AUTO WAKE-UP No	CSAFE READY	Yes
	AUTO WAKE-UP	No

FRAME	
ASSEMBLED DIMENSIONS	174.5 x 74 x 179 cm / 68.7" x 29.1" x 70.5"
RESISTANCE SYSTEM	Brushless generator
POWER REQUIREMENTS	Self-powered or 100-240 V — 50/60 Hz AC
STRIDE LENGTH	53.3 cm / 21"
SHIPPING WEIGHT	183.5 kg / 404.5 lbs.
CONTACT & TELEMETRIC HR	Yes
ETHERNET CONNECTIVITY	Yes
MAX USER WEIGHT	182 kg / 400 lbs.
MINIMUM WATTS	5 W powered or 35 W self-powered
MINIMUM RPM	10 RPM powered or 30 RPM self-powered
PEDAL SPACING	6.4 cm / 2.5"
RESISTANCE RANGE	5–705 W
TOP-DOWN LEVELERS	Yes
STEP-ON HEIGHT	24 cm / 9.5"
WATT RANGE	5–650 W
RESISTANCE LEVELS	25
ASSEMBLED WEIGHT	148 kg / 326.3 lbs.