

S5x Stepper



- LED console display offers intuitive operation
- WiFi connectivity accommodates optional Matrix Asset Management system and Workout Tracking Network
- Compatible with xID single-point user sign-in for a seamless personal experience
- RFID compatible to provide touch-free login
- USB port offers charging for most smartphones and tablets
- Integrated 3-speed personal fan
- Ultra non-slip large pedals for increased stability
- Angled independent stepping motion mimics real climbing feel
- Belt-drive design for smooth and quiet operation

Console	
Display Type	Dot-matrix LED with profile display
Display Feedback	Time Elapsed, Time Remaining, Time of Day, Total Program Time, Total Steps, Floors Climbed, Calories, SPM, Average SPM, Heart Rate, METs, Watts, Level, Workout Profile
Secondary Data Display	No
User-defined Multi-language Display	English, German, French, Italian, Spanish, Dutch, Portuguese, Japanese, Swedish, Finnish, Turkish, Polish
Resistance Range	1-25
Intervalo de resistência	1-25
Workouts	Manual, Training Workouts (Rolling Hills, Fat burn, Interval Training), Goal Training (Time Goal, Floor Goal, Calorie Goal), Target HR, Fitness Test (Sub-maximal Test, WFI Test, CPAT), Landmarks
Exercícios	Manual, Treinamentos de Exercício (Morro, Queima de Gordura, Treinamento de Intervalo), Treinamento de Meta (Meta de Tempo, Meta de Andares, Meta de Calorias), Meta de Frequência Cardíaca, Teste Físico do Stepper, Marcos
CSAFE Ready-FitLinxx™ Certified	Yes
IPTV Compatible	No
Pro:Idiom Compatible	Optional - add-on TV
FitTouch™ Technology	No
Instant On Technology	Yes

One-button Start	Yes
On-the-fly Program Change	Yes
Integrated Vista Clear™ Television Technology	No
FITCONNEXION™ Ready	Yes
WiFi Enabled	Optional
Bluetooth Enabled	No
iPod® / iPhone® Compatible	Charging only
Multimedia Playback	No
Personal Fan	Yes
Personal Trainer Portal Compatible	No
USB Port	Yes
Virtual Active™ Compatible	No
Asset Management Compatible	Yes
Workout Tracking Network Compatible	Yes
Web Connectivity	No
Facility Communication Portal/Calendar	No
RFID Compatible	Yes
Pause Function	Yes
Reading Rack	No

Features

Step Range	31 cm / 12.2"
Contact & Telemetric HR	Yes
Pedal Spacing	8.4 cm / 3.3"
Handlebar Design	Ergonomically designed handrails and ergo form grips
Remote Buttons	Yes

Resistance System

Resistance Technology	Hybrid generator
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Tech Specs

Power Requirements	Self-powered / powered 100v-240v - 50/60Hz AC
Minimum Watts	18 powered / 18 self-powered
Assembled Dimensions	114 x 79 x 179 cm / 45" x 31" x 70.5"
Max User Weight	182 kg / 400 lbs.
Assembled Weight	116.2 kg / 255 lbs.
Shipping Weight	123.6 kg / 272 lbs.