

## Ultra Abdominal Crunch

G7-S51-AS2007

Powerful and intuitive, the design of our Ultra Abdominal Crunch offers a comfortable way to tone and build core muscles. The sculpted back pads allow for full muscular contraction, while the dual-supported pivoting design fosters a natural abdominal crunch motion. The self-aligning handles adjust to accommodate a variety of users, and elbow pad covers protect the upholstery at touchpoints.

Also available in [Ultra Base option G7-S51B](#).



INTELLIGENT TRAINING CONSOLE (OPTIONAL)	
PROGRESSION BASED PROGRAMMING	Yes
STORED USER SETTINGS	Yes, seat settings and Bluetooth HR
DEMO VIDEO	Yes
DUAL USER SIGN-IN	Yes
WORKOUTS	Manual, Endurance, Build, Strength, E-Lifts, Engage 360
ENGAGE 360 COMPATIBLE	Yes
EGYM COMPATIBLE	Yes
COMMUNITY 360 COMPATIBLE	Yes
WEB CONNECTIVITY	Yes
WI-FI	Yes
DISPLAY FEEDBACK	Sets, Reps, Rest Time, Total Weight Lifted
ETHERNET PORT	Yes
BLUETOOTH	Heart rate only
USER-DEFINED MULTI-LANGUAGE DISPLAY	English, German, French, Italian, Spanish, Dutch, Portuguese, Chinese, Japanese, Korean, Swedish, Finnish, Russian, Arabic, Turkish, Polish, Welsh, Basque, Vietnamese, Somali, Danish
LIFT TO START	Yes
FITTOUCH TECHNOLOGY	Yes
DISPLAY TYPE	40.6 cm / 16" class capacitive touchscreen LCD
ASSET MANAGEMENT COMPATIBLE	Yes
FACILITY COMMUNICATION PORTAL/CALENDAR	No
CSAFE READY-FITLINXX CERTIFIED	No
USB PORT	No, service only
ASSEMBLED HEIGHT	147.3 cm / 58" as assembled on Ultra weight stack
POWER REQUIREMENTS	100v-240v / 50-60 Hz AC

SHIPPING WEIGHT	9.4 kg / 21 lbs.
ADJUSTMENTS	
COLOR CODED PIVOTS & POINTS OF ADJUSTMENT	Yes
MACHINE ASSISTED USER ADJUSTMENTS	Spring assisted seat
USER ADJUSTMENT RANGE	7 position seat

FRAME & CABLES	
AVAILABLE FRAME COLORS	Iced Silver, Matte Black, Gloss Black, Lace White, Polarized Titanium
CABLE TRANSMISSION	Internally lubricated cables & fittings
FRAME FINISH	Proprietary two-coat powder process
MACHINE ANCHORING	Independent machine hold down brackets
INTEGRATED LEVELING SYSTEM	Yes, top-down leveler

TECH SPECS	
OVERALL "STATIC" DIMENSIONS (L X W X H)	139 x 121 x 147 cm / 54.6" x 47.5" x 57.9"
OVERALL "IN-USE" DIMENSIONS (L X W X H)	139 x 121 x 147 cm / 54.6" x 47.5" x 57.9"
REP COUNTER POWER SUPPLY	2 AA batteries
REP COUNTER MACHINE USAGE TRACKING	Service mode tracks total machine reps and hours of use
REP COUNTER BATTERY LIFE	Approximately 3 years
PRODUCT WEIGHT	290 kg / 640 lbs

USER AMENITIES	
<b>REP COUNTER</b>	Electronic counter displays reps, exercise time and rest time
<b>FRONT PLACARDS</b>	Muscle call outs, exercise specific stretching, start & finish exercise illustrations, proper machine adjustments, color-coded machine identification
<b>REAR PLACARDS</b>	Color-coded machine identification, exercise specific stretching
<b>ELBOW WEAR COVERS</b>	Yes
<b>ACTION SPECIFIC GRIPS</b>	Exercise specific grips improving feel, function and form during use
<b>CONTOURED SEAT</b>	Yes
<b>PERSONAL STORAGE</b>	Two tactile storage mats, personal device cradle and towel hook
<b>PLACARD COLOR CODING</b>	Green (core)

WEIGHT STACK	
<b>WEIGHT PLATE INCREMENTS</b>	4.5 kg / 10 lbs
<b>WEIGHT STACK GUARDING</b>	Full front and rear shields
<b>MAX TRAINING WEIGHT</b>	111.4 kg / 247.5 lbs
<b>CONSISTENT 53" STACK HEIGHT</b>	Yes
<b>TOTAL STACK WEIGHT</b>	108 kg / 240 lbs
<b>INCREMENTAL WEIGHT SYSTEM</b>	1.1, 2.3, 3.4 kg / 2.5, 5, 7.5 lbs