

A30

Count on our exclusive Suspension Elliptical Technology and PerfectStride Motion for an exceptionally smooth, ultra-comfortable exercise experience as you adjust incline to target the muscles you want to work most.



Our XR console features a clean, bright display that makes it easy for you to check your workout data at a glance, keeping you on track to reach and surpass your goals.

Apps available on touchscreen consoles subject to change. Console availability may vary by market.

CONSOLE	
DISPLAY	8.5" extra-wide blue LCD (22 cm)
WIFI ENABLED	No
BLUETOOTH ENABLED	Connect to popular training and coaching apps, connect wireless heart rate monitor
HDMI PORT	No
USB PORT	Internal USB port for software updates
SPEAKERS	No
CONSOLE APPS	No
PASSPORT READY	No
VIEWFIT CONNECTIVITY	No
HEART RATE	Bluetooth wireless heart rate
CONSOLE EXTRAS	Integrated reading rack, energy saver mode
WORKOUTS	5 total — manual, intervals, fat burn, target heart rate, Sprint 8
DISPLAY FEEDBACK	Time elapsed, time remaining, miles / kilometers, RPM, pace, heart rate, calories, METS, incline, resistance
ASSEMBLED WEIGHT	3.5 kg / 8 lbs.

FRAME	
STEP-ON HEIGHT	22 cm / 8.7"
STRIDE LENGTH	51–61 cm / 20"–24"
RESISTANCE SYSTEM	ECB magnetic braking system
RESISTANCE RANGE	20 levels, electronically adjustable
POWER REQUIREMENTS	120 V AC power, 15 A circuit (voltage may vary outside the USA)
PEDAL TYPE	Oversized
POWER INCLINE	24%–54%
PEDAL SPACING	6.5 cm / 2.6"
MAX USER WEIGHT	159 kg / 350 lbs.
INCLINE RANGE	24%–54%
HANDLEBAR DESIGN	Dual action, stationary with resistance / incline toggles and heart rate grips
FRAME TYPE	Ascent Trainer
FLYWHEEL WEIGHT	13.5 kg / 30 lbs.
EXTRAS	Water bottle holder, accessory tray
ASSEMBLED WEIGHT	142 kg / 313 lbs.
ASSEMBLED DIMENSIONS	191 x 73 x 164 cm / 75.2" x 29" x 65"