



## Performance Ascent Trainer

TOUCH CONSOLE

A-PS-TOUCH

Offer full-body, low-impact intensity with an Ascent Trainer that withstands heavy use for years. Patented suspension design, variable stride length and refined ergonomics keep workouts quiet, smooth and natural, even when incline is increased to target and tone different muscles. Includes water bottle holder and removable disk to streamline maintenance.



WiFi-enabled Touch Console features an app-based interface that mirrors familiar smartphone and tablet operating systems, making it easy for members to connect to the content that keeps them moving.

**Note:** Products with Touch Console must be connected to a power source.

| CONSOLE                 |   |
|-------------------------|---|
| DISPLAY                 | 41 cm / 16" class capacitive touchscreen LCD  |
| WORKOUTS                | Go, manual, Sprint 8†, Landmarks†, Virtual Active, target heart rate, interval training, fat burn, rolling hills, constant watts†, glute training†, goal training, fitness tests, custom<br><br>†Some of these programs may not be available on this frame. |
| IFIT ON-DEMAND WORKOUTS | Optional  |
| LANGUAGES               | English, German, French, Italian, Spanish, Dutch, Portuguese, Chinese-S, Chinese-T, Japanese, Korean, Swedish, Finnish, Russian, Arabic, Turkish, Polish, Welsh, Basque, Vietnamese, Somali, Danish, Thai, Malay, Catalan                                   |
| FAN                     | Yes   |
| ANALOG TV               | NTSC, PAL, SECAM  |
| DIGITAL TV              | ATSC 1.0, QAM-B, ISDB-T, ISDB-Tb, DVB-C/S/S2/T/T2   |
| IPTV                    | Content: MPEG2/H262, AVC/H264 Protocols: UDP, RTSP, HTTP, HTTPS   |
| WIFI                    | Yes   |
| BLUETOOTH               | Yes; smartphones, headphones, heart rate  |
| RFID WIRELESS LOGIN     | Yes   |

|                                  |  |
|----------------------------------|--|
| CONNECTS TO APPLE WATCH          | Yes  |
| MADE FOR IPHONE, IPAD, IPOD      | Yes  |
| CONNECTS TO SAMSUNG GALAXY WATCH | Yes  |
| USB PORT                         | Yes  |
| WIRELESS CHARGING (QI)           | Yes  |
| CSAFE READY                      | Yes  |
| AUTO WAKE-UP                     | Yes  |
|                                  | Note: Products with Touch Console must be connected to a power source. |
| <b>FRAME</b>                     |  |
| POWER REQUIREMENTS               | Self-powered or 100–240 V — 50/60 Hz AC                                |
| RESISTANCE SYSTEM                | Brushless generator  |
| PEDAL SPACING                    | 6.4 cm / 2.5"  |
| STRIDE LENGTH                    | 51–61 cm / 20–24" adjustable   |
| TOP-DOWN LEVELERS                | Yes  |
| STEP-ON HEIGHT                   | 24 cm / 9.5"   |
| WATT RANGE                       | 5–650 W  |
| MINIMUM WATTS                    | 5 W powered or 35 W self-powered                                       |
| RESISTANCE LEVELS                | 30   |
| MINIMUM RPM                      | 10 RPM powered or 30 RPM self-powered                                  |
| SHIPPING WEIGHT                  | 230.8 kg / 508.8 lbs.  |
| ASSEMBLED WEIGHT                 | 194 kg / 427.7 lbs.  |
| RESISTANCE RANGE                 | 5–775 W  |
| MAX USER WEIGHT                  | 182 kg / 400 lbs.  |
| ETHERNET CONNECTIVITY            | Yes  |
| CONTACT & TELEMETRIC HR          | Yes  |
| ASSEMBLED DIMENSIONS             | 178 x 74 x 181 cm / 70.1" x 29.1" x 71.3"                              |